

Palatine Park District

palatineparks.org

*Recreation fun
for everyone!*



Lottery Deadline
December 3

Open Registration
December 14

Gymnastics Lottery Deadline
December 17

Gymnastics Open Registration
December 28

Winter Classes Begin
January 10



Winter 2011

TABLE OF CONTENTS

Affiliates 61-63	Preschool Prep	Study Skills
Girls' Fast Pitch Softball	Preschool Preview	Gymnastics 20-22
Goalkeeper Camp	Read & Create/Leer y Crear	Palatine Historical Society 30
Individual Player Camp	Reading Readiness	Palatine Stables 36-37
Palatine Amateur Football Association	Sing With Me	Parent & Tot 11-13
Palatine Baseball Association	Spring Break Classes	Baby Gym
Palatine Celtic Soccer Club	Sports For Kids	Busy Babies
Palatine Park Foundation	Sports Sampler	Fun For Twos
Palatine Youth Baseball & Softball	Toddler Martial Arts and More	Games, Sports, & More
Renegades Youth Hockey	Young Rembrandts	Giggle & Grow From Head To Toe
Athletics 52-60	Falcon Park 34-35	Holiday Crafting Corner
Adult Self-Defense	Fitness 44-49	Hooray For Three
Adult Softball	12 Days of Christmas Special	Kid Rock I
Archery	A.M. Step Challenge	Laughing Connections
Baseball Pitching Clinic	Awesome Arms & Abs	Mother Goose On The Loose
Basketball	Body Sculpt	Open Gym For Tots
Budo Aikijutsu	Detox Flow	Parent & Tot Sports
Diving	EZ Movers	Paint Coatin'/Crayon Totin' Tots
Dodgeball League	Fitness Flex Plan	Ready, Set, Move!
Fencing	Friday Flow	Recipe For Fun
Indoor Soccer League	Have A Ball	Sibling Gym
Karate	Pilates Mat/Stott Pilates	Three-Bees
Kids Day Out at Falcon	Private Fitness Classes	Toddler Gym
Martial Arts/Tae Kwon Do Family Class	Qi Qong	Toddler Tunes
Mom's Sports	Seniors On Weights	Tot Rock
Rugby Clinic	Tai Chi	Tots Playtime
Samurang Sword Training Family Class	Women on Weights	Parks & Facilities/Map 65-67
Senior Softball	Yoga	Performing Arts 28-30
Seven Defense Moves	Yogilates	Acting Up
Superbowl Party	Zumba	Allegro Adult Choir
Volleyball	Fitness Center 43	Beginning Guitar 1 & 2
Water Polo	General Information 3-6	Class Act
Youth Anti Bullying and Safety Course	Athletic Field Rentals	Do Re Mi Choir
Youth Brazilian Jiu Jitsu	Boating and Fishing	Instant Guitar For Hopelessly Busy Adults & Teens
Birthday Parties 38	Catalog Delivery	Juggling
Cutting Hall 31-33	Child Endangerment	Palatine Children's Chorus
Community Theater	Class Dismissal Guidelines	Preschool 10
Concerts	Construction Update	Registration 7-8
Daze Off	Daily Updates	Registration Form 64
Independent Film Series	Dog Park Registration	Seniors 25
Palatine Concert Band	Facilities	(Senior Softball page 60)
Theaterworks	Facility Rentals	Special Events 9
Cutting Hall Box Office 32	Gift Certificates/Golf Gift Cards	Date Night
Dance 25-27	Hours	Hound Egg Hunt
Ballet Technique, Hip Hop, Jazz, Musical Theater, Performance, Poms, Stretch/Strength/Fitness, Tap, Tap/Ballet, Tap/Ballet/Jazz	ID Information	Performances at Cutting Hall
Ballroom Dancing	Information Hotline	Staff Directory 65
Latin Dance	Northwest Special Recreation Association	Tiger Shark Swim Team 50-51
Wedding & Party Dancing	OnLine Registration	Trips 42
Early Childhood 14-19	Open Gym Basketball	Spamalot Dinner & Theatre Package
Afternoon Adventures in Science	Palatine Trail	Visual Arts 23-24
Beginning Ballet	Park Board Meetings	Beginning Bead Earrings
Beginning Ballet & Tumbling	Photo Policy	Beginning Watercolor
Beginning Fun-Gineering	Picnic Kits	Cartoon Drawing
Beginning Tap & Ballet	Resident Scholarships	Ceramics
Children's Improv	Shelter Rentals	Drawing & Painting
Combo Class	Smoking Ordinance	FunGoli
Continuing Tap & Ballet	Weather Cancellations	General Art
Experiment With Science	General Interest 39-41	Go Figure
Flag Football For Kids	Babysitting Skills	Holiday Ornaments
Half Year Preschool	Be Safe! Be Prepared!	Pottery
Hoops For Kids	Culinary Camp	The FunHonee Times
Kicks For Kids	Culinary Throwdown	Quilting With Margaret
Kid Rock II	Glitzy Girls Glamour/Rock Divas Class	Wellness 42
Kids In The Kitchen	Holiday Makeup Lesson	Alleviating Pain
Kindergarten Advantage	How To Escape An Attack	Balance and Balance Recovery
Martial Arts & Tumbling Tots	Improve Your Comprehension	Fitness Myths
Movin', Groovin', & Singin' to The Music	Keeping Kids Safe	Nutrition & You
Mix & Mash - Creative Smash	Kids On Their Own	Wellness Fair
Parents Day Out	Magic Tricks	
Pre Poms	Mom & Me Cooking Class	
Preschool & Kindergarten Martial Arts	Pom Skills Class	
	Sledding & Ice Skating	
	Spring Break with Whole Foods Market	
	Street Smarts	

FACILITIES

Birchwood Pool

435 W. Illinois Avenue
847-359-9697

Birchwood Recreation Center

435 W. Illinois Avenue
847-991-1960 • Fax: 847-705-5110

Birchwood Preschool

435 W. Illinois Avenue
847-202-2842

George S. Clayson House

Historical Museum
224 E. Palatine Road
847-991-6460

Combined Services Facility

148 W. Illinois Avenue
847-705-5140
Fax: 847-358-4242

Community Center

250 E. Wood Street
847-991-0333 • Fax: 847-991-2127

Cutting Hall

150 E. Wood Street
847-991-5318
Box Office: 847-202-5222

Eagle Park Preschool

Home Avenue & Oak Street
847-963-1108

Eagle Pool

Home and Oak Avenue
847-359-9664

Falcon Park Recreation Center

2195 N. Hicks Road
847-202-5111

Family Aquatic Center

340 E. Palatine Road
847-991-1700

Fred P. Hall Amphitheater

262 E. Palatine Road
847-991-5318

Maple Park Preschool

Winston & Anderson Drives
847-705-5114

Palatine Hills Golf Course

512 W. Northwest Highway
847-359-4020
Fax: 847-202-2812

Palatine Stables

1510 W. Northwest Highway
847-359-0009

Parkside Preschool

262 E. Palatine Road
847-705-5113

Willow Pool

530 N. Stark Drive
847-991-0892

Mission Statement: The Palatine Park District is a separate municipal governing agency established for the purpose of providing parks, facilities and recreational programs for the community. The Park District is responsible for the maintenance, operation and administration of parks and parks facilities under its jurisdiction. Our mission is to provide a variety of safe, enjoyable and affordable parks and recreation facilities and activities that will enhance the quality of life by promoting good health and well-being for all residents and visitors of the Palatine Park District.

Hours of Operation

The Community Center, Palatine Park District's Main Office is located at 250 E. Wood Street. Office hours are Monday - Thursday from 8:30 am - 7:00 pm, Friday from 8:30 am - 4:30 pm, and on Saturday from 8:30 am - 2:00 pm.

Birchwood Recreation Center, 435 W. Illinois Avenue, is open Monday - Friday from 8:30 am - 4:30 pm.

Falcon Park Recreation Center, 2195 N. Hicks Road, is open Monday - Sunday from 7:00 am - 10:00 pm.

George S. Clayson House Historical Museum and Library, a restored 1873 Victorian home, is located at 224 E. Palatine Road. The museum is open to the public on Tuesdays and Thursdays from 9:00 am - 4:00 pm and Sundays from 1:30 - 4:30 pm.

Information Hotline

For the latest information call 847-705-5123 and enter extension...

Birchwood

Open Gym Basketball..... 322

Clayson House 8

Community Center

Fitness Center..... 31

Open Gym/Track 32

Weekly Open Gym Hours.... 321

Cutting Hall

Directions..... 412

Rental Information..... 413

Upcoming Events..... 411

Falcon Park Recreation Center

847-963-1103

Open Gym..... 23

Open Turf 24

Golf Course

Directions..... 71

Tee Times..... 72

Hours 7

Reservations 73

Ice Skating

Directions..... 351

Open Skating Hours..... 352

Hockey Hours 353

Skating Conditions..... 354

Special Events & Program Cancellations..... 43

Sports

Basketball 333

Softball 332

Tennis..... 331

Stables

Boarding & Training 63

Directions..... 61

Hours/General Info 6

Lessons..... 62

Tack Shop 64

FOLLOW US ON

facebook

twitter

myspace[®]
a place for friends



DAILY UPDATES

For updates on Open Gym Basketball, Indoor Track, and Fitness Center hours please call the following or visit www.palatineparks.org.

Community Center/Birchwood

Open Gym Basketball is free with a valid Park District ID and \$5 daily without a valid Park District ID. A \$2 fee will be charged to gym users whenever the gym is not in use by programs, rentals, or open gym basketball.

Falcon Park Recreation Center

See page 34 for drop-in programs.

847-705-5123 x31

Community Fitness Center

847-705-5123 x32

Community Center Weekly Drop-In Basketball Hours

847-705-5123 x322

Birchwood Recreation Center

847-963-1103 x23

Falcon Park Recreation Center Open Gym

847-963-1103 x24

Falcon Park Recreation Center Open Turf

Drop-in basketball and equipment check-out are available at Birchwood, Community Center, and Falcon Park Recreation Center during published Open Gym hours.

The Community Center also provides a locker room with showers and an indoor 14-lap/mile track.

ID Information

Park District Resident ID's may be purchased at the Community Center, 250 E. Wood Street, Birchwood Recreation Center, 435 W. Illinois Avenue, or Falcon Park Recreation Center, 2195 N. Hicks Road during open registration hours. Resident ID's are good for "open gym/turf", the walking track at Falcon, and for discounts at the golf course and pools. The annual fee is \$10. Proof of residency is required. A CURRENT Illinois driver's license with current address is preferred. Other acceptable proof of residency documentation is available by contacting the Park District. The park district ID card is available to non-residents for an annual fee of \$50. This is only good for "open gym/turf" and the walking track at Falcon.

Park Board Meetings


The Palatine Park District is governed by five elected commissioners who set policy for the operation of the Park District. Regular Park Board meetings are held the second and fourth Tuesday of each month at 7:00 pm. Park Board meetings are open to the public and are held at the Palatine Township Senior Citizens Center, 505 S. Quentin Road, Palatine.

ONLINE REGISTRATION

Many of our classes are available for OnLine Registration at www.palatineparks.org.

OnLine Registration will use the "lottery" system, so please be aware of deadline dates.

Before your initial registration, please visit our website to establish your household profile. Generally this takes about 15 or 20 minutes to do. When you create your household name and password, please write this down, as you will need this information to register in the future. Read the directions carefully, and if you should have problems, please do not hesitate to call Registration at 847-705-5123 x223 or x226.

Programs marked with the computer symbol  are not available for OnLine Registration.

We can not guarantee tagging/special placement for siblings or other participants using online registration.

Please make sure to include any medical conditions we may need to be aware of.

Please note that you will not receive a confirmation postcard when registering online.

Catalog Delivery

The Park District is pleased to provide our residents with a quarterly program catalog and has made every effort to ensure timely delivery to residents' homes. Should you be missed, please come to the Community Center, 250 E. Wood Street, Birchwood Recreation Center, 435 W. Illinois Avenue, Falcon Park Recreation Center, 2195 N. Hicks Road to pick up a copy, or download a copy from our website at www.palatineparks.org.

2011 Catalog Delivery Dates

Spring • Week of February 7
 Summer • Week of April 18
 Fall • Week of July 11

If you do not receive your Catalog during the specified dates, please email ppd@palatineparks.org.

Weather Cancellations

School cancellations due to weather conditions do not always affect Park District programs (except Preschool). For specific program and event cancellations visit www.palatineparks.org/weathercancellations.html.



The Park District is pleased to offer this catalog on recycled paper. It is just one example of the Park District's continued effort to make the best use of our limited natural resources.

RENTALS

Community & Birchwood Facility Rentals

For rentals at the Community Center and Birchwood Recreation Center call Joshua Ludolph at 847-705-5123 x242.

Falcon Park Recreation Center Rentals

For rentals at Falcon Park Recreation Center call Kelli Hedding at 847-202-5111 x304 or visit www.palatineparks.org/falconpark.html.

Cutting Hall & Amphitheater Rentals

For rentals at Cutting Hall or the Amphitheater call Jeff Greene at 847-991-5318.

Athletic Field Rentals

For field rentals call Joshua Ludolph at 847-705-5123 x242.

Shelter Rentals

Picnic sites at Osage Park, Palatine Hills, and Plum Grove Reservoir with shelters, tables, grills, and playgrounds are available by permit from April to October. Margreth Riemer Reservoir is also available with a shelter, grills, and tables. Residents may make reservations beginning January 2 of each year. Requests for use of these picnic areas by non-residents are accepted beginning April 1 of each year. For permits and fee information, please call Jill Kernan at 847-705-5123 x251.

Picnic Kit/Volleyball System Rentals

Picnic Kits and a Volleyball System are available for rental on a first come-first served reservation basis from April – October. Picnic Kits include a horseshoe set, softball equipment, volleyball, football, soccer ball, playground ball, and a Frisbee. The Volleyball System includes a net and poles. To rent either a Picnic Kit or Volleyball System, call Jill Kernan, 847-705-5123 x251. The rental fee is \$10/day for a Picnic Kit or \$25/day for the Volleyball System. A credit card number is required at time of rental. A \$2 per day late fee will be charged to the credit card for each day up to 10 days past the return date. After 10 days a replacement fee will be charged to the credit card. Rentals must be picked up and returned to the Community Center Gym Attendant's office during regular building hours.

Palatine Trail

The Palatine Trail is a bicycle, hiking, and nature trail that extends throughout the Park District. Combining a paved trail with designated side streets, it provides access to schools, Harper College, neighborhood parks, Community Park, Palatine Hills Golf Course, and Deer Grove Forest Preserve. The Palatine Trail map can be viewed on our website at www.palatineparks.org or is available for pick-up at the Community Center, Birchwood Recreation Center, or Falcon Park Recreation Center.



Construction Update

For an update on construction projects within the Palatine Park District visit www.palatineparks.org.

Smoking Ordinance

Smoking or any use of a tobacco product is prohibited within 50 feet of all entrances to Park District buildings, all Facilities, all wooded areas on District Property, and all other locations where signs are posted prohibiting smoking. Smoking will be allowed at Palatine Hills Golf Course and on the north side of the Clubhouse deck.

"Facilities" shall include all structures on District Property, including but not limited to, swimming pools, skate, dog, and disc golf parks, riding arenas, shelters, gazebos, boat dock, playgrounds, athletic fields, and amphitheater/bowl.

Class Dismissal Guidelines

All children 11 & under are to remain in the classroom until a parent or authorized person comes in to the classroom to pick them up. Parents are required to sign their child in and out of each class.

Parents of children ages 7-11, may opt to complete a Class Dismissal Permission Slip. This will allow the child to be released at the end of the scheduled class without a parent present. These forms are available from your child's instructor. A separate form will be required for each class attended and every new session.

Child Endangerment

Any authorized person who exhibits signs of an impaired condition due to alcohol or drugs will not be allowed to leave program site with the child/children.

Photo Policy

From time to time the Park District may take photographs of participants enrolled in Park District programs, special events, or people on Park District properties and/or parks. These photographs may be used in our catalogs, brochures, presentations, flyers, or website and are for Park District use only.



Resident Scholarships

Palatine Park District offers scholarships to Park District residents for reduced program rates according to financial need. Application forms are available at the Community Center, Birchwood Recreation Center, or Falcon Park Recreation Center. Contact Jill Kernan at 847-705-5123 x251 with questions.

A Special Thank You to Districts 15 & 211

School Districts 15 and 211 have made many of Palatine Park District's programs possible through the use of their facilities. We appreciate their cooperation and assistance.

Dog Park 2011 Registration

Residents: The Park District will be accepting early bird or priority registrations for Dog Park 2011 passes beginning December 1. All registrations must be accompanied with documentation of current vaccinations (rabies, hepatitis, distemper, bordetella, test for internal parasites, para-influenza, parvovirus) and village licenses. These registrations will be placed in a lottery and applicants will be notified by mail. Those not accepted in the lottery will be placed on a wait list. Fees are \$45 for the first resident dog, and \$10 for each additional dog up to a total of three dogs per household.

Non-residents: Registrations from non-residents will be accepted beginning January 3 pending availability. All registrations must be accompanied with documentation of current vaccinations (rabies, hepatitis, distemper, bordetella, test for internal parasites, para-influenza, parvovirus) and village licenses. Fees are \$90 for the first non-resident dog, and \$20 for each additional dog up to a total of three dogs per household.

The 1.2 acre fenced in Dog Park is located at the Plum Grove Reservoir on Algonquin Road south of Harper College. The 2011 season will run January 3 through December 31. Registration forms can be downloaded from our website at www.palatineparks.org or are available for pick-up at the Community Center, Birchwood Recreation Center, or Falcon Park Recreation Center. Call 847-991-0333 for additional information.

Gift Certificates & Golf Gift Cards

Give the gift of leisure with a Palatine Park District gift certificate or golf gift card. Certificates are available for all Park District programs and can be purchased at the Community Center, 250 E. Wood Street, Birchwood Recreation Center, 435 W. Illinois Avenue, or Falcon Park Recreation Center, 2195 N. Hicks Road. Golf gift cards can be purchased at the Community Center (December-mid March) or at Palatine Hills, 512 W. Northwest Highway (during golf season).

Boating and Fishing

Palatine Park District has an agreement with the Salt Creek Rural Park District that permits residents to participate in fishing, boating, canoeing, and sailing classes at the Twin Lakes Recreation Area for the same fee paid by Salt Creek residents. To participate, residents must present their Palatine Park District ID to the Salt Creek staff, either at Twin Lakes or, if registering for a class, at the Salt Creek offices, 530 S. Williams Drive. The agreement represents the Palatine Park Board's continued commitment to inter-governmental cooperation in an effort to provide efficient and non-duplicative services.



NWSRA exists to provide outstanding opportunities through recreation for people with disabilities

Join the celebration! The team of full-time Therapeutic Recreation professionals and trained part-time staff at the Northwest Special Recreation Association (NWSRA) offer safe, fun, and quality year-round opportunities to individuals with disabilities of all ages and ability levels.

Inclusion assistance provides individuals with disabilities the opportunity to participate in their home park district program. **When registering, the parent of the individual should inform the park district (and NWSRA, if desired) of any accommodation needed in order for the individual to successfully enjoy the program.** The park district staff will then contact NWSRA for assistance with the accommodation.

For more information on NWSRA, check out www.nwsra.org. Brochures may also be picked up at the park district main office or at the NWSRA office at Park Central, 3000 W. Central Road in Rolling Meadows. NWSRA may be contacted at 847-392-2848 (voice), 847-392-2855 (TTY) or 847-392-2870 (fax).

Therapeutic Recreation . . . The Benefits Are Endless!

The Palatine Park District is a member of a cooperative agreement among 17 park districts which form the Northwest Special Recreation Association (NWSRA).



Para registrarse para un programa del Park District, llame 847-963-1103.

IMPORTANT DATES

Winter Resident Lottery Deadline	December 3
Winter Open Registration	December 14
Gymnastics Lottery Deadline	December 17
Gymnastics Open Registration	December 28
Winter Classes Begin	January 10

If minimum registration requirements are not met 7 days prior to the starting date of class, it may be cancelled.

WHERE TO REGISTER

Community Center, 250 E. Wood Street

- Drop-box - east parking lot (accessible 24 hours), registration counter.
- Registration Desk - first floor during normal business hours, 8:30 am - 7:00 pm Monday - Thursday, 8:30 am - 4:30 pm Friday, 8:30 am - 2:00 pm Saturday

Birchwood Recreation Center, 435 W. Illinois Avenue

- Drop-box - south parking lot (accessible 24 hours).
- Registration Desk - main lobby during normal business hours, 8:30 am - 4:30 pm Monday - Friday

Falcon Park Recreation Center, 2195 N. Hicks Road

- Drop-box - west parking lot (accessible 24 hours).
- Registration Desk - main lobby during normal business hours, 7:00 am - 10:00 pm Monday - Sunday

www.palatineparks.org

- Online registration is available for residents only, beginning at 8:30 am on Monday, November 15 through 4:30 pm on Friday, December 3 to be included in the lottery.
- After the lottery is complete, online registration resumes at 8:30 am on Tuesday, December 14 for both residents and non-residents.

WHEN TO REGISTER

Residents' Lottery

- Accepting mail-in, drop off, and online registration now through December 3.
- Registrations received after December 3 will be processed after patrons in line on December 14 are served.

Open Registration (After Lottery)

- While walk-up lines may be lengthy, you will know if your selection is still available or have an opportunity to select another program.
- Available to residents and non-residents.
- Begins 8:30 am on December 14 at the Community Center, Birchwood Recreation Center, Falcon Park Recreation Center, or online at www.palatineparks.org.

What is the "Lottery?"

- The "lottery" is a computer-generated random selection method of filling Park District classes and programs.
- The "lottery" is for residents only.

Why do we use this method?

- The Park District uses the "lottery" to insure that all residents have an equal opportunity of being chosen for their classes. Not all residents receive their catalog on the same day.

How does the Resident Lottery work?

- After you receive the Park District's program catalog, choose your classes and drop-off or mail-in your completed registration form with payment or register online at www.palatineparks.org.
- Most programs are available for online registration. Those not available will be marked with a computer symbol.
- On Lottery Day, the computer randomly selects the participants to fill the classes.
- Incomplete registration forms will be returned.
- Non-resident forms received before the open registration date, December 14, will be returned.

What if the program fills?

- If a program fills, you will be placed on a wait list.
- Participants are called off the wait list when openings become available or new classes are formed.
- In an effort to better serve our patrons, if you are enrolled in a class, you may not be on a wait list for the same time period or the same type of class. Nor may you be on two wait lists for the same time period or the same type of class.
- If you are placed on a wait list starting with open registration, you will be asked to fill out credit card information on a registration form. Your account will not be charged unless an opening becomes available. If you do not wish to give your credit card information and are called off the wait list, you will have 24 hours to make payment before we call the next person on the wait list. If you register online and are placed on a wait list your credit card will be charged at the time of registration. If you are not called off the wait list by the second class you will receive a 100% refund.

What if my class is cancelled?

- If minimum registration requirements are not met 7 days prior to the starting date of class, it may be cancelled. You will receive a 100% refund.

Lottery Deadline	February 25
Open Registration	March 8
Resident Camp Deadline	March 9
Resident Camp Open Registration	March 22

HOW TO REGISTER

- Use the Winter registration form provided in this catalog (page 64), pick one up at the Community Center, Birchwood Recreation Center, Falcon Park Recreation Center, or download a form from our website at www.palatineparks.org.
- Special registration forms and separate payment are needed for Affiliate Sports, C.A.R.E., Preschool, Swim Team, Horsemanship, and the Dog Park.
- Each household must use their own registration form.
- Placement with a friend or relative cannot be guaranteed.
- Fill out your registration form carefully. Include family information at top of the form. Please indicate if your address has changed since your last registration.
- List the program number in the first "PROGRAM #" box. If there are programs with several time choices, list the program number of your second choice in the second "PROGRAM #" box. Please pay for your first choice.
- Write the name of the program, the participant's full name, gender, birth date, and fee. A participant must be age appropriate when the class starts. Write in the fee(s) you are paying. Please include appropriate signatures and emergency information. Incomplete forms will be returned, which will delay the processing of your registration.
- If you are using a credit card, please include all necessary information, including number, card holder name, signature, and expiration date. Forms cannot be processed with incomplete information.
- Make checks payable to Palatine Park District. Attach your form(s) and payment(s). Remember that certain programs require separate forms.
- Return your registration with payment, or mail the form with check, credit card information, or money order. **DO NOT MAIL CASH.** (There is a \$25 reprocessing fee for each insufficient funds check or credit card denial we receive.)
- As soon as your registration has been processed, your check will be deposited, or your credit card will be charged. You will be notified by postcard of confirmation or placement on a wait list. Please verify the information on your postcard. If you do not receive a confirmation card two weeks prior to the starting date of the class, please call 847-991-0333. **Please note that you will not receive a confirmation postcard when registering online after the lottery process.**

R=Resident Fee; NR=Non-Resident Fee

NO REGISTRATION TAKEN BY PHONE!

Refunds

- Requests received 10 days before the class begins will receive a 100% refund, less a \$5 processing fee.
- Requests received less than 10 days before class begins, but prior to 24 hours after the second class meets, will receive a 50% refund, less a \$5 processing fee.
- NO NET REFUNDS UNDER \$5 WILL BE ISSUED.
- A refund request form must be completed. Forms can be picked up at the Community Center, Birchwood Recreation Center, Falcon Park Recreation Center, or can be downloaded from our website at www.palatineparks.org. Telephone requests are not accepted.
- A certificate by a physician is required for medical exceptions. Your refund will be pro-rated from the time your request is received. Please advise the office promptly. Medical refunds must be submitted before the class has ended.
- Refunds are not given if there is a change of instructor, for one-day programs, special events, or classes that are contracted or require ticket purchases.
- Refunds for wait lists will be processed two weeks after the program begins. If you wish to receive your refund sooner, a refund request form must be completed. Your name will remain on the wait list if you so specify.
- Refunds requested for anything paid by VISA, MasterCard, or Discover will be processed directly through your credit card account.
- For refunds on Affiliate programs see pages 61 through 63.
- NO REFUNDS ARE GIVEN FOR PHOTO ID CARDS.

Special Needs

Palatine Park District does not discriminate against eligible residents for participation on the basis of a disabling condition. Residents with special needs should notify our staff when registering so that smooth inclusion may occur. In addition to the programs listed in our catalog, our district also provides specialized services for people with disabilities through NWSRA. Those who are hearing impaired can call Illinois Relay Services at 1-800-526-0857 for assistance in filling out registration forms.

DATE NIGHT

Thursday, February 10

6:30 - 8:00 pm

Dads and Daughters, Moms and Sons come dressed for a night of dancing and dining. It will be an occasion you will always remember! Wear red for this year's Valentine theme. Includes food, photos, and dancing.

Age: 3 - 12 years (with parent)
Location: Birchwood Gym
Fee: \$13 R/\$19 NR per person*
Max: 150
Prog #: 6700-4

*Note fees are per person. Please include the names of parent and child (children) attending on the registration form. Parent attending must sign the park district waiver.



SAVE THE DATE!

Hound Egg Hunt

Saturday, April 16



Sponsorship Opportunities

at Palatine Park District

For more information on sponsorship opportunities, please contact Deb Owen, Public Information Manager at (847) 705-5123 ext. 224 or downen@palatineparks.org.

Performances at Cutting Hall

The 19th Annual Christmas Ship Concert with Lee Murdock and The Blue Water Band

Saturday, November 27 8:00 pm

Sideswipe

Monday, January 17 10:30 am

Ballet Folklorico Mexico

Sunday, January 30 2:00 pm

Jungle Book

Saturday, February 19 10:30 am

Thank you fall event sponsors.

Fall Catalog

Lavelle Law, Ltd.

Canine Carnival

A Closer Bond Dog Training School
Animal Sense Canine Training & Behavior
Bentley's Corner Barkery
Chiro One Wellness Centers
Critter Nannies Dog Walking & Pet Sitting
Loving Care Animal Clinic
Martin C. Kelley of Kelley, Kelley, & Kelley
Attorneys at Law
Tailchasers Incorporated
The Grooming Spa
Young at Heart Pet Rescue

Fishing Derby

Bank of Palatine
Chiro One Wellness Centers
Culver's
International Anglers
Salmon Shop

Fall Fest

Chiro One Wellness Centers
Culver's
Grossinger

Halloween Party

Ben & Jerry's, Palatine
Martin C. Kelley of Kelley, Kelley, & Kelley
Attorneys at Law

Turkey Trot

Palatine Bank & Trust
Running Unlimited
Whole Foods Market, Palatine



 **Preschool Registration is not available OnLine.**

2011-2012 School Year

Our state licensed Preschool for 3, 4, and 5 year olds provides a warm, accepting environment where learning is fun. Experienced teachers offer a variety of developmentally appropriate activities designed to help children learn and grow socially, emotionally, physically, and intellectually. The curriculum includes art, music, science, large and small motor development, imaginative play, and pre-kindergarten skills. Children must be completely toilet trained (no diapers or pull-ups).

- Children who will be at least 4 by December 31, 2011 may enroll at Eagle Park.
- A class for young three year olds is offered at Maple Park on Tuesday and Thursday mornings. This class is for children who turn three between 1/1/11 and 11/1/11.
- A Pre-Kindergarten class is offered at Parkside on Monday through Thursday afternoons. This class is for children turning five before 3/1/12.

PRESCHOOL LOCATIONS

- Birchwood 435 W. Illinois Avenue
- Maple Park 316 N. Winston at Anderson
- Parkside 262 E. Palatine Road (in Community Park)
- Eagle park 1425 N. Oak Street at Home Avenue

Registration Deadline

Returning Participant Registration: Children CURRENTLY ENROLLED in Palatine Park District Preschool will be placed in a priority lottery for the 2011-2012 school year.

New Participant Lottery (Resident Only):

Beginning February 7, 2011 children not currently enrolled in our Preschool may obtain a Preschool registration form at the Birchwood Recreation Center, Community Center, or Falcon Park Recreation Center. Mail or drop off the completed form with your payment. **A copy of the child's Birth Certificate must be presented at the time of registration. The child cannot be registered without it.** All registrations received through February 17 will be in this lottery. Registration received after February 17 will be processed with open registration at Birchwood Recreation Center.

Open Registration (Residents and Non-Residents):

Residents and non-residents must register IN PERSON AT BIRCHWOOD RECREATION CENTER ONLY beginning February 22, 2011.

A \$45 non-refundable, non-transferable processing fee is required with your registration.



3/4 year olds - maximum class size 20 (Maple AM maximum 18)

Prog #	Age	Dates	Day	Time	Location	Monthly Fee*
8040-9	3 between 1/01/11 & 11/1/11	9/13-5/24	T/Th	9:00-11:00 am	Maple Park	\$83 R/\$103 NR
8041-9	3 on or before 9/1/11	9/13-5/24	T/Th	12:00-2:30 pm**	Maple Park	\$98 R/\$122 NR
8042-9	3 on or before 9/1/11	9/13-5/24	T/Th	9:00-11:30 am**	Birchwood	\$98 R/\$122 NR
8043-9	3 on or before 9/1/11	9/13-5/24	T/Th	9:00-11:30 am**	Parkside	\$98 R/\$122 NR

*8 payments **Longer Times

3 1/2 - 5 year olds - maximum class size 20

Prog #	Age	Dates	Day	Time	Location	Monthly Fee*
8050-9	4 on or before 12/31/11	9/13-5/24	T/Th	9:00-11:30 am	Eagle Park	\$98 R/\$122 NR
8051-9	4 on or before 12/31/11	9/12-5/25	M/W/F	9:00-11:30 am	Eagle Park	\$146 R/\$183 NR
8052-9	4 on or before 12/31/11	9/12-5/25	M/W/F	12:30-3:00 pm	Eagle Park	\$146 R/\$183 NR

*8 payments

4/5 year olds - maximum class size 20

Prog #	Age	Dates	Day	Time	Location	Monthly Fee*
8053-9	4 on or before 9/1/11	9/12-5/25	M/W/F	9:00-11:30 am	Maple Park	\$146 R/\$183 NR
8054-9	4 on or before 9/1/11	9/12-5/25	M/W/F	9:00-11:30 am	Birchwood	\$146 R/\$183 NR
8055-9	4 on or before 9/1/11	9/12-5/25	M/W/F	9:00-11:30 am	Parkside	\$146 R/\$183 NR
8056-9	5 before 3/1/12	9/12-5/24	M/T/W/Th	12:30-3:00 pm	Parkside	\$195 R/\$243 NR

*8 payments

 OnLine Registration is not available for this program.

★All Parent & Tot classes require an adult to participate with the child. **UNREGISTERED SIBLINGS MAY NOT PARTICIPATE** and may remain in the classroom ONLY if they can occupy themselves quietly without interfering with your ability to participate with your child.

Sibling Gym★



A class for families with babies and preschoolers. There will be music and motor activities for both babies and their siblings. Please write both children's names on the registration form. Parents and children, please wear socks because shoes are removed during class.

Age: 4 months - 4 years
Dates: January 10 - March 14 (10 weeks)
Instructor: Jody Nieman
Location: Community Center, Room 1E
Min/Max: 10/18

Prog #	Day	Time	Fee*
8403-4	Mon	9:15-10:00 am	\$72 R/\$108 NR

*Fee is for 2 children. Additional child is \$30 R/\$45 NR. Single child fee is \$49 R/\$74 NR.

Open Gym For Tots★

Young children can play together on gym equipment designed especially for them. A parent must remain with and supervise the child.

Location: Community Center, Room 1E

Dates:	January 4 - March 15		
Age:	2 years & under (Baby Hour)		
Day	Time	Fee*	
Tue	9:15-10:15 am	\$1 per child at door	
Age:	walking - 4 years		
Tue	10:15 am-12:00 pm	\$1 per child at door	
Dates:	January 7 - March 18		
Age:	walking - 4 years		
Day	Time	Fee*	
Fri	9:30-11:30 am	\$1 per child at door	

*No registration required.

Baby Gym★

A class for infants aimed at their changing large motor needs. We will focus on using our muscles and exploring balance. Caregivers and infants will also have a chance to socialize and play simple games.

Age: 6 - 12 months
Dates: January 10 - March 14 (10 weeks)
Instructor: Jody Nieman
Location: Community Center, Room 1E
Min/Max: 5/10

Prog #	Day	Time	Fee
8402-4	Mon	10:15-11:00 am	\$49 R/\$74 NR

Toddler Gym★

Toddlers have the opportunity to interact with parents and peers while they enjoy songs, stories, and active play. Parents and children, please wear socks because shoes may be removed during class.

Age: 12 - 24 months
Dates: January 13 - March 17 (10 weeks)
Instructor: Monica Barclay
Location: Community Center, Room 1E
Min/Max: 6/12

Prog #	Day	Time	Fee
8401-4	Thur	9:15-10:00 am	\$49 R/\$74 NR

Busy Babies★

Come have some one-on-one playtime with your baby. This class will include music, motor activities, and sensory experiences. A great opportunity to socialize with other babies and caregivers.

Age: 4 - 10 months
Dates: January 14 - March 18 (10 weeks)
Instructor: Jody Nieman
Location: Community Center, Room 1F
Min/Max: 5/10

Prog #	Day	Time	Fee
8400-4	Fri	10:00-10:45 am	\$49 R/\$74 NR

Fun For Twos★

Sing, dance, create, and play. Every week will be a different theme. Children will hear stories, make a simple art project, and have a chance to interact with others. Come join the fun!

Min/Max: 5/10
Age: 22 months - 2 years
Dates: January 11 - March 15 (10 weeks)
Instructor: Dilnaaz Rustomji
Location: Community Center, Room 1G

Prog #	Day	Time	Fee
8201-4	Tue	10:00-10:45 am	\$49 R/\$74 NR

Age: 2 years
Dates: January 12 - March 16 (10 weeks)
Instructor: Monica Barclay
Location: Falcon Park Recreation Center, Golden Eagle Room

Prog #	Day	Time	Fee
8202-4	Wed	9:15-10:00 am	\$49 R/\$74 NR

Tots Playtime★

Adults and toddlers, take time out to play! Each class will start in room 1E for some playtime on the climbing equipment. Then we will move into room 1F for creative art projects, stories, and songs. A variety of activities for lots of fun!

Age: 18 months - 2 1/2 years
Dates: January 12 - March 16 (10 weeks)
Instructor: Asiya Syed
Location: Community Center, Room 1F & 1E
Min/Max: 5/10

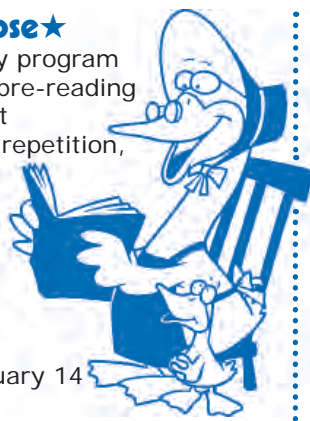
Prog #	Day	Time	Fee
8207-4	Wed	9:30-10:30 am	\$49 R/\$74 NR

DON'T WAIT to register!

If a program does not reach its minimum 7 days prior to the starting date of class, it may be cancelled.

Mother Goose On The Loose★

This award winning early literacy program uses rhymes and songs to help pre-reading children get ready for reading. It incorporates music, movement, repetition, positive reinforcement, developmental tips, nursery rhymes, puppets, instruments, and book reading. It's a wonderful way for children to develop early literacy skills.



Age: 1 - 3 years
Dates: January 10 - February 14 (6 weeks)
Instructor: Nancy Graham
Location: Community Center, Room 1F
Min/Max: 3/12

Prog #	Day	Time	Fee
8208-4	Mon	10:45-11:30 am	\$80 R/\$120 NR

Giggle & Grow From Head To Toe★

A fun blend of language, social, and motor skill development. Laugh and learn with your little one through a variety of music themes and equipment. Adults can also benefit by socializing during the friendly discussion time. Please wear socks because shoes will be removed during class.

Age: 18 months - 2 1/2 years
Dates: January 12 - March 16 (10 weeks)
Instructor: Kim Armentrout
Location: Community Center, Room 1E
Min/Max: 6/10

Prog #	Day	Time	Fee
8205-4	Wed	10:15-11:00 am	\$49 R/\$74 NR

Three-Bees★

Children will enjoy interacting with their peers and parents in a variety of structured and unstructured activities. Adults will guide children in fine motor skills, creative activities, and following directions. This class will help lay a foundation for children to feel comfortable in a classroom. Please wear socks as shoes will be taken off in the gym room.

Age: 3 years
Dates: January 13 - March 17 (10 weeks)
Instructor: Dilnaaz Rustomji
Location: Community Center, Room 1E & 1G
Min/Max: 5/10

Prog #	Day	Time	Fee
8404-4	Thur	10:00-11:00 am	\$52 R/\$78 NR

Hooray For Three!★

A transition class for three year olds that is all about the number three. A new story each week will be about "three." Parents will stay for the first few classes then be transitioned out of the room.

Age: 3 years
Dates: January 12 - March 16 (10 weeks)
Instructor: Monica Barclay
Location: Falcon Park Recreation Center, Golden Eagle Room
Min/Max: 4/7

Prog #	Day	Time	Fee
8206-4	Wed	10:15-11:00 am	\$49 R/\$74 NR

Laughing Connections★

All children and their parents continually connect, disconnect, and then find their way back to connecting again. It's the nature of the relationship. Add laughter to your bag of tricks for keeping your parent/child bond at its best. Become a playful parent who knows how to defuse the stress of a situation with some fun activities. Laugh to your heart's content with your child and carry that happy feeling into the rest of your life!

Age: 4 - 6 years with parent
Dates: January 10 - February 14 (6 weeks)
Instructor: Nancy Graham
Location: Community Center, Room 1F
Min/Max: 4/15

Prog #	Day	Time	Fee
8405-4	Mon	12:45-1:30 pm	\$80 R/\$120 NR

Recipe For Fun★

We will prepare and taste simple recipes and make a craft related to the theme of the week. Every class will feature a different fun theme. Each child will receive a recipe book at the end of the session.

Age: 2 1/2 - 4 years
Dates: January 12 - March 16 (10 weeks)
Instructor: Deanna Kolar
Location: Community Center, Room 1G
Min/Max: 6/10

Prog #	Day	Time	Fee
8600-4	Wed	9:15-10:00 am	\$66 R/\$99 NR



Note: A variety of ingredients are used in this class.



Paint Coatin'/Crayon Totin' Tots★

This class offers a variety of age-appropriate art activities. Children will be exposed to colors and shapes as they explore a variety of art materials. Bring your child in old clothes; creating art can be messy!

Age: 2 - 3 years
Dates: January 12 - March 16 (10 weeks)
Instructor: Kathy Schneider
Location: Community Center, Room 2A
Min/Max: 6/10

Prog #	Day	Time	Fee
8100-4	Wed	9:15-10:00 am	\$32 R/\$48 NR
8101-4	Wed	10:15-11:00 am	\$32 R/\$48 NR

Holiday Crafting Corner - Valentine's Day★

Adults and kids can spend an hour together creating a memorable holiday craft project. All supplies included.

Age: 4 - 6 years with parent
Date: February 7
Instructor: Deanna Kolar
Location: Community Center, Room 1G
Min/Max: 6/10

Prog #	Day	Time	Fee
8601-4	Mon	4:00-5:00 pm	\$9 R/\$15 NR





Games, Sports, & More★

Come one, come all! Caregivers and children will be introduced to sports, simple games, and more. Great large motor fun!

Dates: January 12 - March 16 (10 weeks)

Instructor: Jody Nieman

Location: Birchwood Gym

Min/Max: 5/10

Age: 18 months - 2 1/2 years

Prog #	Day	Time	Fee
8409-4	Wed	9:30-10:15 am	\$49 R/\$74 NR

Age: 2 1/2 - 3 1/2 years

Prog #	Day	Time	Fee
8410-4	Wed	10:30-11:15 am	\$49 R/\$74 NR

Parent & Tot Sports★

Parents and tots are introduced to baseball, basketball, and soccer in a fun, non-competitive environment.

Age: 2 - 3 years **Min/Max:** 8/12

Dates: January 10 - March 14 (10 weeks)

Instructor: "Coach Ray" Wronski

Location: Birchwood Gym

Prog #	Day	Time	Fee
8407-4	Mon	10:45-11:30 am	\$57 R/\$86 NR
8408-4	Mon	11:45 am-12:30 pm	\$57 R/\$86 NR

Toddler Tunes★

Music makes the world go 'round. Join us for an interactive class with songs, music, and fun. Each week we will make a simple rhythm instrument and use it to create music.

Age: 2 - 3 years **Min/Max:** 6/10

Instructor: Deanna Kolar

Dates: January 10 - March 14 (10 weeks)

Location: Falcon Park Recreation Center, Golden Eagle Room

Prog #	Day	Time	Fee
8209-4	Mon	9:15-10:00 am	\$49 R/\$74 NR

Dates: January 11 - March 15 (10 weeks)

Location: Community Center, Room 1F

Prog #	Day	Time	Fee
8210-4	Tue	9:15-10:00 am	\$49 R/\$74 NR

Dates: January 13 - March 17 (10 weeks)

Location: Community Center, Room 1G

Prog #	Day	Time	Fee
8211-4	Thur	6:45-7:30 pm	\$49 R/\$74 NR

Ready, Set, Move!★ **NEW!**

Join us as we move to the beat and learn new motor skills. We will play on the indoor turf field and move around the classroom working on various skills. A great way to exercise for toddlers and adults.

Age: 14 - 24 months

Dates: January 10 - March 14 (10 weeks)

Instructor: Deanna Kolar

Location: Falcon Park Recreation Center, Golden Eagle Room

Min/Max: 6/10

Prog #	Day	Time	Fee
8203-4	Mon	10:30-11:15 am	\$49 R/\$74 NR

Tot Rock★

Wiggle and giggle to the Tot Rock beat! You and your tot will delight in this one-of-a-kind musical adventure! We will play with rhythm instruments like tamborines and maracas, share props like balls and beanbags, and explore sensory items like bubbles and feathers. In addition to improving your tot's newly acquired motor skills, we provide structured and unstructured time to encourage socialization. Sign up for both sessions as the curriculum does not repeat. Learn, dance, and play our way! www.rockitkids.com

Age: walkers - 24 months

Instructor: Rock-N-Kids Staff

Location: Community Center, Room 1C

Min/Max: 5/12

Dates: January 18 - March 8 (8 weeks)

Prog #	Day	Time	Fee
8212-4	Tue	4:45-5:25 pm	\$63 R/\$95 NR

Dates: January 19 - March 9 (8 weeks)

Prog #	Day	Time	Fee
8213-4	Wed	9:15-9:55 am	\$63 R/\$95 NR

Kid Rock I★

Sing, dance, jump and play, having fun the Kid Rock way! Join this popular music and movement program and sing songs, dance to the beat, play with rhythm

instruments and props, improve fine and gross motor skills, and engage in imaginative play. Kid Rock also helps with listening skills and socialization. Sign up for both sessions as the curriculum does not repeat. Don't miss this unique opportunity for fun and learning! www.rockitkids.com

Age: 20 - 36 months

Instructor: Rock-N-Kids Staff

Location: Community Center, Room 1C

Min/Max: 5/12

Dates: January 18 - March 8 (8 weeks)

Prog #	Day	Time	Fee
8216-4	Tue	5:30-6:10 pm	\$63 R/\$95 NR

Dates: January 19 - March 9 (8 weeks)

Prog #	Day	Time	Fee
8217-4	Wed	10:00-10:40 am	\$63 R/\$95 NR

Kid Rock II classes for 2 1/2 - 4 year olds by themselves, are listed on page 16.



Half Year Preschool

The Park District preschools have limited openings for children to start in January. This is perfect for children who were not toilet trained or not quite ready to leave their parents in September. Children need to have turned 3 or 4 by September 1, 2010. Preschool is held at 4 locations throughout Palatine. Call 847-991-1960 for availability.

Age: 3 - 4 year olds by September 1, 2010
Location: Eagle, Parkside, Maple, and Birchwood Preschools

Preschool Prep

An introduction to preschool for those children who are not quite old enough to start in the fall. To make the transition easier, we may ask that an adult stay with the child for the first class. Potty training is not a requirement, however, please use a training diaper if in the process. Diapers will not be changed by instructors.

Age: 3 years between 6/1/10 and 3/31/11
Dates: January 12 - April 27 (15 weeks)
no class 3/23
Instructor: Kathy Schneider & Dawn Schmidt
Location: Maple Park, 316 N. Winston
Min/Max: 6/12

Prog #	Day	Time	Fee
8625-4	Wed	12:30-2:00 pm	\$112 R/\$168 NR

Experiment With Science

The world of science will be discovered through simple experiments, art projects, and other fun activities. We will definitely get messy, so send your child in old clothes!

Age: 3 1/2 - 5 years
Dates: January 14 - March 18 (10 weeks)
Instructor: Monica Barclay
Location: Community Center, Room 1G
Min/Max: 6/10

Prog #	Day	Time	Fee
8607-4	Fri	9:15-10:00 am	\$69 R/\$104 NR

Evening Classes

Parent & Tot

Kid Rock I page 13
 Toddler Tunes..... page 13
 Tot Rock..... page 13

Early Childhood

Beginning Fun-Gineering page 15
 Young Rembrandts..... page 15
 Kid Rock II page 16
 Beginning Ballet page 17
 Beginning Tap & Ballet page 17
 Flag Football For Kids page 18
 Hoops For Kids page 18
 Martial Arts & Tumbling Tots..... page 19
 Preschool & Kindergarten Martial Arts..... page 19
 Toddler Martial Arts & More page 19

Having trouble registering online?
 Call 847-705-5123 x223.

Afternoon Adventures in Science

Looking for a little afternoon science fun for your child? Science experiments will be explored along with art, stories, playtime, and other fun surprises. We will definitely get messy, so send your child in old clothes.

Age: 4 - 6 years
Dates: January 13 - March 17 (10 weeks)
Instructor: Sharon Volny & Clare Termanas
Location: Eagle Park Preschool
Min/Max: 6/15

Prog #	Day	Time	Fee
8608-4	Thur	12:30-2:30 pm	\$72 R/\$108 NR

Kids In The Kitchen

Bon Appetit, Let's Eat! We will use simple, kid friendly recipes that the children will have fun repeating at home. The nutritional value of food will also be explored. The recipes learned can be used for any occasion.

Age: 4 1/2 - 6 years
Dates: January 12 - March 16 (10 weeks)
Instructor: Deanna Kolar
Location: Community Center, Room 1G
Min/Max: 5/10
Fee: \$66 R/\$99 NR

Prog #	Day	Time
8605-4	Wed	12:45-1:30 pm

Note: A variety of ingredients are used in this class.



Preschool Preview

Thursday, February 3
 6:00 - 8:00 pm

Here's your chance to have a preview of our state licensed preschools. Our preschool staff members will be available to answer questions about the programs. Children are welcome to come along and explore the classroom.

Preschool Preview will be held at all four preschool sites:

Birchwood 435 W. Illinois Avenue
Maple Park 316 N. Winston and Anderson
Parkside 262 E. Palatine Road
 (in Community Park)
Eagle Park 1425 N. Oak Street
 at Home Avenue

No registration fee charged if you register that evening.

Any questions about Preschool Preview or the preschool program, please contact Karen Rude at 847-705-5123 x239.

Reading Readiness

This program is designed to strengthen your child's reading readiness skills the fun way — through games and activities. A certified reading specialist will gear activities towards your child's needs. Activities will include working on letter recognition, letter-sound correspondence, phonemic awareness, and concept of print. Your child will have the opportunity to master the building blocks of learning how to read.

Age: 4 - 5 years
Dates: January 13 - March 17 (9 weeks)
no class 2/17

Instructor: Ann Sandler

Location: Community Center, Room 1F

Min/Max: 4/10

Prog #	Day	Time	Fee
8612-4	Thur	11:00-11:45 am	\$73 R/\$110 NR

Reading Readiness II

Strengthen your child's letter-sound correspondence, phonics skills, and fluency. Give them the opportunity to master the concept of print: building and reading words, sentences, and stories. A certified reading specialist will help make sense of reading the fun way — through games and activities.

Age: 5 - 6 years
Dates: January 13 - March 17 (9 weeks)
no class 2/17

Instructor: Ann Sandler

Location: Community Center, Room 1F

Min/Max: 4/10

Prog #	Day	Time	Fee
8611-4	Thur	12:45-1:30 pm	\$73 R/\$110 NR

Read & Create/Leer y Crear

Each week our bilingual instructor will explore a different story, and then create a project that relates to the book. What a great way to introduce children to the wonder of reading!

Age: 3 1/2 - 5 years
Dates: January 12 - March 16 (10 weeks)

Instructor: Sylvia Espinoza (se habla Español)

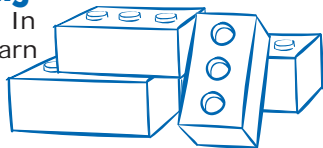
Location: Falcon Park Recreation Center,
Golden Eagle Room

Min/Max: 5/10

Prog #	Day	Time	Fee
8609-4	Wed	12:45-1:30 pm	\$49 R/\$74 NR

Beginning Fun-Gineering

Young children love to build! In this unique class they will learn to do just that, using both virtual and solid materials. Our hands-on exploration of simple machines introduces students to the basic concepts of physical science, math, and engineering. Their technology skills will grow, too, as their computer-generated buildings take shape and amaze our young architects. Two children per LEGO® kit.



Age: 4 - 6 years
Dates: January 11 - February 15 (6 weeks)

Instructor: Computer Explorers Staff

Location: Community Center, Room 1G

Min/Max: 6/10

Prog #	Day	Time	Fee
8624-4	Tue	5:15-6:15 pm	\$88 R/\$132 NR

Mix & Mash - Creative Smash

Kids can take pride and satisfaction in creating fun and different projects, regardless of their experience or artistic ability. This great class is specially designed to encourage your child to explore, create, learn, and experiment in a kid-friendly environment. Some projects include mixing, measuring, and making special paint, clay, and slimy mixtures with kitchen ingredients. Your child will need to bring a smock or paint shirt to each class.

Age: 4 - 6 years

Dates: January 11 - March 15 (10 weeks)

Instructor: Kim Armentrout

Location: Community Center, Room 1G

Min/Max: 3/10

Prog #	Day	Time	Fee
8614-4	Tue	1:45-2:30 pm	\$50 R/\$75 NR



Young Rembrandts

Young students are so eager to learn and a joy to teach. Young Rembrandts instructors provide a nurturing and strong learning environment that expands pre-schoolers' image vocabulary as they draw familiar images such as fish, teddy bears, rainbows, and cowboys. We'll concentrate on the skills of drawing and coloring while we develop fine motor skills, focus, listening, staying on task, patience, and spatial organization. New lessons each session.

Age: 3 1/2 - 5 years

Dates: January 13 - March 3 (8 weeks)

Instructor: Young Rembrandts Staff

Location: Community Center, Room 1F

Min/Max: 6/10

Prog #	Day	Time	Fee
8108-4	Thur	6:00-6:45 pm	\$86 R/\$129 NR
8109-4	Thur	6:50-7:35 pm	\$86 R/\$129 NR

Children's Improv

Children love to make up their own stories, songs, and dances. This class will encourage children's creativity and performing skills. There will be a mini-show on the last day of class.

Age: 3 1/2 - 6 years

Dates: January 11 - March 15 (10 weeks)

Instructor: Patrice Reid

Location: Community Center, Room 2C

Min/Max: 6/12

Prog #	Day	Time	Fee
8220-4	Tue	11:15 am-12:00 pm	\$50 R/\$75 NR

Kindergarten Advantage! **NEW!**

Using specially designed age-appropriate software, young children will begin to learn about keyboarding, computer graphics, word processing, and spreadsheets. Emergent reading and computer skills are combined to create a powerful learning dynamic!

Age: 5 - 6 years

Dates: January 11 - February 15 (6 weeks)

Instructor: Computer Explorers Staff

Location: Community Center, Room 1G

Min/Max: 6/10

Prog #	Day	Time	Fee
8626-4	Tue	4:00-5:00 pm	\$88 R/\$132 NR

Parents Day Out

Need a little time for yourself? This is the program for you! Children will enjoy playtime, snacktime, and group activities. Children do not need to be toilet trained and should be comfortable being away from their parents for an extended time. Please send a snack and drink and a change of clothes for your child to each class. **Children can be registered for no more than two days a week.**

Age: 2 1/2 - 5 years
Instructor: Jennefer Schelfhout & Bonnie Shemroske
Location: Birchwood Lower Level
Min/Max: 5/12

Dates: January 10 - March 14 (10 weeks)
Prog # **Day Time** **Fee**
 8616-4 Mon 9:15 am-12:00 pm \$102 R/\$153 NR

Dates: January 11 - March 15 (10 weeks)
Prog # **Day Time** **Fee**
 8617-4 Tue 9:15 am-12:00 pm \$102 R/\$153 NR

Dates: January 12 - March 16 (10 weeks)
Prog # **Day Time** **Fee**
 8618-4 Wed 9:15 am-12:00 pm \$102 R/\$153 NR
 8619-4 Wed 12:30-3:00 pm \$93 R/\$140 NR

Dates: January 13 - March 17 (10 weeks)
Prog # **Day Time** **Fee**
 8620-4 Thur 9:15 am-12:00 pm \$102 R/\$153 NR

Dates: January 14 - March 18 (10 weeks)
Prog # **Day Time** **Fee**
 8621-4 Fri 9:15 am-12:00 pm \$102 R/\$153 NR

Age: 2 - 4 years
Instructor: Kim Armentrout & Jody Nieman
Location: Falcon Park Recreation Center, Golden Eagle Room
Min/Max: 5/12

Dates: January 11 - March 15 (9 weeks)
no class 2/1
Prog # **Day Time** **Fee**
 8622-4 Tue 9:30 am-12:00 pm \$84 R/\$126 NR

Dates: January 13 - March 17 (10 weeks)
Prog # **Day Time** **Fee**
 8623-4 Thur 9:30 am-12:00 pm \$93 R/\$140 NR

Pre Poms

Learn pom formations and beginning routines. This class is great for promoting coordination and self esteem. Poms will be provided for use during class. Bring a labeled water bottle.

Age: 4 1/2 - 6 years
Dates: January 12 - March 16 (10 weeks)
Instructor: Kim Armentrout
Location: Community Center, Room 2C
Min/Max: 5/10
Prog # **Day Time** **Fee**
 8300-4 Wed 1:30-2:15 pm \$50 R/\$75 NR

Classes on Early Childhood pages are for children who are ready to attend by themselves. Parents do not remain in the classroom.

Movin', Groovin', & Singin' to The Music

Come sing and move to the beat of the music. Class will include singing to favorite songs, creative movement, and more. A great class to promote musical skills and have fun! There will be a mini-show on the last day of class.

Age: 3 1/2 - 6 years
Dates: January 11 - March 15 (10 weeks)
Instructor: Patrice Reid
Location: Community Center, Room 2C
Min/Max: 6/12
Prog # **Day Time** **Fee**
 8222-4 Tue 12:45-1:30 pm \$50 R/\$75 NR

Kid Rock II

Sing, dance, jump, and play, having fun the Kid Rock way! Join this popular music and movement program and sing songs, dance to the beat, play with rhythm instruments and props, improve fine and gross motor skills, and engage in imaginative play. Kid Rock also helps with listening skills and socialization. Kid Rock II encourages independence as parents only stay for the first and last weeks. Sign up for both sessions as the curriculum does not repeat. Don't miss this unique opportunity for fun and learning! www.rockitkids.com

Age: 2 1/2 - 4 1/2 years
Instructor: Rock-N-Kids Staff
Location: Community Center, Room 1C
Min/Max: 5/12

Dates: January 11 - March 1 (8 weeks)
Prog # **Day Time** **Fee**
 8223-4 Tue 6:15-6:55 pm \$63 R/\$95 NR

Dates: January 12 - March 2 (8 weeks)
Prog # **Day Time** **Fee**
 8224-4 Wed 10:45-11:25 am \$63 R/\$95 NR



Sing With Me

Sing With Me, the newest addition to the Palatine Children's Chorus, is a musical learning experience for the very young child interested in singing. Music allows your child to become a better learner in school; it improves focus and cooperation with classmates. Through musical movement, games, and songs, your child will begin to learn the basics for understanding music and singing in a way that won't harm those tender young vocal chords.

Age: 4 - 5 years
Dates: January 20 - March 10 (8 weeks)
Instructor: Kathy Sbarboro
Location: Community Center, Room 1C
Min/Max: 8/15
Prog # **Day Time** **Fee**
 2611-4 Thur 12:30-1:15 pm \$50 R/\$65 NR

6 & 7 year old singers, check out the Do Re Mi Choir on page 29.

Beginning Ballet

This class introduces children to ballet steps, barre exercises, stretches, and short dance combinations. FOR CHILDREN WHO ARE READY TO ATTEND A CLASS ALONE. Girls wear a leotard and tights, boys wear a t-shirt and shorts. Wear soft-soled or ballet shoes.

Min/Max: 5/10

Dates: January 11 - March 15 (10 weeks)

Instructor: Patrice Reid

Location: Senior Center, Exercise Room
505 S. Quentin Road

Age: 3 years

Prog #	Day	Time	Fee
8307-4	Tue	5:00-5:30 pm	\$49 R/\$74 NR

Age: 3 - 4 years

Prog #	Day	Time	Fee
8308-4	Tue	6:25-6:55 pm	\$49 R/\$74 NR

Age: 4 - 5 years

Prog #	Day	Time	Fee
8309-4	Tue	7:00-7:30 pm	\$49 R/\$74 NR

Dates: January 12 - March 16 (10 weeks)

Instructor: Katherine Siegle

Location: Community Center, Room 2C

Age: 3 - 4 years

Prog #	Day	Time	Fee
8310-4	Wed	11:00-11:30 am	\$49 R/\$74 NR

Age: 4 - 5 years

Prog #	Day	Time	Fee
8311-4	Wed	11:45 am-12:15 pm	\$49 R/\$74 NR

Dates: January 13 - March 17 (10 weeks)

Instructor: Katherine Siegle

Location: Community Center, Room 2C

Age: 3 - 4 years

Prog #	Day	Time	Fee
8312-3	Thur	9:30-10:00 am	\$49 R/\$74 NR

Age: 4 - 5 years

Prog #	Day	Time	Fee
8313-3	Thur	11:15-11:45 am	\$49 R/\$74 NR

Dates: January 14 - March 18 (10 weeks)

Instructor: Katherine Siegle

Location: Falcon Park Recreation Center,
Prairie Hawk Room

Age: 3 - 5 years

Prog #	Day	Time	Fee
8314-3	Fri	11:15-11:45 am	\$49 R/\$74 NR

Combo Class

A little bit of ballet, a little bit of tap, and a little bit of jazz. This class will explore techniques from various forms of dance and teach rhythm and body awareness. Bring soft-soled or ballet shoes and tap or hard soled shoes with a strap.

Age: 3 1/2 - 5 years

Dates: January 14 - March 18 (10 weeks)

Instructor: Katherine Siegle

Location: Falcon Park Recreation Center,
Golden Eagle Room

Min/Max: 5/10

Prog #	Day	Time	Fee
8316-4	Fri	12:00-12:45 pm	\$57 R/\$86 NR



Beginning Ballet & Tumbling

A combination class that introduces children to beginning ballet and basic tumbling techniques. Girls may wear a leotard and tights, boys wear a t-shirt and shorts. Wear soft-soled or ballet shoes.

Age: 3 - 4 years

Min/Max: 5/8

Dates: January 11 - March 15 (10 weeks)

Instructor: Jackie Schaffer

Location: Community Center, Room 2C

Prog #	Day	Time	Fee
8304-4	Tue	9:15-10:00 am	\$50 R/\$75 NR
8305-4	Tue	10:15-11:00 am	\$50 R/\$75 NR

Beginning Tap & Ballet

Young dancers are introduced to the basics of tap and ballet in this fun and creative class. Girls wear a leotard and tights, boys wear a t-shirt and shorts. Bring soft-soled or ballet shoes and tap or hard-soled shoes with a strap.

Min/Max: 5/10

Age: 4 - 6 years

Dates: January 11 - March 15 (10 weeks)

Instructor: Patrice Reid

Location: Senior Center, Exercise Room
505 S. Quentin Road

Prog #	Day	Time	Fee
8301-4	Tue	5:35-6:20 pm	\$57 R/\$86 NR

Age: 3 1/2 - 5 years

Dates: January 13 - March 17 (10 weeks)

Instructor: Katherine Siegle

Location: Community Center, Room 2C

Prog #	Day	Time	Fee
8302-4	Thur	10:15-11:00 am	\$57 R/\$86 NR

Dates: January 14 - March 18 (10 weeks)

Instructor: Katherine Siegle

Location: Falcon Park Recreation Center,
Prairie Hawk Room

Prog #	Day	Time	Fee
8303-4	Fri	1:00-1:45 pm	\$57 R/\$86 NR

Continuing Tap & Ballet

For children who have taken a session or two of tap or ballet and are ready to move on. Beginning technique will be built on and more advanced dances will be taught.

Age: 3 1/2 - 5 years

Min/Max: 5/10

Dates: January 12 - March 16 (10 weeks)

Instructor: Katherine Siegle

Location: Community Center, Room 2C

Prog #	Day	Time	Fee
8306-4	Wed	12:30-1:15 pm	\$57 R/\$86 NR

Sports Sampler

Children are introduced to a variety of sports at their skill level, including basketball, soccer, t-ball, and floor hockey. We will work on skills as well as playing the game. Bring a labeled water bottle.

Age: 3 - 4 years **Min/Max:** 5/10

Dates: January 10 - March 14 (10 weeks)

Instructor: Jennefer Schelfout

Location: Birchwood Gym

Prog #	Day	Time	Fee
8424-4	Mon	1:00-1:45 pm	\$56 R/\$84 NR
8425-4	Mon	2:00-2:45 pm	\$56 R/\$84 NR

Flag Football For Kids

Children have fun learning the basics of football — throwing, passing, and kicking. Teamwork and good sportsmanship are stressed. Bring a labeled water bottle.

Age: 6 - 7 years **Min/Max:** 10/14

Dates: January 13 - March 17 (9 weeks)

no class 2/10

Instructor: "Coach Ray" Wronski

Location: Birchwood Gym

Prog #	Day	Time	Fee
8434-4	Thur	4:30-5:15 pm	\$52 R/\$78 NR



Kicks For Kids

Soccer only! Children learn skills, play games, and have fun. Teamwork and good sportsmanship are stressed. Bring a labeled water bottle.

Instructor: "Coach Ray" Wronski

Min/Max: 8/12

Age: 4 - 6 years

Dates: January 11 - March 15 (10 weeks)

Location: Falcon Park Recreation Center, Turf Field

Prog #	Day	Time	Fee
8444-4	Tue	1:00-1:45 pm	\$57 R/\$86 NR

Age: 4 - 5 years

Dates: January 13 - March 17 (10 weeks)

Location: Birchwood Gym

Prog #	Day	Time	Fee
8445-4	Thur	11:45 am-12:30 pm	\$57 R/\$86 NR

Sports For Kids

Children will have fun learning to play baseball, soccer, and flag football. Bring a labeled water bottle.

Instructor: "Coach Ray" Wronski

Min/Max: 8/12

Location: Falcon Park Recreation Center, Turf Field

Age: 4 - 5 years

Dates: January 11 - March 15 (10 weeks)

Prog #	Day	Time	Fee
8427-4	Tue	10:45-11:30 am	\$57 R/\$86 NR

Age: 4 - 6 years

Dates: January 12 - March 16 (10 weeks)

Prog #	Day	Time	Fee
8423-4	Wed	1:45-2:30 pm	\$57 R/\$86 NR

Location: Birchwood Gym

Age: 4 - 5 years

Dates: January 13 - March 17 (10 weeks)

Prog #	Day	Time	Fee
8426-4	Thur	10:45-11:30 am	\$57 R/\$86 NR

Hoops For Kids

Basketball only! Children learn skills, play games, and have fun. Bring a labeled water bottle.

Instructor: "Coach Ray" Wronski

Location: Birchwood Gym

Min/Max: 8/12

Dates: January 10 - March 14 (10 weeks)

Age: 5 - 6 years

Prog #	Day	Time	Fee
8431-4	Mon	3:45-4:30 pm	\$57 R/\$86 NR

Age: 6 - 7 years

Prog #	Day	Time	Fee
8432-4	Mon	4:45-5:30 pm	\$57 R/\$86 NR

Dates: January 14 - March 18 (10 weeks)

Age: 6 - 7 years

Prog #	Day	Time	Fee
8433-4	Fri	4:45-5:30 pm	\$57 R/\$86 NR

Algonquin Longhouse Inc.

NFP Parent/Child Program

Indian Guides & Indian Princesses

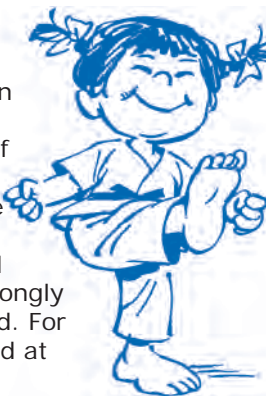
We invite you to strengthen your one-on-one relationships with your children through the magic and discovery of Native American heritage and culture. Monthly meetings and special events including campouts and museum overnights run through the school year and focus on activities designed to bring parents and children together in fun and enriching ways.

The Algonquin Longhouse Inc. NFP is a non-profit organization comprised of more than 2,000 parents and children from the northwest suburbs. There are programs to fit all ages.

To enroll today or to get more information call 847-660-1230, fax 847-660-1231, or visit the Algonquin Longhouse website at www.algonquinlonghouse.org.

Martial Arts & Tumbling Tots

Your child will develop coordination, increase flexibility and strength, gain motor skills, and have a great time learning an awesome combination of tumbling and pre-martial arts skills. Each class we will run, stretch, have fun drills and activities, and then practice our skills (learning new and reviewing old skills). Parents are strongly encouraged to attend with their child. For further information contact Jan Wood at 847-705-8714.



Age: 2 1/2 - early 4 years
Instructor: Jan Wood

Dates: January 10 - February 28 (8 weeks)
Location: Community Center, Room 1E
Min/Max: 8/18
Prog # **Day** **Time** **Fee**
 8418-4 Mon 6:00-6:40 pm \$64 R/\$96 NR

Dates: January 12 - March 2 (8 weeks)
Instructor: Jan Wood
Location: J.P. Wood Martial Arts America
 249 E. Northwest Highway, Palatine
 (next to Hobby Lobby)
Min/Max: 8/14
Prog # **Day** **Time** **Fee**
 8412-4 Wed 10:30-11:10 am \$52 R/\$78 NR

Preschool & Kindergarten Martial Arts

You won't believe the numerous benefits your child will receive from this class! They will develop flexibility, coordination, and physical fitness while learning martial arts skills. In each session, they will learn a variety of new techniques as we kick, punch, block, jump, run, tumble, and much, much more. Emphasis will also be placed on age-appropriate themes of focus, respect, discipline, and manners. Parents are welcome to attend. For further information contact Jan Wood at 847-705-8714.

Age: 4 - 6 years
Min/Max: 8/18

Instructor: Jan Wood
Location: J.P. Wood Martial Arts America
 249 E. Northwest Highway, Palatine
 (next to Hobby Lobby)
Dates: January 11 - March 1 (8 weeks)
Prog # **Day** **Time** **Fee**
 8414-4 Tue 9:30-10:10 am \$52 R/\$78 NR

Instructor: Johnna Brant
Location: Falcon Park Recreation Center,
 Prairie Hawk Room
Dates: January 11 - March 1 (7 weeks)
no class 2/1
Prog # **Day** **Time** **Fee**
 8416-4 Tue 5:45-6:30 pm \$46 R/\$69 NR

Toddler Martial Arts and More

Your child will develop coordination, increase flexibility, and have a great time! Each session will focus on physical fitness, coordination drills, and pre-martial arts skills. Emphasis will be placed on age-appropriate themes including respect, discipline, manners, focus, and socialization. Parents are strongly encouraged to attend. For further information contact Jan Wood at 847-705-8714.

Age: 2 1/2 - early 4 years
Dates: January 11 - March 1 (7 weeks)
no class 2/1

Instructor: Johnna Brant
Location: Falcon Park Recreation Center,
 Prairie Hawk Room
Min/Max: 8/16
Prog # **Day** **Time** **Fee**
 8411-4 Tue 6:30-7:10 pm \$46 R/\$69 NR



Spring Break Classes

Spring Break Sports Camp

A great way for your child to have fun and improve their skills during spring break. We'll play soccer, t-ball, and basketball. Bring a labeled water bottle.

Age: 6 - 7 years
Dates: March 21, 23, 25
Instructor: "Coach Ray" Wronski
Location: Birchwood Gym
Min/Max: 8/16
Prog # **Day** **Time** **Fee**
 8440-4 M/W/F 9:30-11:30 am \$34 R/\$51 NR

Spring Break T-Ball

For boys and girls who want to learn the basic skills while having fun. Teamwork and sportsmanship are stressed. Bring a mitt and a labeled water bottle.

Age: 5 - 6 years
Dates: March 21 - March 25 (1 week)
Instructor: "Coach Ray" Wronski
Location: Birchwood Gym
Min/Max: 8/16
Fee: \$28 R/\$42 NR
Prog # **Day** **Time**
 8441-4 M-F 11:45 am-12:45 pm

Spring Break Soccer

Soccer fun during spring break! Children will improve their skills, play games, and have fun. Teamwork and good sportsmanship are stressed. Bring a labeled water bottle.

Age: 4 - 5 years
Dates: March 22 & 24
Instructor: "Coach Ray" Wronski
Location: Birchwood Gym
Min/Max: 8/16
Prog # **Day** **Time** **Fee**
 8442-4 T/Th 10:00-11:30 am \$23 R/\$35 NR

DON'T WAIT to register!

If a program does not reach its minimum 7 days prior to the starting date of class, it may be cancelled.

GYMNASTICS LOTTERY DEADLINE DECEMBER 17

The Palatine Gymnastics Club offers developmental classes for children 18 months through 8th grade. The preschool program emphasizes body awareness, strength, and coordination.

Girls are introduced to the fundamental skills that are used in vault, bars, balance beam, and floor exercise. Boys are introduced to vault, bars, rings, pommel horse, and tumbling. The dress code for girls is a leotard or t-shirt and shorts (soccer or biker type), **hair must be tied up**. The dress code for boys is a t-shirt and shorts (soccer or biker type).

Please register your child for an age appropriate program level. Advanced classes are available to those children who show, through evaluation, a readiness to move to the next level. These classes are indicated with a "star (★)" and must have instructor permission. Register your child for the gymnastics level he/she is presently attending. You will be notified if your child qualifies to advance to the next level. Spaces will not be held at any level for children who have missed a session. The child will need to be re-evaluated before being admitted to an advanced class (space permitting). Children new to the program, or those who have missed a session, need to be evaluated.

The lottery deadline for Gymnastics is December 17. The program year runs August 31 through May 22 ending with the Mari-Rae Sopper Show May 21 & 22. **Please note the exception dates are listed by each class.** Fees have been pro-rated for these dates and there are no **"Make-Up" classes**. All classes are held in the Gymnastics Facility at the Community Center. For additional information or to schedule an evaluation, please contact the Gym at 847-705-5123 ext. 245.

Visit our Team website at
www.palatinegymnasticsclub.com

Mari-Rae Sopper Show

Preschool/Kindergarten/Mini-Mights
May 21

Grades 1st - 8th
May 22

Show time both days is 1:00 pm & 3:30 pm.
Admission is \$2.

Show costs are not included in
program fees.

There are two sessions listed (I-B and II). You may register for more than one session.



Parent & Tot Gymnastics

This class is designed for boys and girls, 18 months - 3 years with parent/adult participation — one adult per child. The child must be 18 months of age by the first day of each session in which they will be enrolled. All NEW participants must bring a copy of their birth certificate on the first day of class. **Please do not bring older or younger siblings to be left unsupervised, and they may not participate in class.**

Preschool - Kindergarten/Gymnastics

This class is designed for children between 3 and 6 years old. There are separate classes offered for 3 and 4 year olds, and 4, 5, 6 year olds. Your child must be at least the age they are registered for by the first day of the session in which they will be enrolled. The child MUST be completely toilet trained. All NEW participants must bring a copy of their birth certificate to class the first day.

Session I-B is not part of the lottery.
Registration is available now.

Session I-B: November 15 - February 12 (11 weeks)
no class 11/25, 11/27, 12/20, 12/21, 12/22, 12/23, 12/25, 12/27, 12/28, 12/29, 12/30, 1/1

Parent & Tot Gymnastics

Age:	18 months - 3 years		Min/Max:	8/18
Prog #	Day	Time	Fee	
9505-3	Mon	9:15-9:55 am	\$86 R/\$129 NR	
9549-3	Thur	9:15-9:55 am	\$78 R/\$117 NR	

Preschool - Kindergarten

Age:	3 & 4 years		Min/Max:	8/18
Prog #	Day	Time	Fee	
9506-3	Mon	10:00-10:55 am	\$97 R/\$146 NR	
9507-3	Mon	11:00-11:55 am	\$97 R/\$146 NR	
9519-3	Tue	12:15-1:10 pm	\$97 R/\$146 NR	
9538-3	Wed	10:30-11:25 am	\$88 R/\$132 NR	
9550-3	Thur	11:00-11:55 am	\$88 R/\$132 NR	
9561-3	Sat	9:00-9:55 am	\$88 R/\$132 NR	

Age:	4, 5, & 6 years		Min/Max:	8/21
Prog #	Day	Time	Fee	
9508-3	Mon	1:00-1:55 pm	\$97 R/\$146 NR	
9509-3	Mon	2:00-2:55 pm	\$97 R/\$146 NR	
9520-3	Tue	10:35-11:30 am	\$97 R/\$146 NR	
9539-3	Wed	9:30-10:25 am	\$97 R/\$146 NR	
9540-3	Wed	12:15-1:10 pm	\$97 R/\$146 NR	
9551-3	Thur	10:00-10:55 am	\$88 R/\$132 NR	
9552-3	Thur	1:00-1:55 pm	\$88 R/\$132 NR	
9562-3	Sat	10:00-10:55 am	\$88 R/\$132 NR	

★Instructors' permission required

Session II: February 14 - May 19 (13 weeks)
no class 3/21, 3/22, 3/23, 3/24, 3/25, 3/26

Parent & Tot Gymnastics

Age:	18 months - 3 years	Min/Max:	8/21
Prog #	Day	Time	Fee
9500-4	Mon	9:15-9:55 am	\$102 R/\$153 NR
9501-4	Thur	9:15-9:55 am	\$102 R/\$153 NR

Preschool - Kindergarten

Age:	3 & 4 years	Min/Max:	7/18
Prog #	Day	Time	Fee
9502-4	Mon	10:00-10:55 am	\$115 R/\$173 NR
9503-4	Mon	11:00-11:55 am	\$115 R/\$173 NR
9504-4	Tue	12:15-1:10 pm	\$115 R/\$173 NR
9505-4	Wed	10:30-11:25 am	\$115 R/\$173 NR
9506-4	Thur	11:00-11:55 am	\$115 R/\$173 NR
9507-4	Fri	9:00-9:55 am	\$106 R/\$159 NR
9508-4	Sat	9:00-9:55 am	\$106 R/\$159 NR

Age:	4, 5, & 6 years	Min/Max:	8/21
Prog #	Day	Time	Fee
9509-4	Mon	1:00-1:55 pm	\$115 R/\$173 NR
9510-4	Mon	2:00-2:55 pm	\$115 R/\$173 NR
9511-4	Tue	10:35-11:30 am	\$115 R/\$173 NR
9512-4	Wed	9:30-10:25 am	\$115 R/\$173 NR
9513-4	Wed	12:15-1:10 pm	\$115 R/\$173 NR
9514-4	Thur	10:00-10:55 am	\$115 R/\$173 NR
9515-4	Thur	1:00-1:55 pm	\$115 R/\$173 NR
9516-4	Fri	10:00-10:55 am	\$106 R/\$159 NR
9517-4	Fri	11:00-11:55 am	\$106 R/\$159 NR
9518-4	Sat	10:00-10:55 am	\$106 R/\$159 NR

Kinder Gymnastics ★ **NEW!**

This class is designed to accommodate "all day" kindergarten girls. There will not be an obstacle course, and the focus for the class will be on vault, bars, beam, and floor exercises.

Age: 5 - 6 years in Kindergarten
Min/Max: 5/14

REGISTER NOW! NOT PART OF THE LOTTERY.

Session I-B: November 16 - February 8 (11 weeks)
no class 12/21, 12/28

Prog #	Day	Time	Fee
9519-4	Tue	3:00-3:55 pm	\$97 R/\$146 NR

Session II: February 15 - May 17 (13 weeks)
no class 3/22

Prog #	Day	Time	Fee
9520-4	Tue	3:00-3:55 pm	\$115 R/\$173 NR



Mini-Mights ★ 

This class is designed for girls ages 4-6 years old who have been recommended by an instructor.

Age: 4 - 6 years **Min/Max:** 8/18

Session I-B: November 16 - February 9 (11 weeks)
no class 12/21, 12/22, 12/28, 12/29

Prog #	Day	Time	Fee
9523-3	Tue	9:00-10:30 am	\$108 R/\$162 NR
9524-3	Tue	1:15-2:45 pm	\$108 R/\$162 NR
9542-3	Wed	1:15-2:45 pm	\$108 R/\$162 NR

Session II: February 15 - May 18 (13 weeks)
no class 3/22, 3/23

Prog #	Day	Time	Fee
9524-4	Tue	9:00-10:30 am	\$128 R/\$192 NR
9525-4	Tue	1:15-2:45 pm	\$128 R/\$192 NR
9526-4	Wed	1:15-2:45 pm	\$128 R/\$192 NR

Mighty Mights ★ 

This class is for girls through 3rd grade, who have been recommended by their instructor.

Age: 5 - 10 years
Dates: January 18 - May 19 (17 weeks)
no class 3/22, 3/24

Min/Max: 5/18

Prog #	Day	Time	Fee
9527-4	T/Th	4:00-6:00 pm	\$289 R/\$434 NR

Beginners - Girls

Dates: January 17 - May 19 (17 weeks)
no class 3/21, 3/22, 3/23, 3/24

Age: 1st - 3rd grades

Min/Max: 5/21

Prog #	Day	Time	Fee
9528-4	Mon	5:30-6:45 pm	\$133 R/\$200 NR
9529-4	Wed	4:00-5:15 pm	\$133 R/\$200 NR
9530-4	Wed	5:15-6:30 pm	\$133 R/\$200 NR
9531-4	Thur	5:30-6:45 pm	\$133 R/\$200 NR

Age: 4th - 8th grades

Min/Max: 5/21

Prog #	Day	Time	Fee
9532-4	Tue	7:00-8:15 pm	\$138 R/\$207 NR
9533-4	Thur	6:45-8:00 pm	\$138 R/\$207 NR

★Instructors' permission required

Advanced Beginners - Girls★

Dates: January 17 - May 19 (17 weeks)
no class 3/21, 3/22, 3/24

Age: 1st - 3rd grades

Min/Max: 5/21

Prog #	Day	Time	Fee
9534-4	Mon	6:45-8:15 pm	\$161 R/\$242 NR
9535-4	Tue	4:00-5:30 pm	\$161 R/\$242 NR
9536-4	Thur	4:00-5:30 pm	\$161 R/\$242 NR

Age: 4th - 8th grades

Min/Max: 5/21

Prog #	Day	Time	Fee
9537-4	Tue	7:00-8:30 pm	\$161 R/\$242 NR
9538-4	Thur	6:45-8:15 pm	\$161 R/\$242 NR

Young Intermediates - Girls★

Age: 1st - 2nd grades
Dates: January 17 - May 19 (17 weeks)
no class 3/21, 3/22, 3/23, 3/24

Min/Max: 5/21

Prog #	Day	Time	Fee
9539-4	M/W	4:00-5:30 pm	\$227 R/\$340 NR
9540-4	T/Th	4:00-5:30 pm	\$227 R/\$340 NR

Intermediates - Girls★

Age: 3rd - 8th grades
Dates: January 17 - May 19 (17 weeks)
no class 3/21, 3/22, 3/23, 3/24

Min/Max: 5/21

Prog #	Day	Time	Fee
9542-4	M/W	5:30-7:00 pm	\$227 R/\$340 NR
9543-4	T/Th	6:00-7:30 pm	\$227 R/\$340 NR

Advanced Intermediates - Girls★

Age: 3rd - 8th grades
Dates: January 17 - May 19 (17 weeks)
no class 3/21, 3/23

Min/Max: 5/21

Prog #	Day	Time	Fee
9544-4	M/W	7:00-8:30 pm	\$227 R/\$340 NR

Girls Prep Squad★

Designed for girls who are interested in furthering their gymnastics skills, but not interested in competing at club level. They must be successful at the Advanced Intermediate level or above.

Age: 5th - 8th grades

Dates: January 18 - May 19 (17 weeks)
no class 3/22, 3/24

Min/Max: 5/21

Prog #	Day	Time	Fee
9545-4	T/Th	6:30-8:30 pm	\$289 R/\$434 NR

 **Online Registration is not available for this program.**

Superboys★

Superboys is for boys 4 to 6 years old who have been recommended by an instructor.

Age: 4 - 6 years

Dates: January 18 - May 17 (17 weeks)
no class 3/22

Min/Max: 5/14

Prog #	Day	Time	Fee
9546-4	Tue	4:15-5:15 pm	\$102 R/\$153 NR



Beginners - Boys

Dates: January 17 - May 19 (17 weeks)
no class 3/21, 3/22, 3/24

Min/Max: 5/14

Age: 1st - 3rd grades

Prog #	Day	Time	Fee
9547-4	Mon	4:15-5:30 pm	\$133 R/\$200 NR
9548-4	Thur	4:15-5:30 pm	\$133 R/\$200 NR

Age: 4th - 8th grades

Prog #	Day	Time	Fee
9549-4	Tue	5:15-6:30 pm	\$133 R/\$200 NR

Advanced Beginners - Boys★

Age: 1st - 8th grades
Dates: January 17 - May 19 (17 weeks)
no class 3/21, 3/24

Min/Max: 5/14

Prog #	Day	Time	Fee
9550-4	Mon	5:30-7:00 pm	\$161 R/\$242 NR
9551-4	Thur	5:30-7:00 pm	\$161 R/\$242 NR

Intermediates - Boys★

Age: 3rd - 8th grades
Dates: January 18 - May 19 (17 weeks)
no class 3/22, 3/24

Min/Max: 5/18

Prog #	Day	Time	Fee
9552-4	T/Th	7:00-8:30 pm	\$227 R/\$340 NR

REGISTER NOW! NOT PART OF THE LOTTERY.

Holiday Ornaments

Yes, it's that time of year to make or add to your homemade ornament collection. You will make a variety of ornaments using all different types of materials including plaster, cloth, wood, etc. Please wear old clothes and let's have fun! All materials are provided.

Age:	6 - 9 years		
Date:	December 4		
Instructor:	Nancy Logue		
Location:	Community Center, Room 2A		
Min/Max:	6/12		
Prog #	Day	Time	Fee
2101-3	Sat	2:30-4:30 pm	\$30 R/\$45 NR



General Art

This course covers a variety of media including pastels, pen and ink, painting, watercolor, and colored pencils.

Age:	6 - 7 years		
Dates:	January 14 - March 4 (8 weeks)		
Instructor:	David Ogorzaly		
Location:	Community Center, Room 2A		
Min/Max:	8/12		
Prog #	Day	Time	Fee
2000-4	Fri	4:00-5:00 pm	\$66 R/\$99 NR

Cartoon Drawing

Learn to draw funny faces and myriad expressions in this popular class. Our instructor will help you develop a comic strip of your very own!

Age:	8 - 14 years		
Dates:	January 12 - March 2 (8 weeks)		
Instructor:	David Ogorzaly		
Location:	Community Center, Room 2A		
Min/Max:	8/12		
Prog #	Day	Time	Fee
2001-4	Wed	6:00-7:00 pm	\$61 R/\$92 NR

Drawing & Painting

This course offers instruction on specific subjects or media. Four weeks are spent on drawing and four weeks on painting.

Age:	8 - 14 years		
Dates:	January 14 - March 4 (8 weeks)		
Instructor:	David Ogorzaly		
Location:	Community Center, Room 2A		
Min/Max:	8/12		
Prog #	Day	Time	Fee
2002-4	Fri	5:00-6:00 pm	\$66 R/\$99 NR

Pottery

Beginners and advanced students are welcome. Fee includes a small amount of clay for each participant. Instructor will assist with glazing and firing. You can work at your own pace.

Age:	HS/Adult		
Dates:	January 10 - March 14 (10 weeks)		
Instructor:	Adad Albarron		
Location:	Birchwood Pottery Room		
Min/Max:	3/5		
Prog #	Day	Time	Fee
2201-4	Mon	7:00-9:30 pm	\$175 R/\$263 NR



Quilting With Margaret

Learn how to make beautiful and traditional quilts. Margaret will teach you the basic techniques of piecing, patching, and quilting. Bring a self-fitting thimble. Materials are not included. No experience necessary. Piecing and quilting done by hand and machine.

Age:	HS/Adult		
Dates:	January 11 - March 29 (11 weeks) <i>no class 2/1</i>		
Instructor:	Margaret Luba		
Location:	Falcon Park Recreation Center		
Min/Max:	3/15		
Prog #	Day	Time	Fee
2107-4	Tue	1:00-3:00 pm	\$5 R/\$8 NR

Beginning Youth Ceramics

This beginner class will teach hand-building and decorating techniques.

Age:	10 - 14 years		
Dates:	January 13 - March 10 (8 weeks) <i>no class 2/10</i>		
Instructor:	Cindy Magallanes		
Location:	Birchwood Pottery Room		
Min/Max:	5/6		
Prog #	Day	Time	Fee
2200-4	Thur	5:00-6:30 pm	\$110 R/\$165 NR

Advanced Youth Ceramics

Children will continue to work on hand-building and then move on to the wheel. Students must have completed at least one beginner pottery class.

Age:	10 - 14 years		
Dates:	January 13 - March 10 (8 weeks) <i>no class 2/10</i>		
Instructor:	Cindy Magallanes		
Location:	Birchwood Pottery Room		
Min/Max:	4/5		
Prog #	Day	Time	Fee
2202-4	Thur	6:30-8:00 pm	\$135 R/\$202 NR



Beginning Watercolor **NEW!**

Join a beginning watercolor class and learn how to prepare your paper, mix colors, lay down a wash, do shading, and produce a few charming pictures, full of your personal expression. We'll do a landscape, floral, still life, and one of your choosing.

Age:	HS/Adult		
Dates:	January 15 - February 5 (4 weeks)		
Instructor:	Sara Stephens		
Location:	Community Center, Room 2A		
Min/Max:	8/12		
Prog #	Day	Time	Fee
2006-4	Sat	9:30 am-12:00 pm	\$50 R/\$75 NR

List of Materials: 140 lb. watercolor paper (11"x15"), watercolors (whatever you can afford), brushes: a 1-inch, wide soft brush for washes, a #330 sable brush for general use, #1 brush for detail, water jar and rag, pie tin for mixing colors, pencil and eraser

Beginning Bead Earrings **NEW!**

Learn how to create bead earrings for every outfit from casual to classy. We'll do simple ones to start and work up to long, elegant styles suitable for formal occasions. These earrings make great customized and inexpensive gifts. Beads will be provided at the first class.

Age:	HS/Adult		
Dates:	January 14 - February 4 (4 weeks)		
Instructor:	Sara Stephens		
Location:	Community Center, Room 2A		
Min/Max:	8/12		
Prog #	Day	Time	Fee
2007-4	Fri	9:30 am-12:00 pm	\$20 R/\$30 NR

List of Materials: Silver or gold pins and matching silver or gold "fish hooks", round nose pliers, blunt nose pliers, wire cutters

Everything is available at hobby or craft stores in the jewelry making section.

Go Figure I

Students will enjoy developing a foundation for good drawing by sketching the human form by using simple shapes. Pencil, oil crayon, and paints will be utilized to illustrate figures from photographs and favorite classic books.

Dates:	January 12 - March 2 (8 weeks)		
Instructor:	Kathleen Brej		
Location:	Community Center, Room 1G		
Min/Max:	8/12		

Age:	6 - 9 years		
Prog #	Day	Time	Fee
2003-4	Wed	4:00-5:00 pm	\$66 R/\$99 NR

Age:	10 - 15 years		
Prog #	Day	Time	Fee
2004-4	Wed	5:15-6:45 pm	\$99 R/\$149 NR

FunGoli **NEW!**

Fun has no bounds in this class by FunHonee, where traditional Indian Rangoli patterns mingle with contemporary, free-hand drawing to form beautiful, unique motifs on paper. The little artists will learn some basic Rangoli techniques, and learn how to add their own unique artistic touch to those. They will create an exclusive piece of FunGoli art that can be showcased on your mantelpiece, given away as a precious handmade gift, or add color and value to your scrapbook.

Age:	8 - 12 years		
Dates:	January 15 - February 5 (4 weeks)		
Instructor:	Ranjini Rao		
Location:	Community Center, Room 1C		
Min/Max:	8/12		
Prog #	Day	Time	Fee
2008-4	Sat	10:00-11:30 am	\$40 R/\$60 NR

The FunHonee Times **NEW!**

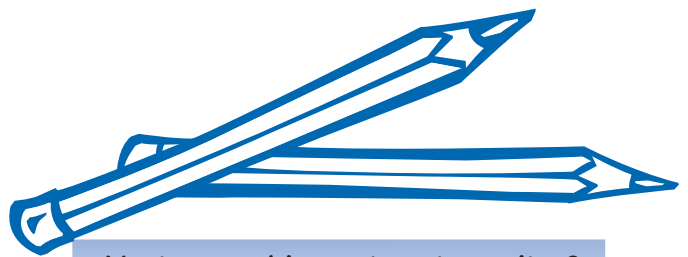
FunHonee is a creative and literary initiative for children that aims to break multicultural barriers. In this class, we will work on a literary newsletter, "The FunHonee Times" rich in ethnological writing and reading pointers. We will work in small groups, and compile reading lists, discuss storytelling techniques from around the world, write short essays, stories and poems with a single goal — to embrace world cultures through literature. The newsletter will be made available by the Park District for one and all to read, and the young brains behind it will take home a copy too. Join in this one-of-a-kind creative writing workshop and take your writing skills to a whole new level. Watch out for more Fun from FunHonee!

Age:	8 - 12 years		
Dates:	January 10 - February 2 (4 weeks)		
Instructor:	Ranjini Rao		
Location:	Community Center, Room 1F		
Min/Max:	8/12		
Prog #	Day	Time	Fee
2009-4	M/W	6:00-6:45 pm	\$54 R/\$81 NR

Go Figure II

Students will develop a foundation for good drawing by sketching the human form and using measurement. Techniques in black and white include using pencil, pen line, oil crayon, and soft brush to illustrate the human figure in a variety of poses.

Age:	Adult		
Dates:	January 12 - March 2 (8 weeks)		
Instructor:	Kathleen Brej		
Location:	Community Center, Room 1G		
Min/Max:	8/12		
Prog #	Day	Time	Fee
2005-4	Wed	7:00-9:00 pm	\$132 R/\$198 NR



Having trouble registering online?
Call 847-705-5123 x223.

Seniors

The Palatine Township Senior Citizens Council is a private, non-profit corporation that is governed by a volunteer Board of Directors. The PTSCC Center is located at 505 S. Quentin Road and is open Monday - Friday from 8:30 am - 5:00 pm. The facility includes a wellness clinic, noontime dining 5 days a week, a midday respite program for seniors with memory loss, an exercise/aerobics room, a library/lounge area, a fitness room, an arts & crafts room, private casework/counseling services, trips and special events, and more! To receive a "Happenings" Activity Booklet please call 847-991-1112.

Computer Classes, 50+ CLC

Registration for the winter session will be Thursday, January 6, 10:00 am-1:00 pm. We offer 2 hour sessions, running 2-4 weeks in length. A student to instructor ratio of 3 to 1, perfect learning environment for new or experienced computer users.



Daily Activities

Mah Jongg, pinochle, bridge, art classes, fitness classes, line dancing, and more.



Introduction to Ballroom Dancing

The undeniable romance of ballroom dancing is enjoying renewed popularity, so put on your dancing shoes and let a pair of our instructors lead you through the waltz, fox trot, cha-cha, and swing. You'll also learn some basic rumba and tango! Singles as well as couples are welcome, but partners are not guaranteed. Please wear leather-soled shoes for easier movement. Both participants must sign the waiver on the registration form.

Age:	HS/Adult		
Dates:	February 4 - March 25 (8 weeks)		
Instructor:	Claire and Bill Remer		
Location:	Community Center, Room 2C		
Min/Max:	16/40		
Prog #	Day	Time	Fee
2550-4	Fri	7:00-8:30 pm	\$35 R/\$53 NR

Continuing Ballroom Dancing

A class for more advanced students with experience dancing the waltz, fox trot, cha-cha, swing, rumba, and tango. Mambo, merengue, and quick step will be introduced. Singles as well as couples are welcome, but partners are not guaranteed. Please wear leather-soled shoes for easier movement. Both participants must sign the waiver on the registration form.

Age:	HS/Adult		
Dates:	February 4 - March 25 (8 weeks)		
Instructor:	Claire and Bill Remer		
Location:	Community Center, Room 2C		
Min/Max:	16/40		
Prog #	Day	Time	Fee
2551-4	Fri	8:30-10:00 pm	\$35 R/\$53 NR



Overnight Trips for 2011

Join us for one of the fantastic overnight trips being offered by PTSCC.

Fancy Free Tours • Ireland

October 9 - 18, 2011

Presentation Monday, November 15, 11:00 am

Collette Vacations • Tuscany

October 27 - November 5, 2011

Presentation Wednesday, December 1, 11:00 am

Please call to register for the FREE presentations.

Diamond Tours • Mt. Rushmore

June 19 - 25, 2011



Wedding & Party Dancing

Weddings, class reunions, and parties are more fun if you know how to dance. You will learn the popular electric and cha-cha slides and the basic steps for partner slow dancing, swing/jitterbug, polka, and cha-cha. Bring a copy of your special first dance song to class. Cherie's easy learning style will have you ready to dance at that next special occasion. Singles and couples are welcome but partners are not guaranteed. Leather-soled shoes are required. Both participants must sign the waiver on the registration form.

Age:	HS/Adult		
Dates:	January 13 - March 3 (8 weeks)		
Instructor:	Cherie Uricek		
Location:	Community Center, Room 2C		
Min/Max:	16/40		
Prog #	Day	Time	Fee
2552-4	Thur	8:30-10:00 pm	\$33 R/\$50 NR

Romantic Rumba, Hot Cha-Cha Latin Dance

The rumba, cha-cha, mambo, merengue and tango are the hot new trend in dance styles. Cherie's easy-to-learn style will get you dancing the basic steps in time for your next party. Singles and couples are welcome but partners are not guaranteed. Leather-soled shoes are required for dancing. Both participants must sign the waiver on the registration form.

Age:	HS/Adult		
Dates:	January 13 - March 3 (8 weeks)		
Instructor:	Cherie Uricek		
Location:	Community Center, Room 2C		
Min/Max:	16/40		
Prog #	Day	Time	Fee
2553-4	Thur	7:00-8:30 pm	\$33 R/\$50 NR

Dance



Dancers who enrolled in the fall session will receive a priority slip to enroll for the same class this session. All classes listed are brand new and eligible to perform in the 2011 recital.

Ballet Technique

Ballet technique focuses on grace, poise, strength, and strength at the barre, center floor, and across the floor. Attire: leotard, tights, optional ballet skirt, and pink ballet shoes. *THIS CLASS DOES NOT PERFORM IN THE 2011 RECITAL.*

Tap

This class will teach technique and choreography in tap. Attire: leotard, tights, tan buckle tap shoes.

Jazz

An upbeat form of dance with stylized moves and fun music. Attire: leotard, tights, optional dance shorts or capri length dance pants and tan jazz shoes.

Ballet

The most essential style of dance, ballet focuses on grace, poise, strength, and strength through technique and choreography. Attire: leotard, tights, optional ballet skirt, and pink ballet shoes.

Hip Hop

A fun and challenging dance that features a relaxed form of jazz and uses hip hop music. Attire: leotard, loose fitting pants, and black dance sneakers.

Combo Class

Many combo classes are offered. Please follow the shoe requirements for the above mentioned styles of dance.

Boys Tap and Hip Hop

Calling all boys! Try a class in tap and hip hop! No girls allowed! Attire: clean tee, sport shorts or track pants; black tap shoes for tap, and black dance sneakers for hip hop.

AUDITIONS FOR THE 2011-2012 SEASON

Dancers 8 years and older by September 1, 2011 are eligible to audition for the Palatine Dance Company. Auditions will be held on **Sunday, May 1, 2011**. More details will be available in the Spring Catalog. For more information, email Julie Nichols at palatinedance@gmail.com.

RECITAL 2011

The annual Palatine Dance Recital will be held at Harper College the week of May 16-20. All recital information will be distributed via email in April. Tickets will be available for purchase beginning March 1, 2011 at www.harpercollege.edu/boxoffice.

Musical Theater

A fun class to learn "Broadway" style dance routines in various styles of dance including tap, jazz, and ballet. Attire: leotard, tights, dance pants or shorts optional. The instructor will determine necessary shoes for the recital.

Performance 1 & 2 (Company Members Only)

This class focuses on choreography that will add two dances to the 2011 recital. Attire: leotard, tights, dance pants or shorts optional, shoes TBD.

Stretch, Strength, and Fitness for Dancers

Dancers require strength and flexibility. Join this class to strengthen and tone your arms, inner thigh muscles and core. Improve your flexibility with specific stretch exercises. Special attention is also paid to the necessary skills for balance. Attire: leotard, tights, dance pants or shorts optional, and jazz shoes.

Poms

Learn the strength, tricks, and precision of poms. Attire: leotard, tights, dance pants or shorts optional, white cheer or dance sneakers.

ADULT DANCE PROGRAM

Join us for a great workout and a fun class! We are offering ADULT TAP, ADULT BALLETT, and ADULT HIP HOP. Participants may wear comfortable clothing, but appropriate shoes are necessary for each style.

SHOE SIZING AND ORDERING DAY

We now offer all the necessary shoes and attire for your dancers. Come to our shoe sizing day on Monday, December 13 from 5:00 pm to 6:00 pm at the Community Center, room 2C. You can download an order form from our website at www.palatinedance.webs.com.



Questions?

847-705-5123 x237
palatinedance@gmail.com
www.palatinedance.webs.com



All classes are held January 10 - May 7 (no class 2/1 (Falcon only)
3/21, 3/22, 3/23, 3/24, 3/25, 3/26)

Tuition fees include the recital costume for the 2011 Recital.

All students must be minimum posted age by 9/1/10.

Min/Max: 6/12

5 - 7 years

Class	Day	Time	Instructor	Location	Fee	Prog #
Tap/Ballet	Wed	4:30-5:15 pm	Miss Julie	CC Rm 2C	\$153 R/\$168 NR	2500-4
Bilingual Tap/Ballet	Thur	4:40-5:15 pm	Miss Leah	Falcon Park	\$153 R/\$168 NR	2501-4
Tap/Ballet/Jazz	Sat	9:30-10:45 am	Miss Madeline	Cutting Hall	\$225 R/\$240 NR	2502-4

6 - 10 years

Class	Day	Time	Instructor	Location	Fee	Prog #
Boys Tap/Hip Hop	Wed	4:15-5:00 pm	Miss Katherine	Falcon Park	\$153 R/\$168 NR	2503-4

7 - 9 years

Class	Day	Time	Instructor	Location	Fee	Prog #
Tap/Ballet/Jazz	Sat	10:45 am-12:00 pm	Miss Madeline	Cutting Hall	\$153 R/\$168 NR	2504-4

7 - 11 years

Class	Day	Time	Instructor	Location	Fee	Prog #
Tap/Jazz	Mon	4:30-5:15 pm	Miss Leah	Falcon Park	\$153 R/\$168 NR	2505-4
Just Tap!	Tue	4:30-5:15 pm	Miss Julie	CC Rm 2C	\$153 R/\$168 NR	2506-4
Hip Hop	Tue	4:30-5:15 pm	Miss Stephanie	Falcon Park	\$143 R/\$158 NR	2507-4
Just Jazz!	Tue	5:15-6:00 pm	Miss Julie	CC Rm 2C	\$153 R/\$168 NR	2508-4

9 years+

Class	Day	Time	Instructor	Location	Fee	Prog #
Musical Theater	Mon	4:15-5:00 pm	Miss Becky	Cutting Hall	\$153 R/\$168 NR	2509-4
Stretch/Strength/Fitness	Mon	5:00-5:45 pm	Miss Becky	Cutting Hall	\$108 R/\$123 NR	2510-4
Poms	Thur	4:00-4:45 pm	Miss Rachel	CC Rm 2C	\$153 R/\$168 NR	2511-4
Ballet Technique*	Thur	7:00-8:00 pm	Miss Becky	Cutting Hall	\$144 R/\$159 NR	2515-4

*Ballet Technique class does not participate in the recital.

Adult Dance Program

Class	Day	Time	Instructor	Location	Fee	Prog #
Adult Hip Hop	Tue	7:15-8:00 pm	Miss Stephanie	Cutting Hall	\$108 R/\$123 NR	2517-4
Adult Ballet	Wed	7:30-8:30 pm	Miss Becky	Cutting Hall	\$144 R/\$159 NR	2518-4
Adult Tap 1	Wed	7:15-8:00 pm	Miss Katherine	Falcon Park	\$108 R/\$123 NR	2519-4

Company Classes



Class	Day	Time	Instructor	Location	Fee	Prog #
Performance 1 (for Companies 1 and 2)	Wed	6:45-7:30 pm	Miss Becky	Cutting Hall	\$168 R/\$183 NR	2520-4
Performance 2 (for Companies 3 and 5)	Mon	6:45-7:30 pm	Miss Julie	CC Room 2C	\$168 R/\$183 NR	2521-4

Acting Up

An introduction to theater for young and aspiring actors in the primary grades. This class covers all elements of being in a full production: singing, dancing, staging, and lines. This session we will work on a musical especially geared to the young performer, **"It's a Jungle Out There."** King Leo is a victim of the corporate jungle. He has money, power, and fame, but he still has not found happiness. His trusty servants, Spot and Stripes, ever loyal to the King, begin a quest for the key to happiness. Do the monkeys have the answer? Or maybe the hyenas? Perhaps the secret lies with the elephants. Who knows? This heart-warming musical play will help students see the true meaning of happiness is not money, power, and fame, but treasured friendships and life's simple pleasures.

Students will be asked to provide simple costumes and props. Show run-time is approximately 20 minutes. Our final presentation will be presented at Cutting Hall on Thursday, March 17, at 7:00 pm.

There will be two additional rehearsals at Cutting Hall:
 Tuesday, March 15, 4:00-6:00 pm
 Wednesday, March 16, 4:00-6:00 pm

A completed rehearsal and show schedule and all other class requirements will be distributed in class. All students enrolled in the class will be expected to attend all special rehearsals.

Age:	1st - 4th grades		
Dates:	January 4 - March 8 (10 weeks)		
Instructor:	Julie Price		
Location:	Community Center, Room 2A		
Min/Max:	10/25		
Prog #	Day	Time	Fee
2700-4	Tue	4:00-5:00 pm	\$65 R/\$98 NR
2701-4	Tue	5:00-6:00 pm	\$65 R/\$98 NR

Juggling **NEW!**

Juggling is a fun and challenging activity for all ages. Learning to juggle can improve hand-eye coordination, reflexes, rhythm, balance, and self-confidence. In this beginner's course, we will learn 3 ball juggling including plenty of tricks (cascades, columns, showers, and more), flourishes, and possibly passing. Students should dress in loose, comfortable clothing. Classes will encourage students to unleash their inner performer and most importantly, have fun while learning a new skill.



Age:	7 years & over		
Dates:	January 15 - March 5 (8 weeks)		
Instructor:	Dan Tieken		
Location:	Community Center, Room 2C		
Min/Max:	10/24		
Prog #	Day	Time	Fee
2707-4	Sat	1:30-2:30 pm	\$40 R/\$60 NR



Class Act

A youth theater program where young and aspiring actors will work on developing their craft. In each class we will focus on acting, singing, movement, theater games, and scene study from the musical, **"There's a Monster in My Closet."** All of the work done in class will culminate in a final presentation complete with costumes, sets, and lights at Cutting Hall. **"There's a Monster in My Closet"** — Is an eclectic and fun musical romp where fantasy and reality collide. Emily's having a sleepover when the girls discover there's a monster in her closet. To investigate further (despite the incessant teasing of her big brother and his friends), the girls come up with a plan to capture the monster. What they don't know is that Murray, the closet monster, doesn't mean any harm. He only wants to play Emily's new video game. Murray is on probation since his boss, the Dream King, heard about his goofing off on the job. After all, every monster knows that when a child is born, a monster is assigned to watch over her — not play with her things. There are many entertaining characters and monsters in this fun musical. Find out how friendship, ingenuity, and a sprinkling of magic lead to a delightful solution to Emily's monster problem.

Students will be asked to help provide simple props and costumes for the production. Our final presentation will be at Cutting Hall on Saturday, March 19.

There will be several special rehearsals at Cutting Hall:

Monday, March 14, 4:00-8:00 pm
 Tuesday, March 15, 6:00-8:00 pm
 Wednesday, March 16, 6:00-8:00 pm
 Thursday, March 17, 4:00-6:30 pm
 Friday, March 18, 4:00-8:00 pm

A completed rehearsal and show schedule and all other class requirements will be distributed in class. All students enrolled in the class will be expected to attend all special rehearsals.

Age:	5th - 8th grades		
Dates:	January 6 - March 10 (10 weeks)		
Instructor:	Julie Price		
Location:	Community Center, Room 1B		
Min/Max:	10/30		
Prog #	Day	Time	Fee
2703-4	Thur	5:00-7:00 pm	\$150 R/\$225 NR

Palatine Children's Chorus

This is a program for children of all ages who love to sing! The Palatine Children's Chorus began its 24th season this past September. Our singers from throughout the northwest suburbs enjoy a variety of musical experiences in the Sing with Me (ages 4-5), Do Re Mi (ages 6-7), Treble (8+), Intermezzo, Concert, and Honors Chorus. The Chorus safely nurtures children's voices, introduces all age groups to a variety of music, and offers each level appropriate music instruction. Our traveling choirs have performed at New York's famed Carnegie Hall (1999), in Niagara Falls, Montreal, and Quebec in Canada (1997 and 2003), throughout Great Britain (2001), in Hawaii (2005), in Austria and Venice (2007), in San Francisco (2008), and in the renowned Ryman Auditorium in Nashville (2010). They have also performed for the Chicago Cubs, Chicago White Sox, Joffrey Ballet, at Lincoln Park Zoo, and at the Illinois State Fair as well as at many local Palatine-area venues. Spring concerts will be held on May 4 and May 7 at Cutting Hall.

Visit the chorus website: www.thepcc.org.

Audition Now for Winter/Spring 2011

Any parent whose child will be at least 8 by January 10 and is interested in joining the Chorus's winter/spring session should call Carol Lange, 847-705-5123 x237 for a time to meet the staff. These "auditions" will be held on Thursday, January 6, 5:00-7:00 pm and Wednesday, January 12, 4:30-5:30 pm, in room 1B at the Community Center. All children who attend that night will be placed in the Treble or Intermezzo Chorus with the potential of advancing to Concert and Honors Chorus. The Choruses rehearse on Monday and Wednesday afternoons/evenings starting January 10.

Dates: Thursday, January 6 & Wednesday, January 12
Time: Call 847-705-5123 x237 for an appointment
Location: Community Center, Room 1B
Fee: The audition is FREE

Artistic Director: Sue Falbo
 Assistant Director/Do Re Mi & Treble Director: Rachel Rosellini
 Sing With Me Director: Kathy Sbarboro

All Choruses

Age: 8 - 18 years
Dates: Week of January 10 - May 7
Each choir has special rehearsal dates. Spring concerts 5/4 & 5/7

If District 15 is closed due to inclement weather on a rehearsal day, PCC will not rehearse.

Location: Community Center, Room 1B

Treble Choir

Day	Time	Fee*	Min/Max
Wed	5:45-6:45 pm	\$130 R/\$145 NR	15/50
<i>no rehearsal 3/23; extra rehearsals 4/26, 5/3 plus one TBA with older choirs</i>			
Prog #: 2670-4 *Plus \$15 refundable music deposit			

Intermezzo Choir

Day	Time	Fee*	Min/Max
Mon	4:45-6:30 pm	\$155 R/\$170 NR	15/50
<i>no rehearsal 3/21; extra rehearsals 4/27, 5/2, 5/5, others as needed TBA</i>			
Prog #: 2671-4 *Plus \$15 refundable music deposit			

Concert Choir

Day	Time	Fee*	Min/Max
Mon	5:45-8:00 pm	\$165 R/\$180 NR	15/70
<i>no rehearsal 3/21; extra rehearsals 2/2, 3/2, 4/6, 4/27, 5/2, 5/3</i>			
Prog #: 2672-4 *Plus \$15 refundable music deposit			

Honors Choir

Day	Time	Fee*	Min/Max
Mon	5:45-9:15 pm	\$175 R/\$190 NR	8/36
<i>no rehearsal 3/21; extra rehearsals 2/2, 3/2, 4/6, 4/27, 5/2, 5/5</i>			
Prog #: 2673-4 *Plus \$15 refundable music deposit			

Do Re Mi Choir

Children who are 6 and 7 years old, this is a music class just for you! Enjoy a musical adventure involving games, movement, rhythm instruments, and, of course, singing. The Do Re Mi Choir exposes children to early music education through an exciting, hands-on journey into the world of music and will prepare them to grow musically into the Palatine Children's Chorus Treble Choir. The Do Re Mi, Treble, and Honors Choruses will perform for family and friends on Wednesday, May 4, at Cutting Hall.

Age: 6 - 7 years
Dates: January 12 - May 4 (15 weeks)
no rehearsal 3/23; special rehearsals 4/26 & 5/3; Spring concert 5/4

Instructor: Rachel Rosellini
Location: Community Center, Room 1C
Min/Max: 15/30

Prog #	Day	Time	Fee
2600-4	Wed	4:45-5:30 pm	\$85 R/\$100 NR

Allegro Adult Choir

Do you sing in the shower? In the car with the windows rolled up? If you love to sing, enjoy singing with a group, or have never sung with a group before but would like to try it, we invite you join us! The Allegro Choir welcomes a mixture of experienced and inexperienced singers and sings a wide variety of music. There are solo and small group opportunities to encourage your musical growth.

Age: Adult/Senior
Dates: January 19 - May 4 (15 weeks)
no rehearsal 3/23; extra rehearsal 5/3; Spring concert 5/6

Director: Brent Boyens
Location: Community Center, Room 1B
Min/Max: 40/60

Prog #	Day	Time	Fee*
2601-4	Wed	7:30-9:30 pm	\$75 R/\$90 NR

*There will be an additional fee charged if you wish to keep your music.



Beginning Guitar 1

This class provides high quality instruction in a friendly format that stresses having fun as well as learning. Beginning students will learn the basic chords, sight reading, and songs. Bring your own acoustic or electric guitar.

Age:	7 - 12 years		
Dates:	January 13 - March 3 (8 weeks)		
Instructor:	JB Bartlett		
Location:	Community Center, Room 1C		
Min/Max:	4/12		
Prog #	Day	Time	Fee
2605-4	Thur	4:00-5:00 pm	\$128 R/\$192 NR

Hal Leonard Guitar Method Book 1 Second Edition with CD is required for Beginning Guitar 1 & 2. You can find this book at The Music Room, 26 N. Brockway in Palatine, 847-934-5440, www.the-music-room.net.

Beginning Guitar 2

Students continue on with what they learned in Beginning Guitar 1. Students will learn more advanced sight reading, new chords and new songs, and play duets with other students as they continue to learn how to master the guitar in a friendly, fun-filled format that emphasizes both fun and music appreciation. Bring your own acoustic or electric guitar.

Age:	7 - 12 years		
Dates:	January 13 - March 3 (8 weeks)		
Instructor:	JB Bartlett		
Location:	Community Center, Room 1C		
Min/Max:	4/12		
Prog #	Day	Time	Fee
2606-4	Thur	5:00-6:00 pm	\$128 R/\$192 NR

Hal Leonard Guitar Method Book 1 Second Edition with CD is required for Beginning Guitar 1 & 2. You can find this book at The Music Room, 26 N. Brockway in Palatine, 847-934-5440, www.the-music-room.net.

Instant Guitar for Hopelessly Busy Adults & Teens

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar.

Age:	13 years & over		
Date:	February 28		
Instructor:	Mark Jacus		
Location:	Community Center, Room 1C		
Min/Max:	6/15		
Prog #	Day	Time	Fee*
2607-4	Mon	6:30-9:00 pm	\$20 R/\$30 NR

*Please bring \$29 for workbook and practice DVD.

HISTORICAL SOCIETY



The George S. Clayson House Museum and Library is open Tuesdays and Thursdays from 9:00 am to 4:00 pm and Sundays from 1:30 to 4:30 pm. For tour and educational program information call the Museum at 847-991-6460 or the Palatine Park District at 847-991-0333. If you are interested in volunteering, call Marilyn Pedersen, Museum Coordinator.



Christmas Open House

Sunday, December 5
1:00 - 4:00 pm

Enjoy the sights and sounds of a Victorian Christmas. Refreshments will be served.

Exhibit runs thru January 2, 2011



DAZE OFF

Enjoy your day off school with us!

Monday, January 17 • 10:30 am

Sideswipe

Extreme Martial Arts Entertainment

Sideswipe Performance Team is the hottest martial arts based performance team in the world. Combining martial arts, dance, and gravity-defying acrobatics, Sideswipe has taken the world of entertainment by storm.

Check out their video at www.class-act.com/sideswipe.

THEATERWORKS

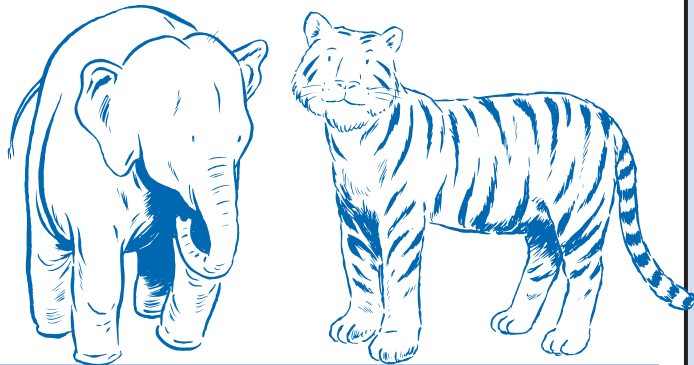
Spend your Saturday morning with us!

Saturday, February 19 • 10:30 am

Jungle Book

American Eagle Productions

Jungle Book is a collection of stories that relate the experiences of a human child, Mowgli, who is adopted and raised by wolves in an Indian jungle. As he grows up, he learns the ways of the jungle and the different personalities of the animals. Join Mowgli as he is accepted as a "wolf" by the other animals. This production explores the jungle through percussion and dance in an exciting new musical adaptation.



Daze Off and Theaterworks performances are presented at Cutting Hall, 150 E. Wood Street. All shows are approximately 45-60 minutes in length. Tickets are \$5, \$4 for groups of 20 or more. Call 847-202-5222 or online at www.palatineparcs.org/boxoffice.html to purchase tickets or for more information.

Palatine Park District Presents



The 19th Annual Christmas Ship Concert with Lee Murdock and The Blue Water Band

Saturday, November 27 • 8:00 pm

At the turn of the century in Chicago, Christmas trees came by way of the "Rouse Simmons", a three-masted schooner, which would dock at the Clark Street Bridge. Chicagoans made it an annual tradition to purchase their Christmas trees fresh at the dock, for about 75 cents. Although the "Rouse Simmons" was lost in a fierce Lake Michigan storm in 1913, the Captain's wife continued this Chicago tradition for 22 years thereafter. Folk singer and songwriter Lee Murdock recreates this tradition with this delightful holiday performance, which will include storytelling and music of the Great Lakes regions.

Tickets \$20 adults; \$15 children and seniors

Ballet Folklorico Mexico

Sunday, January 30 • 2:00 pm

Spectacular dances and brilliant, breathtaking costumes highlight this professional touring dance company. Dynamic dances, lavish colorful costumes adorned with beads, suede, headdresses of pheasant tails (some of which are over 6 feet long!) highlight the enactment of ancient rituals.

Fascinating folklore from regions of Vera Cruz to Tamaulipas, including traditions of the Aztecs are exhibited and explained through exciting dances and thunderous music.

Tickets \$15 adults; \$13 children and seniors

These performances are presented at Cutting Hall, 150 E. Wood Street.

For tickets call 847-202-5222 or online at www.palatineparcs.org/boxoffice.html.

Gift Certificates Available!

See page 6 for details!

Palatine Concert Band

The Palatine Concert Band is supported by the Palatine Park District, local agencies, and private donations. Membership is open to adults proficient at playing an instrument. Rehearsals are on Tuesday evenings from 8:00 to 10:00 pm at the Community Center. For more information call 847-359-2474.

All concerts are held at Cutting Hall, 150 E. Wood Street. Tickets are \$8 for adults, \$5 for seniors and students and will be available at the door. Please visit palconband.org for ticket information.



Concerts

Friday, December 10
Cutting Hall • 7:00 pm

Sunday, March 13
Cutting Hall • 7:30 pm

Cutting Hall Volunteer Program

Our volunteers add to the success of our performing arts events. You can help by assisting in distribution of promotional materials, ushering, or performing other front-of-house duties at Cutting Hall. For information on becoming involved call Carol Lange at 847-705-5123 x237.

Join our Email List at
www.palatineparks.org

Get updates on registration dates, events, special programs, and more!

Blue Whiskey Independent Film Series

312-278-3771 • www.bwiff.com



The Blue Whiskey Independent Film Series is a new and exciting program at Cutting Hall sponsored by CNGM Pictures. The series focuses on seeking out professional independent films that utilize creative storytelling without large studio support. Before each screening, beverages will be available in the lobby and are included in the patron's ticket price. Popcorn and other snacks will also be available for purchase to complete your movie-going experience.

THE VICIOUS KIND

An Official Selection for the 2009 Sundance Film Festival. Starring: Adam Scott, Brittany Snow, and J.K. Simmons.

December 29

7:30 pm

PRIMER

An Official Selection for the 2004 Sundance Film Festival. Starring: Shane Carruth and David Sullivan.

January 19

7:30 pm

AWAY WE GO

Starring: John Krasinski, Maya Rudolph, Catherine O'Hara, Jeff Daniels, and Maggie Gyllenhaal.

February 16

7:30 pm

MAJOR LEAGUE

Starring: Tom Berenger, Charlie Sheen, Wesley Snipes, Dennis Haysbert, and Rene Russo.

March 9

7:30 pm

This is not a Palatine Park District program.



CUTTING HALL

Palatine Park District's Performing Arts Center

BOX OFFICE

Box Office Services and Online Ticket Purchasing

847-202-5222

www.palatineparks.org/boxoffice.html

Box office hours are Wednesday through Saturday, 2:00 - 6:00 pm as well as one hour before each performance start time.





COMMUNITY THEATER

Cutting Hall is fortunate to be home to many outstanding theater companies. All groups welcome performers, designers, and technicians who wish to volunteer their artistic skills. For more information on becoming involved, call the numbers listed for each theater company, or visit their website. Call the Cutting Hall Hotline for information on upcoming events at 847-705-5123 x411.

FOR TICKETS CALL THE CUTTING HALL BOX OFFICE at 847-202-5222, or order online at www.palatineparks.org.

TesserAct Theatre Ensemble

847-847-6706 • tesseracttheatre@yahoo.com

THE CHRISTMAS SCHOONER

This critically acclaimed holiday treat tells the true story of a Michigan shipping captain who braves the deadly winter weather to bring Christmas trees to homesick German American families in turn-of-the-century Chicago. His voyages become a yearly tradition despite his wife's misgivings-until a fateful voyage makes her realize the true importance of his mission.

November 19, 20, 26	7:30 pm
November 20, 21, 27, 28	3:00 pm

Music on Stage

847-289-4419 • www.musiconstage.org

WEST SIDE STORY

The world's greatest love story takes to the streets in this landmark Broadway musical that is one of the theatre's finest accomplishments. Shakespeare's *Romeo and Juliet* is transported to modern-day New York City, as two young idealistic lovers find themselves caught between warring street gangs, the "American" Jets and the Puerto Rican Sharks. Their struggle to survive in a world of hate, violence and prejudice is one of the most innovative, heart-wrenching and relevant musical dramas of our time.

January 14, 15, 21, 22, 28, 29	8:00 pm
January 16, 23	3:00 pm

Theatre Nebula

847-359-9378 • www.theatrenebula.org

THE LIFE & ADVENTURES OF SANTA CLAUS

Where did Santa Claus come from? There are many stories that tell of his life, but the delightful version relayed in this new adaptation is by far the most charming and original of all. Only L. Frank Baum, the man who created the wonderful land of Oz, could have told Santa's tale in such rich and imaginative detail. From his humble beginnings in an enchanted forest of mythical creatures to his toy deliveries to all the world's children, this production is a must see for all ages. Adults will love the beautiful, lyric language and stylized costumes and choreography. Kid's will love the fun characters, story, and of course Santa!

PICK YOUR OWN DATE AND TIME! If you have a group that would like to come see this show, send an e-mail to groupsales@theatrenebula.org with the date and time you would like the show to be presented for your group, any date from December 2 through December 23. If the space is available, we will add a show for your group and then open that show up for public sales, if any seats remain. Current shows open for sale are listed below. More show dates and times may become available. Check the Box Office web page for updates at: <https://www.ticketturtle.com/index.php?ticketing=ppdbo#NEBSANTA>.

December 9	9:45 am
December 17	7:00 pm
December 18	10:30 am, 2:30 pm, 7:00 pm

LZP Productions

847-540-5932 • lzpproductions@aol.com

HIGH SPIRITS

Writer Charles Condomine hosts a séance conducted by medium Madame Arcati in the hope that he'll learn her tricks so he can use the information in his new novel. His assumption that she is a fake is proven wrong when she falls into a trance and unwittingly conjures the spirit of his late wife Elvira, although he alone can see her. His present wife Ruth believes that Charles is joking until Elvira moves into the Condomine household and proves her presence by performing poltergeist-type pranks. Elvira's plan to kill Charles so he can join her in the beyond backfires when she accidentally disposes of Ruth instead, and before long the two female apparitions are disrupting their former husband's life with their constant nagging and bickering.

February 12, 19, 25, 26	8:00 pm
February 13, 20, 27	3:00 pm

This is not a Palatine Park District program.



2195 N. Hicks Road • Palatine, IL 60074
847-202-5111 • Fax 847-963-2221

The Falcon Park Recreation Center is a 49,000 square foot facility that includes an indoor turf field, gymnasium (2 basketball/3 volleyball courts), a walking track on the mezzanine over the gymnasium, program/meeting room, and a conference room along with offices.

Open Daily
7:00 am - 10:00 pm

A current Palatine Park District ID must be shown to front desk staff to utilize the facility.

To obtain a PPD ID you must have a current driver's license with current address. For a full list of acceptable proof of residency contact the park district.

DAILY UPDATES

For daily updates on open gym, open turf, and indoor track hours please call the following or visit www.palatineparks.org/falconpengym.html.

847-963-1103 x23

Falcon Park Recreation Center
 Open Gym
 Para Español marca 123

847-963-1103 x24

Falcon Park Recreation Center
 Open Turf
 Para Español marca 124

Group rentals available when no programs are scheduled, call Kelli at 847-202-5111 x304 or Louis at x306.

DROP-IN PROGRAMS

Lunch Bunch

Basketball - Gym: Monday - Friday, 12:00-1:30 pm

Soccer - Turf: Monday, Wednesday, Friday, 12:00-1:30 pm; Tuesday, Thursday, 11:30 am-1:00 pm

Session: January 3 - June 3 (no lunch bunch 5/30)

Prog #: 5225

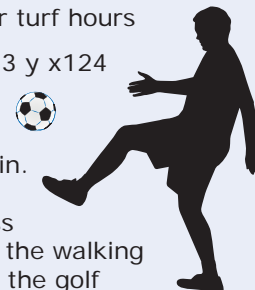
PPD Resident \$15; Palatine business employee \$15 (must show employee ID when registering); Non-resident \$20; or \$2 daily drop-in.

Open Gym/Turf (age specific to sport)

Hours vary weekly, check for updates at 847-963-1103 x23 for gym hours, x24 for turf hours

Para Español 847-963-1103 x123 y x124

Current PPD Resident ID, PPD non-resident ID, or a \$5 daily drop-in fee is required at check in.



PPD Resident ID \$10 annual pass applies to "Open Gym/Turf" and the walking track. Also includes discounts at the golf course, pools, and recreational volleyball.

Recreational Volleyball (18 years & over)

Sundays, 4:30-8:00 pm

Resident with current PPD ID \$5 daily fee at check in; Resident without current PPD ID or Non-resident \$7 daily fee at check in.

Walking/Running Track

(children 12 & under must be accompanied and supervised by an adult)

Daily, 7:00 am - 10:00 pm

Must have a current PPD ID at check in (no fee for resident or Palatine business employee); Non-resident \$5 annual fee (\$10 beginning 1/1/11).

Stroller Time on The Track

Participants are able to bring their stroller during these times only:

Monday, Wednesday, Friday 10:00 am - 12:00 pm

Birthday Party Packages

Children's birthday party packages also include turf and gym parties. Packages include an activity, an instructor for the first hour, and cleanup. All parties last 2 hours. For more information, call Louis DeAvila at 847-202-5111 x306.

RENTALS

All fees are hourly rates unless noted.

Meeting/Banquet Room

	<u>PPD Resident</u>	<u>Non-Resident</u>
<u>Weekday Rate</u>		
Full Room (seating for 120)	\$55	\$75
Half Room	\$30	\$40
<u>Weekend Rate - Friday after 3 pm, Saturday, Sunday</u>		
Full Room (seating for 120)	\$75	\$95
Half Room	\$50	\$60

- AV/Presentation set-up \$35 flat fee
- Kitchen \$30 flat fee

Conference Room

	<u>PPD Resident</u>	<u>Non-Resident</u>
Seating for 10	\$10	\$20

Multi Purpose Room (seating for 30)

	<u>PPD Resident</u>	<u>Non-Resident</u>
<u>Weekday Rate</u>		
	\$15	\$25
<u>Weekend Rate - Friday after 3 pm, Saturday, Sunday</u>		
	\$25	\$35

Available Amenities

- Wireless sound system
- Banquet tables/chairs and head tables
- AV Presentation stations
- Podium
- TV/CD/DVD player/projection screens
- Coat racks
- Kitchen with ice machine, refrigerator, freezer, microwave, coffee maker
- Wireless internet service

Rental Information

- Rental request forms/rules are available online at www.palatineparks.org/rentals.html.
- Renter signing contract must be at least 21 years of age and present during entire contracted time. An adequate adult chaperone ratio may be required for youth rentals.
- Reservations may be taken up to 18 months in advance. Full payment must be made ten days prior to rental or rental will be cancelled.
- A Security/Damage deposit of 50% (not less than \$150, not more than \$550) is due upon receipt of your application.
- Proof of Insurance may be required with the Palatine Park District named as additional insured.
- Renters for Meeting/Banquet Room requests when alcohol is served must be 25 years of age or older.

For information on rentals call Kelli Hedding at 847-202-5111 x304 or email khedding@palatineparks.org.

OCTOBER 2010 - APRIL 2011

Turf Field

	<u>PPD Resident</u>	<u>Non-Resident</u>
90' x 180' field	\$165	\$210
90' x 90' field	\$85	\$105

Non-Prime Time (Monday-Friday, 7 am-3 pm)

90' x 180' field	\$85	\$105
90' x 90' field	\$50	\$60

Batting Cage (two cages with softball or baseball pitching machines)

	<u>PPD Resident</u>	<u>Non-Resident</u>
Per cage for 55 minutes	\$35	\$45
Per cage for 30 minutes	\$18	\$23

Gymnasium

(one 84' x 50' basketball court, three USAV 30' x 60' volleyball courts, two 74' x 50' basketball courts)

	<u>PPD Resident</u>	<u>Non-Resident</u>
Full Gym	\$135	\$165
Half Gym	\$85	\$105

Non-Prime Time (Monday-Friday, 7 am-3 pm)

Full Gym	\$90	\$115
Half Gym	\$55	\$70

Concessions area rental in lobby (Turf Field, Gymnasium) \$75 flat fee plus deposit

MAY - SEPTEMBER 2011

Turf Field

	<u>PPD Resident</u>	<u>Non-Resident</u>
90' x 180' field	\$132	\$165
90' x 90' field	\$68	\$85

Non-Prime Time (Monday-Friday, 7 am-3 pm)

90' x 180' field	\$68	\$85
90' x 90' field	\$40	\$50

Batting Cage (two cages with softball or baseball pitching machines)

	<u>PPD Resident</u>	<u>Non-Resident</u>
Per cage for 55 minutes	\$28	\$35
Per cage for 30 minutes	\$14	\$18

Gymnasium

(one 84' x 50' basketball court, three USAV 30' x 60' volleyball courts, two 74' x 50' basketball courts)

	<u>PPD Resident</u>	<u>Non-Resident</u>
Full Gym	\$108	\$135
Half Gym	\$68	\$85

Non-Prime Time (Monday-Friday, 7 am-3 pm)

Full Gym	\$72	\$90
Half Gym	\$44	\$55

Rental rates are determined by date of rental, not the reservation date.



Our safety-oriented program focuses on all areas of horsemanship and our variety of well trained school horses can accommodate all levels of riding. Lessons are offered from introductory through the advanced hunter-jumper levels.

Hours

Monday through Thursday, 9:00 am - 9:00 pm,
Saturday and Sunday, 9:00 am - 6:00 pm, CLOSED
Friday.

Registration

Use the program registration form in this catalog or pick up a form at the Community Center, 250 E. Wood Street, Birchwood Recreation Center, 435 W. Illinois Avenue, Falcon Park Recreation Center, 2195 N. Hicks Road, Palatine Stables, 1510 W. Northwest Highway, or online at www.palatineparks.org. **RETURN THE COMPLETED REGISTRATION FORM AND PAYMENT DIRECTLY TO THE PALATINE STABLES.**

The Stables does not participate in the registration lottery. Registration is on a first come/first served basis.

Any registration for classes beyond beginner must be authorized by Stables' staff.

To schedule an evaluation, or for information, please call the Palatine Stables at 847-359-0009. There is a \$40 resident fee for evaluation lessons (\$42 for non-residents).

Group Lessons

For riders with some experience, Palatine Stables will be offering 30 different group lessons this winter for riders of all abilities, from beginners to advanced jumpers. Call the Stables for a current schedule of fees and classes at 847-359-0009.

Private Lessons

Private lessons are available for riders ages 5 and older. Schedule your private lesson by calling 847-359-0009. Fee for a 1/2 hour private lesson is \$40 for residents and \$42 for non-residents.

Warning: Under the Equine Activity Liability Act, each participant who engages in an Equine Activity expressly assumes the risks of engaging in and legal responsibility for injury, loss, or damage to person or property resulting from the risk of Equine Activities.
(Senate Bill 240-IL).



Introduction To Horsemanship

This class is required for all new students. It covers basic horsemanship skills including safety, grooming, tacking, and basic riding skills, thus building a foundation for our continuing riding program. Three lessons are non-riding. Students will learn to enter a horse's stall and lead the horse from its stall to the arena. They will also learn to tighten the girth, adjust their stirrups, techniques to properly mount a horse, the proper dismounting procedures, and returning the horse to its stall. As students become proficient with these skills actual riding time will increase accordingly.

Students and parents should also be aware that due to the nature of the horse, behaviors such as spooking, biting, kicking, bucking, and playing will occur. "How to" deal with these situations as a rider are an integral part of horsemanship and will be addressed in lessons.

There are still openings for some of these classes, call the Stables for availability.

Fall Session II

Dates: November 15 - January 10 (9 weeks)
Make-up 1/17

Age: 8 - 15 years

Day	Time	Fee
Mon	4:30 - 5:30 pm	\$306 R/\$324 NR

Dates: November 16 - January 11 (9 weeks)
Make-up 1/18

Age: 15 years & over

Day	Time	Fee
Tue	7:00 - 8:00 pm	\$306 R/\$324 NR

Dates: November 18 - January 13 (8 weeks)
no lesson 11/25; Make-up 1/20

Age: 8 - 15 years

Day	Time	Fee
Thur	6:00 - 7:00 pm	\$272 R/\$288 NR

Dates: November 20 - January 15 (7 weeks)
no lesson 12/25, 1/1; Make-up 1/22

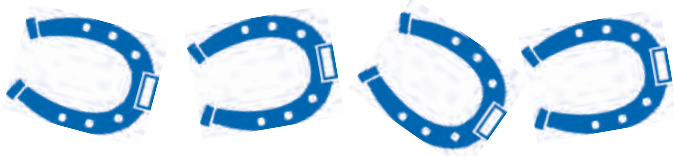
Age: 8 - 15 years

Day	Time	Fee
Sat	3:30 - 4:30 pm	\$238 R/\$252 NR

Dates: November 14 - January 9 (9 weeks)
Make-up 1/16

Age: 8 - 15 years

Day	Time	Fee
Sun	2:30 - 3:30 pm	\$306 R/\$324 NR



Winter Session

Dates: January 24 - March 14 (8 weeks)
Make-up 3/21
Age: 8 - 15 years
Day Time Fee
 Mon 5:30 - 6:30 pm \$272 R/\$288 NR

Dates: January 25 - March 15 (8 weeks)
Make-up 3/22
Age: 8 - 15 years
Day Time Fee
 Tue 5:30 - 6:30 pm \$272 R/\$288 NR

Dates: January 27 - March 17 (8 weeks)
Make-up 3/24
Age: 8 - 15 years
Day Time Fee
 Thur 4:30 - 5:30 pm \$272 R/\$288 NR

Dates: January 29 - March 19 (8 weeks)
Make-up 3/26
Age: 8 - 15 years
Day Time Fee
 Sat 10:30 - 11:30 am \$272 R/\$288 NR

Age: 15 years & over
Day Time Fee
 Sat 4:30 - 5:30 pm \$272 R/\$288 NR



Pony Parties



Plan a party, playday, or make your child's birthday a day to remember with a PONY PARTY! Parties may consist of 4 to 12 children with adult supervision required. Our helpful staff member is on hand to assist with your party that includes pony rides, pony "prettying" playtime, and an area for post pony partying. You provide the food, beverages, paper goods, and guests. All parties are subject to availability. To book a party please call the Stables at 847-359-0009.

For children under 4'6" and ages 1 to 10 years old. Parent or adult supervision required.

Cost for Basic Party:
 Party of 8 maximum \$160 R/\$200 NR
 Party of 12 maximum \$240 R/\$300 NR

We also offer optional add-ons to your party for an additional fee; including crafts, goodie bags, an autograph horse, or a pinata. Be sure to ask about them when you call to book your party.



Days: Saturday & Sunday
Hours: 12:30 - 2:30 pm and 3:00 - 5:00 pm

Pony Rides

Bring your youngsters to our pony barn where a parent or adult can lead their child on a pony down our pony path for \$7 per ride or rent a pony for one 1/2 hour for \$15. Bring your camera. For children under 4'6" and ages 1 to 10 years old. Parent or adult supervision required. Indoor Arena will be used for pony rides during inclement weather.

Days: Saturday & Sunday
Hours: 9:30 am - 12:30 pm

Birthday Party Packages

Palatine Park District parties feature creative staff, terrific ideas, and a great setting to make your child's birthday memorable. Each party package includes a two-hour facility rental, themed activities, activity materials, and an instructor for the first hour. You supply the food, beverages, paper goods, and guests — we will supply the fun!



For more information and descriptions of the parties, visit our website at www.palatineparks.org. For parties at Community or Birchwood call Lisa at 847-705-5123 x229 or email lguthrie@palatineparks.org.

Community/Birchwood Birthday Party Packages

Birthday Party Themes	Ages	Fee	Location	Max*	Prog #
Choreographed Dance Party	6-13	\$115 R/\$172 NR	Community Center	20	6452
Craft Party	5-8	\$120 R/\$180 NR	Community Center	12	6451
	8-13	\$140 R/\$210 NR	Community Center	18	6453
Dance Party	5 & over	\$115 R/\$173 NR	Community Center	20	6450
Games & More	4-5	\$120 R/\$180 NR	Birchwood	20	6458
Little Chef	4-10	\$115 R/\$173 NR	Community Center	12	6461
Magic Party	4 & over	\$200 R/\$300 NR	Community Center	35	6456
Play Acting	4 & over	\$105 R/\$158 NR	Community Center	15	6454
Science	4-12	\$120 R/\$180 NR	Community Center	12	6455
Sports Party	6-13	\$120 R/\$180 NR	Birchwood	25	6459
Toddler Gym	walking-4	\$115 R/\$173 NR	Community Center	15	6457

Falcon Park Birthday Party Packages

For parties at Falcon Park call Louis at 847-202-5111 x306 or email Ideavila@palatineparks.org.

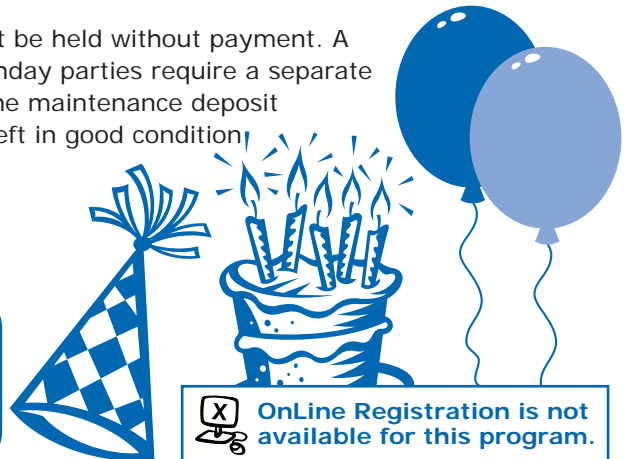
Birthday Party Themes	Ages	Fee	Location	Max*	Prog #
Turf Sports Party	6-13	\$120 R/\$180 NR	Falcon Park	25	6460
Dance Party	5 & over	\$115 R/\$173 NR	Falcon Park	12	6462
Sports Party	6-13	\$120 R/\$180 NR	Falcon Park	20	6463
Magic Party	4 & over	\$200 R/\$300 NR	Falcon Park	20	6464
Games & More	4-5	\$120 R/\$180 NR	Falcon Park	12	6465

Full payment is due at time of reservation and the date will not be held without payment. A 10% service charge will be applied to any cancellation. All birthday parties require a separate \$100 maintenance deposit when reserving a party package. The maintenance deposit will be refunded after the party (provided the room has been left in good condition and program rules were followed).

*If you exceed the maximum number of children, your \$100 maintenance will be cashed. No exceptions.

Pony Parties

Plan a party, playday, or make your child's birthday a day to remember with a PONY PARTY! See page 37 for details.



 OnLine Registration is not available for this program.

Keeping Kids Safe - Abduction Awareness



The Palatine Police Department will be conducting this program, which will provide a comprehensive look at keeping your child safe in the community. A hands-on approach to identifying strange behavior and how to report suspicious incidents will be discussed. To receive the most from this program, parental attendance is required.

Age: 9 years & over (with parent)
Date: March 15
Instructor: Palatine Police Department
Location: Community Center, Room 1F
Min/Max: 16/34
Prog # **Day** **Time** **Fee**
 6350-4 Tue 7:00-8:30 pm \$5 per family

Please list all participants on the registration form.

Kids On Their Own



The Police Department is sponsoring a program to help you determine whether your children are ready to be on their own for a few hours. Some of the issues to be discussed with the parents will be determining the right age to be alone, police concerns, how the kids can check-in with the parents, and routines kids need to start forming. Presentations will be made by a Palatine police officer. For information, contact the Palatine Police Department, Crime Prevention Officer at 847-359-9061.

Age: 9 years & over (with parent)
Date: April 5
Instructor: Palatine Police Department
Location: Community Center, Room 1F & 1G
Min/Max: 16/34
Prog # **Day** **Time** **Fee**
 6351-4 Tue 7:00-8:30 pm \$5 per family

Please list all participants on the registration form.

How To Escape An Attack

Learn the following in this practical and informative class on how to escape an attack:

1. Phases of attack from the attacker's perspective.
2. Phases of attack from the victim's perspective.
3. Methods to stop an attack in any phase.
4. Techniques to influence your attacker to quit.
5. When physical defensive methods don't work.
6. Non-aggressive physical escape techniques to control an attacker.

*"Street Smarts" companion course will enhance the material taught in this course.

Age: 6 years & over
Instructor: Mike Stryzik
Location: Community Center, Room 2A
Min/Max: 6/40

Date: January 13
Prog # **Day** **Time** **Fee**
 4572-4 Thur 6:30-8:15 pm \$9 R/\$14 NR

Date: January 15
Prog # **Day** **Time** **Fee**
 4573-4 Sat 11:45 am-1:30 pm \$9 R/\$14 NR

"Street Smarts" - How To Avoid Being A Victim



This is a nationally recognized crime avoidance program that offers important and practical information to help you and your family identify and practice strategies for protecting yourself against crime. The video portion of the program uses two techniques to examine common tactics used by criminals: descriptive narrative of Chicago detective J.J. Bittenbinder and dramatic stories told by the victims of crimes. The instructor will further explore the options and guide the participants through role playing exercises to help develop the self protection skills and strategies.

Min/Max: 6/40

Date: January 12
Location: Community Center, Room 2A

Ages: First Adult or 5 - 13 years without registered adult

Prog # **Day** **Time** **Fee**
 4570-4 Wed 6:00-8:15 pm \$17 R/\$26 NR

Ages: Additional Adults
 14 - 18 years
 5 - 13 years with registered adult

Day **Time** **Fee**
 Wed 6:00-8:15 pm \$7 R/\$11 NR

Date: January 15
Location: Community Center, Room 2A

Ages: First Adult or 5 - 13 years without registered adult

Prog # **Day** **Time** **Fee**
 4571-4 Sat 9:00-11:15 am \$17 R/\$26 NR

Ages: Additional Adults
 14 - 18 years
 5 - 13 years with registered adult

Day **Time** **Fee**
 Sat 9:00-11:15 am \$7 R/\$11 NR

FREE TRAINING
Be Safe! Be Prepared!

Do you know how to turn off your utilities? How to check for shock? How to put out a small fire? The Palatine Emergency Management Agency wants its citizens to be prepared for any emergency including tornadoes, toxic spills, flu pandemics, etc. Enroll in our 20 hours of free instruction in disaster preparedness, terrorism, light search and rescue, psychology, fire safety, disaster medical operations, and organization of Emergency Management volunteer teams. This hands-on course will conclude with a mock disaster drill at the final class. Classes are held on a regular basis in the Emergency Operations Center, Village Hall, 200 E. Wood Street, Palatine. Space is limited, so contact us today. Call 847-359-9056, email tsmith@palatine.il.us or visit www.palatine-ema.org.

Babysitting Skills

This class includes everything you need to know to be a competent babysitter. Topics include babysitter etiquette and priorities, age appropriate and dangerous toys, activity ideas, infant care, and how to handle special problems. Representatives from the Palatine Police and Fire Departments will also discuss safety and emergency procedures. Bring a highlighter and pen to class. Each participant will receive a drawstring bag for all of their babysitting needs.

Age:	10 - 14 years		
Dates:	January 10 - February 21 (7 weeks)		
Instructor:	Jeanine Loizzi		
Location:	Community Center, Room 2A		
Min/Max:	8/15		
Prog #	Day	Time	Fee
6400-4	Mon	5:50-6:50 pm	\$55 R/\$83 NR
6401-4	Mon	7:00-8:00 pm	\$55 R/\$83 NR

Pom Skills Class

Learn the latest in dance steps, kicks and pom skills, and group movement. This class is designed to help learn techniques that are needed on a competitive pom team.

Age:	11 - 13 years		
Dates:	January 12 - February 23 (7 weeks)		
Instructor:	TBD		
Location:	Birchwood Exercise Room		
Min/Max:	8/15		
Prog #	Day	Time	Fee
6405-4	Wed	4:00-5:00 pm	\$40 R/\$60 NR

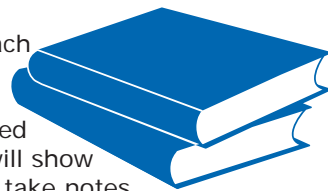
Glitzy Girls Glamour/Rock Divas Class **NEW!**

Calling all girls who love make-overs, hair styles, nails, crafts, jewelry, dancing, singing, and pure FUN! Glitzy Girls is hosting a pop star party just for you. Each girl will receive glitter make-overs, beaded hair braid extensions, nail polish application to dazzle. An awesome microphone headset is provided to take home and transforms the look to rock star. Each girl designs and decorates a way cool personalized CD case holder with stamps, glitter paints, and rockin embellishments. A crystal jewelry piece is also designed with a unique rock girl charm. Last part of class we give out fun props to sing and lead dances such as the Cha-Cha-Slide, Limbo, and Freeze dance.

Age:	5 - 11 years		
Date:	February 4		
Location:	Community Center, Room 1C		
Instructor:	Glitzy Girls Staff		
Min/Max:	5/7		
Prog #	Day	Time	Fee
6406-4	Fri	6:30-8:00 pm	\$40 R/\$60 NR



Study Skills - How to Prepare & Study for Tests **NEW!**



This class is designed to teach your child how to prepare ahead of time for tests and learn how to study. A certified teacher/reading specialist will show your child how to schedule, take notes, use chapters, worksheets, notes for study preparation, and learn test taking strategies. Your child will have the opportunity to be a better test taker.

Age:	11 - 18 years		
Dates:	January 13 - March 3 (6 weeks) <i>no class 2/17</i>		
Instructor:	Ann Sandler		
Location:	Community Center, Room 1G		
Min/Max:	3/10		
Prog #	Day	Time	Fee
6402-4	Thur	3:30-4:30 pm	\$60 R/\$90 NR

Improve Your Comprehension - Learn How to Think **NEW!**

Improve your comprehension by modeling and practicing various cognitive strategies with a certified teacher/reading specialist. Whether you are reading a novel, textbook, article, or even just sentences, questions, and directions, learn how to become an independent thinker and comprehend better in all of your classes.

Age:	10 - 15 years		
Dates:	January 13 - March 3 (7 weeks) <i>no class 2/17</i>		
Instructor:	Ann Sandler		
Location:	Community Center, Room 1G		
Min/Max:	4/10		
Prog #	Day	Time	Fee
6407-4	Thur	4:45-5:45 pm	\$60 R/\$90 NR

Magic Tricks

MAGIC CLASS! Children are guaranteed to have a great time as they learn fascinating tricks from a professional magician! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials will be provided. New tricks will be taught at each class.

Age:	5 - 12 years		
Instructor:	Magician, Gary Kantor		
Min/Max:	8/40		
Date:	January 26		
Location:	Community Center, Room 2C		
Prog #	Day	Time	Fee
6404-4	Wed	7:00-7:55 pm	\$20 R/\$30 NR



Date:	March 21		
Location:	Community Center, Room 2C		
Prog #	Day	Time	Fee
6403-4	Mon	5:30-6:25 pm	\$20 R/\$30 NR

Having trouble registering online?
Call 847-705-5123 x223.

REGISTER NOW! NOT PART OF THE LOTTERY.

Thanksgiving Break Culinary Camp NEW!

School's out - come join us in our culinary classroom while we cook up holiday recipes and treats sure to get you in the mood for the holidays. We will utilize some traditional recipes, plus go beyond the standard fare for some extra pizzazz. Apron and recipe book included.

Age: 9 - 13 years
Dates: November 22 - November 24 (3 days)
Instructor: Ann Kagan
Location: Whole Foods Market Palatine
 1331 N. Rand Road, Palatine
Min/Max: 5/10
Fee: \$78 per child
Prog # **Day** **Time**
 2400-4 M/T/W 10:30 am-12:00 pm

REGISTER NOW! NOT PART OF THE LOTTERY.

Home For The Holidays Culinary Camp NEW!

Start your vacation with some mixing and whipping in our winter cooking camp. Junior chefs get to cook in teams and learn some basic cooking skills while they create some wonderful winter holiday recipes. Aprons and recipe book included.

Age: 9 - 13 years
Dates: December 20 - December 22 (3 days)
Instructor: Ann Kagan
Location: Whole Foods Market Palatine
 1331 N. Rand Road, Palatine
Min/Max: 1/5
Prog # **Day** **Time** **Fee**
 2401-4 M/T/W 10:30 am-12:00 pm \$78 per child

Mom & Me Cooking Class NEW!

Here is a chance for your little chef to get some one-on-one time with mom (dads, grandparent, or caregiver also welcome) in our culinary center. We will make cookies and a food art craft. Only registered children in class please.

Age: 3 - 6 years with parent
Date: January 12
Instructor: Ann Kagan
Location: Whole Foods Market Palatine
 1331 N. Rand Road, Palatine
Min/Max: 6/10
Prog # **Day** **Time** **Fee**
 2402-4 Wed 10:30-11:30 am \$16 per child

Spring Break with Whole Foods Market NEW!

No school this week, but you can still come to our culinary classroom for some cooking basics. We will have 3 days of cooking. Each day will be dedicated to your 3 courses of a meal: appetizer, entree, and of course dessert! Aprons and cookbook included.

Age: 7 - 13 years
Dates: March 21, 23, 25 (3 days)
Instructor: Ann Kagan
Location: Whole Foods Market Palatine
 1331 N. Rand Road, Palatine
Min/Max: 6/10
Prog # **Day** **Time** **Fee**
 2403-4 M/W/F 10:00 am-12:00 pm \$80 per child



Culinary Throwdown with Whole Foods Market NEW!

If you're a fan of food television then come and experience cooking for real with our Whole Foods Market chefs. In this one day interactive class you'll learn cooking techniques while preparing three recipes from scratch. We may throw in a secret ingredient that you've never used. Sign up today so you can take home some good eats!

Age: 7 - 13 years
Date: January 17
Instructor: Ann Kagan
Location: Whole Foods Market Palatine
 1331 N. Rand Road, Palatine
Min/Max: 1/5
Prog # **Day** **Time** **Fee**
 2407-4 Mon 10:30 am-12:00 pm \$24 per child

REGISTER NOW! NOT PART OF THE LOTTERY.

Holiday Makeup Lesson

Just in time for the holiday parties! Add sparkle to your holiday glam look. Please bring the makeup and brushes you are currently using to class. Nancy will also bring her makeup brushes and a few handouts for you to keep.

Age: HS/Adult
Date: November 30
Instructor: Nancy Logue
Location: Community Center, Room 1F
Min: 1
Prog # **Day** **Time** **Fee**
 2404-3 Tue 5:00-6:00 pm \$45 R/\$68 NR
 2405-3 Tue 6:00-7:00 pm \$45 R/\$68 NR
 2406-3 Tue 7:00-8:00 pm \$45 R/\$68 NR



*** Sledding & Ice Skating**

Sledding is available at the Robert "Dutch" Schultz Recreation Area, 512 W. Northwest Highway and Margreth Riemer Reservoir, corner of Quentin Road and Wood Street.

Ice Skating is available at Community Park, 250 E. Wood Street.

Hours of Operation:
 Monday - Friday 4:00 - 10:00 pm
 Saturday 9:00 am - 10:00 pm
 Sunday 12:00 - 10:00 pm

For skating conditions call 847-705-5123 x354.





TRIPS

Spamalot Dinner & Theatre Package **NEW!**

Join us for a trip to Drury Lane Theatre to see the Tony Award winning musical Spamalot. The bus will depart from the Community Center at 2:00 pm and arrive at Drury Lane for 3:30 pm pre-show dinner. The performance Spamalot will begin at 5:00 pm and the bus will depart immediately following the performance.

Age:	All Ages (17 & under must be accompanied by an adult)		
Date:	February 19		
Location:	Drury Lane		
Min/Max:	20/50		
Prog #	Day	Time	Fee*
6700-4	Sat	2:30-8:30 pm	\$90 R/\$135 NR

*Fee includes transportation, dinner, and theatre ticket.

Fitness Myths **NEW!**

This informational session is designed to look at some of the popular fitness myths and covers such topics as:

- Stretching vs. a dynamic warm-up
- What are proper abdominal exercises
- Women and lifting
- Bulking up
- Spot reducing
- How stationary cardio equipment can cause low back pain
- "No pain, no gain"

Age:	14 years & over		
Date:	January 25		
Instructor:	Bill Phan & Chris Evon		
Location:	Community Center, Room 1F		
Min/Max:	8/30		
Prog #	Day	Time	Fee
1001-4	Tue	6:30-7:30 pm	\$20 R/\$30 NR

Nutrition & You **NEW!**

Don't set yourself up for failure by falling for the latest fad or miracle diet. You don't have to completely overhaul your life to start seeing positive results. Come and learn some key principles in setting up and maintaining a healthy diet and lifestyle.

Age:	14 years & over		
Date:	February 8		
Instructor:	Brian Cronin		
Location:	Community Center, Room 1F		
Min/Max:	5/25		
Prog #	Day	Time	Fee
1003-4	Tue	7:00-8:00 pm	\$10 R/\$15 NR

Alleviating Pain **NEW!**

Improving your posture is a critical step to help minimize those nagging aches and pains. This seminar will give you simple and practical tips and exercises to help you move easier with less pain.

- Learn how to evaluate your posture.
- Identify muscle weaknesses in your body and learn how to correct them.
- Take home five practical exercises you can use anywhere.
- Learn proper breathing for maximum energy and better health.

Age:	14 years & over		
Date:	February 23		
Instructor:	Bill Phan & Chris Evon		
Location:	Community Center, Room 1F		
Min/Max:	8/30		
Prog #	Day	Time	Fee
1002-4	Wed	11:00 am-12:00 pm	\$20 R/\$30 NR

Balance and Balance Recovery **NEW!**

Have you fallen or do you worry about taking a bad fall? Improving balance alone does not help prevent falls. Learn to specifically train your "Balance Recovery Reactions". By incorporating simple exercises into your daily routine, you can avoid the falls that can lead to serious injury and time away from the things you enjoy doing most.

Age:	14 years & over		
Date:	March 23		
Instructor:	Bill Phan & Chris Evon		
Location:	Community Center, Room 1F		
Min/Max:	8/30		
Prog #	Day	Time	Fee
1004-4	Wed	6:30-7:30 pm	\$20 R/\$30 NR



Join us for the 2nd Annual

WELLNESS FAIR

Thursday, January 20

4:00 - 8:00 pm

Community Center West Shelf

- Renew or sign-up for a Fitness Center pass
- Meet our Personal Trainers
- 5 minute massages
- Mini fitness assessments (Sign-up at the Fitness Center desk)
- Spinal and back evaluations
- Explore outdoor fitness options

PRIZES raffled throughout the night!
EVERYONE INVITED!

COMMUNITY FITNESS CENTER

250 E. Wood Street • Palatine, IL 60067
(located in the Community Center)
847-705-5123 x275

Fitness Center passes can be purchased at the Community Center, 250 E. Wood Street, Birchwood Recreation Center, 435 W. Illinois Avenue, or Falcon Park Recreation Center, 2195 N. Hicks Road during open registration hours.

A special registration form is required for Fitness Center passes. The Fitness Center registration form can be picked up at the Community Center, Birchwood Recreation Center, Falcon Park Recreation Center, or downloaded from our website at www.palatineparks.org/forms.html (Fitness Center Registration Form).

A Fitness Center pass or daily fee includes full access to the Fitness Center, open gym, and track.

Purchase by 12/31/10 to get the 2010 rates.

NEW RATES EFFECTIVE JANUARY 1, 2011

Rates	Resident 6 month	Resident Annual	Non-Resident 6 month
Student (14-24 years)	\$63	\$115	\$1,155
Individual (18-54 years)	\$71	\$131	\$1,312
Family (2 people)	\$121	\$231	\$2,310
Additional Family Member (after 2 paid participants)	\$40	\$68	\$682
Senior Individual (55 years+)	\$63	\$115	\$1,155
Senior Couple	\$110	\$210	\$2,100
Daily Fee			
Individual		\$6	\$15
Student/Senior		\$5	\$14

- Student rates apply to full-time students age 14-24 years with a current school ID.
- Family and Senior Couples must reside in the same household.
- Fitness Center pass includes full access to the Fitness Center, open gym, and reduced rates at Palatine Hills Golf Course.
- A daily fee includes full access to the Fitness Center and open gym.
- Fitness Center rules can be viewed at www.palatineparks.org/fitnesscenter.html.

Refund Policy

Refunds will be granted to pass-holders with a written medical excuse from a doctor. The pass will be prorated from the date of request.

Fitness Center Hours

Monday-Friday	6:00 am-10:00 pm
Saturday	7:00 am-5:00 pm
Sunday	7:00 am-3:00 pm

Visit our website www.palatineparks.org/fitnesscenter.html for holiday closing dates and times.

Treadmills • Ellipticals
Exercise Bikes • Weight Machines
Free Weights • Bosu Ball
Medicine Balls • Resistance Tubes
Body Balls

4 TVs with Cardio Vision



Winter Student Pass - \$15

For ages 14-24 years with valid student ID. Must be a resident to purchase.

Good December 6 through January 17.

Sign-up now through November 24 and receive a **FREE 7-day punch card**. Punch card is valid through December 5.

Pass can be purchased at the Community Center registration desk.

7 Day Guest Pass - \$30

Can be purchased at the Fitness Center desk. Must have a Fitness Center pass to purchase.

Personal Training

To request a personal trainer please complete a Personal Trainer Request Form at the Fitness Center desk. You will be contacted by one of our trainers to arrange a session.

	1 Session	3 Sessions	6 Sessions
1 person	\$45	\$130	\$240
2 people	\$70	\$195	\$360
3 people	\$105	\$290	\$540

12 Days of Christmas Special **NEW!**

This year we will be offering 12 days of special classes in between our fall and winter sessions. Don't let those holiday pounds creep up on you. Stay in shape, or why not try something new? For one low price, you can take advantage of as many of these classes as you choose. **All classes are held at the Birchwood Recreation Center.**

(1st) Monday, December 20

9:15 am Total Body Challenge
6:45 pm Step Aerobics

(2nd) Tuesday, December 21

6:30 pm Muscles n' More

(3rd) Wednesday, December 22

9:15 am Total Body Challenge
6:45 pm Body Bar Blast

(4th) Monday, December 27

9:15 am Total Body Challenge
6:45 pm Step Aerobics

(5th) Tuesday, December 28

10:30 am Awesome Arms & Abs
6:30 pm Introduction to Pilates Mat

(6th) Wednesday, December 29

9:15 am Total Body Challenge
6:45 pm Kick n' Krunch

(7th) Monday, January 3

9:15 am Total Body Challenge
6:45 pm Stepping Out

(8th) Tuesday, January 4

9:15 am Have a Ball
6:30 pm Awesome Arms & Abs

(9th) Wednesday, January 5

9:15 am Total Body Challenge
6:30 pm Body Sculpt

(10th) Thursday, January 6

9:15 am Awesome Arms & Abs
6:45 pm Kick n' Krunch

(11th) Friday, January 7

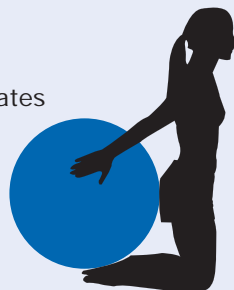
9:15 am Introduction to Pilates

(12th) Saturday, January 8

8:00 am Stepping Out
9:30 am Have a Ball

Classes are 45-60 minutes.

Age: HS/Adult
Location: Birchwood Exercise Room
Min/Max: 35/110
Fee: \$30 R/\$45 NR
Prog #: 3002-4



Gym shoes are required for all classes with the exception of Yoga and Pilates.

Fitness Flex Plan

Get in shape this year with our Fitness Flex Plan. For one low price, you get unlimited access to the following basic fitness classes:

Body Bar Blast - 45 minutes. This class will work your upper body, legs, and abdominals with the use of weighted bars. Stretching will also be included.
Wed 6:00-6:45 pm Birchwood Exercise Room

Kick n' Krunch - 45 minutes. This super charged cardio class combines easy-to-follow choreography with traditional boxing and martial arts moves. The class also includes a funky segment which focuses on core strengthening.
Thur 7:00-8:00 pm Birchwood Exercise Room
no class 2/10

Muscles n' More - 60 minutes. You will work all of your major muscles in this great toning class. Various types of resistance will be used.
Tue 6:45-7:45 pm Birchwood Exercise Room
Sat 8:30-9:30 am Birchwood Exercise Room

Step Aerobics - 60 minutes. This is a great cardio workout. The step height may be adjusted to accommodate all levels. Class may also include strength training and abdominal conditioning.
M/W 7:00-8:00 pm Birchwood Exercise Room

Stepping Out - 60 minutes. If you are a more experienced stepper looking for a challenge, this class is for you. Single, double, or multiple steps may be used for some new and different routines. Step experience is highly recommended.
Sat 7:15-8:15 am Birchwood Exercise Room

Total Body Challenge - 60 minutes. This is the class that will totally challenge you with both cardio and more. Class can consist of anything from step aerobics, high/low aerobics, intervals, circuits, weights, balls, abs, and more.
M/W/F 9:15-10:15 am Birchwood Exercise Room

Age: HS/Adult
Dates: January 10 - March 19 (10 weeks)
Fee: \$81 R/\$122 NR
Min/Max: 35/110
Prog #: 3000-4

Please note: The classes listed above are the only classes that are part of the Flex Plan. All other classes must be registered for separately. There are no refunds for cancelled classes. Class offerings and schedule are subject to change. Please pick up an updated schedule when registering. Register early — this program fills quickly.

Please do not wait until the first week of the session to register, the class may be cancelled or filled. Please try to attend the first class of the session. Be on time — particularly if you are new to the class. Important information and instruction is given at the beginning of the class. Arriving on time will minimize disruption for other participants. Thank you for your cooperation.

Awesome Arms & Abs

Yes, you can have awesome looking arms and abdominals with this program. With the use of various small equipment such as dumbbells, bands, balls, tubes, and more, you will tone, sculpt, and strengthen your upper body, abs, and back. All equipment is provided. Class is appropriate for all levels.

Location: Birchwood Exercise Room
Min/Max: 8/25

Age: HS/Adult
Instructor: Janet Beata
Dates: January 12 - March 16 (10 weeks)
Prog # **Day** **Time** **Fee**
 3013-4 Wed 6:00-6:45 am \$60 R/\$90 NR

Age: Adult
Instructor: Bonnie DePirro
Dates: January 13 - March 17 (10 weeks)
Prog # **Day** **Time** **Fee**
 3012-4 Thur 9:15-10:00 am \$60 R/\$90 NR



Body Sculpt

Sculpt, tone, and tighten your entire body with our new Body Sculpt class. This one hour class will focus on arms and legs as well as abdominals and back muscles. Some stretching will also be included.

Age: HS/Adult
Dates: January 12 - March 16 (10 weeks)
Instructor: Janet Beata
Location: Falcon Park Recreation Center, Prairie Hawk Room
Min/Max: 8/20
Prog # **Day** **Time** **Fee**
 3017-4 Wed 7:00-8:00 pm \$60 R/\$90 NR

Private Fitness Classes

If your class has been cancelled due to low enrollment or if you are looking for a class tailored to your specific needs, we are now offering small group classes in a variety of formats. These private classes can be offered in 6 or 8 week sessions. Your group may consist of 2 to 8 persons. All sessions are conducted at Birchwood. Days and times are subject to availability.

Fee for group: \$325 R/\$488 NR 6 sessions
 \$415 R/\$623 NR 8 sessions

For further information and to arrange your session, contact Bonnie DePirro, Fitness Supervisor at 847-991-1960 or bdepirro@palatineparks.org.



The A.M. Step Challenge

(formerly the A.M. Challenge)
 Wake up with a vigorous step class. This is a great way to start your day. Step aerobics, strength training, abs, and more. Class meets twice a week.

Age: HS/Adult
Dates: January 11 - March 17 (10 weeks)
Instructor: Patti Ziegler
Location: Birchwood Exercise Room
Min/Max: 8/35
Prog # **Day** **Time** **Fee**
 3001-4 T/Th 5:45-6:45 am \$115 R/\$173 NR

Women on Weights

This is a weight training class designed especially for women. You will learn how to strengthen all of your major muscles using a variety of equipment. A different workout will be done each week. Class is conducted like a group training session and special attention is given to form and technique. Strength gains are guaranteed. Please arrive early for set-up.

Age: Adult
Dates: January 11 - March 15 (10 weeks)
Instructor: Bonnie DePirro
Location: Birchwood Exercise Room
Min/Max: 8/20
Prog # **Day** **Time** **Fee**
 3019-4 Tue 9:15-10:15 am \$70 R/\$105 NR

Have A Ball

Tone, sculpt, stretch, and strengthen your entire body with our ball workout class. You will get a full body workout using both the large stability balls and small medicine balls. Other small equipment may be used as well.

Location: Birchwood Exercise Room
Min/Max: 8/25
Age: Adult
Dates: January 13 - March 17 (10 weeks)
Instructor: Bonnie DePirro
Prog # **Day** **Time** **Fee**
 3014-4 Thur 12:00-12:45 pm \$60 R/\$90 NR

Age: HS/Adult
Dates: January 15 - March 19 (10 weeks)
Instructor: Janet Beata
Prog # **Day** **Time** **Fee**
 3015-4 Sat 9:45-10:30 am \$60 R/\$90 NR

DON'T WAIT to register!

If a program does not reach its minimum 7 days prior to the starting date of class, it may be cancelled.

Yoga

The Palatine Park District offers a variety of Yoga classes for every fitness level. Research shows that yoga helps manage or control anxiety, arthritis, back pain, chronic fatigue, depression, headaches, heart disease, and stress. **PLEASE BRING YOUR OWN MAT TO CLASS.**

Beginning Vinyasa Yoga

Vinyasa translates to linking breath with movement. Vinyasa is a specific type of asana practice that links postures together in a nearly seamless flow which follows the rhythm of your inhales and exhales. Focusing on proper alignment and safety, this class is taught in a non-judgmental atmosphere with the intent of helping cleanse, heal, and strengthen the body and mind.

Age: Adult
Dates: January 14 - March 18 (10 weeks)
Instructor: Beth Haines
Location: Falcon Park Recreation Center, Golden Eagle Room
Min/Max: 8/20
Prog # **Day** **Time** **Fee**
 3006-4 Fri 12:00-1:00 pm \$90 R/\$135 NR

Age: 18 years & over
Dates: January 13 - March 17 (9 weeks)
no class 2/17
Instructor: Sara Edens
Location: Community Center, Room 1E
Min/Max: 8/20
Prog # **Day** **Time** **Fee**
 3007-4 Thur 5:45-6:45 pm \$81 R/\$122 NR

Yin Yoga

Yin yoga is a restorative class appropriate for all levels. Poses are held for a longer period of time than in a typical hatha yoga class. In a yin class, poses are held for several minutes in order to give the muscles time to fully relax. Yin yoga helps to rehydrate the connective tissue, thus rejuvenating the joints. Most of yin yoga will be done on the mat. Please bring your own mat.

Age: Adult
Dates: January 11 - March 15 (9 weeks)
no class 2/15
Instructor: Sara Edens
Location: Community Center, Room 1E
Min/Max: 8/20
Prog # **Day** **Time** **Fee**
 3052-4 Tue 5:45-6:45 pm \$81 R/\$122 NR



Intermediate Vinyasa Yoga

The class is appropriate for both advanced beginners and continuing yoga practitioners. All students will progress at their own level. Class will focus on standing, seated and balancing poses, sun salutations, and some moderate inversions. Vinyasa translates to linking breath and movement. Vinyasa is a specific type of asana practice that links postures together in a nearly seamless flow which follows the rhythm of your inhales and exhales. Build strength, balance, focus, flexibility, stamina, and a better awareness and alignment technique. Class ends with a period of relaxation for the body and the mind.

Age: 18 years & over
Dates: January 10 - March 14 (9 weeks)
no class 2/14
Instructor: Sara Edens
Location: Falcon Park Recreation Center, Prairie Hawk Room
Min/Max: 8/20
Prog # **Day** **Time** **Fee**
 3011-4 Mon 6:00-7:30 pm \$117 R/\$176 NR

Gentle Yoga

This class is suitable for all levels — including those with chronic conditions, pain, or limited mobility. Class will consist of light yoga postures, stretching, breathing, and relaxation techniques in order to build body awareness and flexibility. A great way to release physical and mental tensions! **Participants must be able to move without assistance.**

Age: Adult
Instructor: Sara Edens
Min/Max: 8/20
Dates: January 11 - March 15 (8 weeks)
no class 2/1, 2/15
Location: Falcon Park Recreation Center, Prairie Hawk Room
Prog # **Day** **Time** **Fee**
 3009-4 Tue 9:30-10:30 am \$72 R/\$108 NR
Dates: January 14 - March 18 (9 weeks)
no class 2/18
Location: Community Center, Room 2C
Prog # **Day** **Time** **Fee**
 3010-4 Fri 9:15-10:15 am \$81 R/\$122 NR



WELLNESS FAIR

Thursday, January 20

See page 42 for details.

Strengthening Yoga

Strengthening yoga will focus on strengthening your arms, legs, and core. Traditional yoga poses will also be included. Your entire body will be stretched and strengthened as you progress in feeling open and strong. Safety and alignment are always the first focus to keep you safe in your movements. Join us in de-stressing, feeling stronger, and healthier!

Age: Adult
Dates: January 12 - March 16 (10 weeks)
Instructor: Beth Haines
Location: Falcon Park Recreation Center, Prairie Hawk Room
Min/Max: 8/20
Prog # **Day** **Time** **Fee**
3041-4 Wed 12:00-1:00 pm \$90 R/\$135 NR

Core Yoga

You are only as strong as your core. Enhance your fundamental core strength by participating in this challenging and invigorating class. Building stronger, suppler core muscles improves posture and balance, aids digestion, and gives you a deeper seat of power and inner strength that stabilizes every move you make. This class will focus on ALL core muscles, strengthening abdominals, spinal muscles, thighs, hamstrings, gluts, obliques, and calves. We will use standard hatha yoga poses, some mat-based Pilates exercises, and a variety of core-specific exercises to obtain our goal.

Age: 18 years & over
Instructor: Sara Edens
Min/Max: 8/20
Dates: January 10 - March 14 (9 weeks)
no class 2/14
Location: Birchwood Exercise Room
Prog # **Day** **Time** **Fee**
3044-4 Mon 1:00-2:15 pm \$95 R/\$143 NR
Dates: January 11 - March 15 (9 weeks)
no class 2/15
Location: Community Center, Room 1E
Prog # **Day** **Time** **Fee**
3045-4 Tue 7:00-8:15 pm \$95 R/\$143 NR

Sponsorship Opportunities

at Palatine Park District

For more information on sponsorship opportunities, please contact Deb Owen, Public Information Manager at (847) 705-5123 ext. 224 or downen@palatineparks.org.

Indoor Track

An indoor 14-lap mile track is available at the Community Center, 250 E. Wood Street. The track is open to anyone at no cost, no ID required. For daily updates on track hours visit www.palatineparks.org.

Detox Flow

Build body heat and detoxify the body releasing physical and mental stresses and toxins through a very vigorous power vinyasa class appropriate for experienced beginners and intermediate practitioners. Class focuses on continuous, repetitive, and graceful yoga flows which follow the rhythm of your inhalations and exhalations.

Age: 18 years & over
Dates: January 13 - March 17 (9 weeks)
no class 2/17
Instructor: Sara Edens
Location: Community Center, Room 1E
Min/Max: 8/20
Prog # **Day** **Time** **Fee**
3021-4 Thur 7:00-8:00 pm \$81 R/\$122 NR



Friday Flow

Need a nice, invigorating workout to de-stress at the end of the work week? Throughout the week stress can build in the body in the form of adrenaline, and yoga is a great way to release that adrenaline. Continuous movement, rhythm, and deep breathing help to release the mental and physical tensions at the end of a hectic week!

Age: Adult
Dates: January 14 - February 25 (6 weeks)
no class 2/18
Instructor: Sara Edens
Location: Birchwood Exercise Room
Min/Max: 8/20
Prog # **Day** **Time** **Fee**
3020-4 Fri 5:00-6:00 pm \$54 R/\$81 NR

Yogilates

Do you know the basic elements of vinyasa (flow) yoga? These classes integrate classic mat-based Pilates moves throughout the workout. Incorporated into your yoga practice, Pilates strengthens abdominals, improves posture and balance, stabilizes and lengthens your spine, and improves overall strength. In this class you will learn many of the original mat movements and blend them with yoga vinyasa (flows) for a vigorous strength, flexibility, and cardiovascular workout.

Age: Adult
Dates: January 16 - March 13 (7 weeks)
no class 2/13, 2/20

Instructor: Sara Edens
Location: Birchwood Exercise Room
Min/Max: 8/20

Yogilates I

Suitable for experienced beginner yoga students. Attendance at the first class is strongly recommended. Enrollment after the first class is not permitted. In this "progressive" class, we will build on what we learned from the prior week. By the end of the session, we will have learned the entire Pilates Intro series.

Prog #	Day	Time	Fee
3054-4	Sun	9:15-10:30 am	\$74 R/\$111 NR

Yogilates II

Approval by the Yogilates instructor is required for enrollment. This Level II Yogilates class is suitable only for students with prior Pilates or Yogilates training and experienced or intermediate yoga practitioners. We start the session by immediately moving into a full, vigorous Yoga/Pilates fusion flow.

Prog #	Day	Time	Fee
3055-4	Sun	10:45 am-12:00 pm	\$74 R/\$111 NR

Beginning Pilates Mat/Stott Pilates The Contemporary Approach

With an emphasis on breathing, core conditioning, and body awareness, Stott Pilates exercise is a safe and highly effective way to stretch, strengthen, and streamline your body without building bulk or stressing your joints. The perfect compliment to cardiovascular exercise, sport, rehab, and life. Stott Pilates will leave you looking toned, feeling revitalized, and moving with ease.

Dates: January 11 - March 15 (10 weeks)
Location: Birchwood Exercise Room
Min/Max: 6/20

Age: Adult
Instructor: Bonnie DePirro

Prog #	Day	Time	Fee
3022-4	Tue	12:00-1:00 pm	\$90 R/\$135 NR

Age: HS/Adult
Instructor: Janet Beata

Prog #	Day	Time	Fee
3023-4	Tue	5:30-6:30 pm	\$90 R/\$135 NR

 **Online Registration is not available for this program.**



Qi Qong (Beginner Level)

The first step to building strength of the mind and spirit is through Qi Qong. Qi Qong is an ancient Chinese health care system that involves the movement of Qi or energy as it circulates in the human body. It combines movement with the coordination of body, mind, and breath. Qi Qong is a moving meditation that promotes relaxation while building internal power. Qi Qong is the foundation for all the internal healing arts. Qi Qong can improve and restore mental, physical, and spiritual health, reduce stress, and increase longevity.

Age: Adult
Dates: January 13 - March 17 (10 weeks)
Instructor: Scott Garske
Location: Falcon Park Recreation Center, Prairie Hawk Room

Min/Max: 8/20

Prog #	Day	Time	Fee
3025-4	Thur	12:00-1:00 pm	\$90 R/\$135 NR

Tai Chi

The ancient art of Tai Chi Chuan uses gentle flowing movements to reduce the stress of today's busy lifestyles and improve health. Originally a martial art, as practiced today, Tai Chi is often described as "meditation in motion". It promotes serenity through gentle movements — connecting the body, mind, and spirit. Tai Chi promotes internal health, stress reduction, balance, and agility.

Age: Adult
Dates: January 10 - March 14 (10 weeks)
Instructor: Scott Garske
Location: Falcon Park Recreation Center, Prairie Hawk Room

Min/Max: 8/20

Prog #	Day	Time	Fee
3027-4	Mon	11:00 am-12:00 pm	\$90 R/\$135 NR

**Having trouble registering online?
Call 847-705-5123 x223.**

Gift Certificates Available!

See page 6 for details!

Zumba Kids (Kids 7 - 10 years)
 Now kids can experience this fitness class that is taking the world by storm. Zumba is a perfect fit for kids with its high energy music and simple dance moves. Kids can get in shape and have great fun while doing it!

Age: 7 - 10 years
Dates: January 13 - March 10 (8 weeks)
no class 2/3
Instructor: Claudia Cisneros
Location: Birchwood Exercise Room
Min/Max: 8/20

Prog #	Day	Time	Fee
3023-4	Thur	4:30-5:15 pm	\$48 R/\$72 NR

Zumba
Dance your way to a more fit you!
 ZUMBA combines high energy and motivating music with unique moves and combinations. The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. ZUMBA utilizes the principles of fitness interval training to maximize caloric output, fat burning, and total body toning. It is a mixture of body sculpting movements with easy to follow dance steps. And the best part of all is it is FUN.

Age: Adult
Instructor: Beth Haines
Location: Falcon Park Recreation Center, Prairie Hawk Room
Min/Max: 8/20

Dates: January 12 - March 16 (10 weeks)

Prog #	Day	Time	Fee
3024-4	Wed	11:00-11:45 am	\$60 R/\$90 NR

Dates: January 13 - March 17 (10 weeks)

Prog #	Day	Time	Fee
3029-4	Thur	11:00-11:45 am	\$60 R/\$90 NR

Age: HS/Adult
Location: Birchwood Exercise Room
Min/Max: 8/40

Dates: January 13 - March 10 (9 weeks)
no class 2/3

Instructor: Claudia Cisneros

Prog #	Day	Time	Fee
3026-4	Thur	5:30-6:30 pm	\$48 R/\$72 NR

Dates: January 16 - March 20 (10 weeks)
Instructor: Tatyana Ulanovskaya

Prog #	Day	Time	Fee
3030-4	Sun	8:00-9:00 am	\$60 R/\$90 NR

EZ Movers
 Designed for senior adults, this class combines all the elements of fitness — cardiovascular, muscular strength, and flexibility. The class consists of warm-up, 25-30 minutes of low impact aerobics, body conditioning exercises, stretching, and a relaxation cool-down. This class is also appropriate for beginners as well as those carrying excess weight.

Age: Adult
Dates: January 10 - March 18 (10 weeks)
Instructor: Barbara VanArsdale
Location: Birchwood Exercise Room
Min/Max: 12/45

Prog #	Day	Time	Fee
3033-4	M/W/F	10:30-11:30 am	\$65 R/\$98 NR

Seniors On Weights
 Seniors On Weights is a strength and resistance exercise class for those 55 years and over. As we age, we lose muscle. As we lose muscle, we lose strength. Declines in strength are linked with increased risk of falls, increased frailty, and loss of independence. Strength training can help you retain your independence and improve your quality of life. Some additional benefits of strength training include:

- Strengthens your bones
- Strengthens your heart
- Reduces hypertension
- Improves flexibility, joint range of motion, and functional movement
- Chases the blues away
- Helps you say “so long” to pain
- Will jump start your brain
- Will reduce your risk of diabetes
- And...it works at any age

Studies continue to indicate that regular strength and resistance exercise can deter what was once thought to be an inevitable decline as we age. New muscle development can be created at any time and the aging process dramatically slows.

Age: 55 years & over without assistance
Instructor: Barbara VanArsdale
Location: Birchwood Exercise Room
Min/Max: 8/20

Dates: January 11 - March 15 (10 weeks)

Prog #	Day	Time	Fee
3031-4	Tue	10:30-11:30 am	\$60 R/\$90 NR

Dates: January 13 - March 17 (10 weeks)

Prog #	Day	Time	Fee
3032-4	Thur	10:30-11:30 am	\$60 R/\$90 NR



Have you MOVED?
 Download a Registration Address Change Form at www.palatineparks.org/forms.html. Return the completed form with all names in household to the Community Center, Birchwood Recreation Center, or Falcon Park Recreation Center.

PALATINE TIGER SHARK SWIM TEAM

The Palatine Swim Team is a multi-ability level program that offers competitive opportunities, technique development, and fun for swimmers ages 6 and older. The Swim Team is divided into progressive groups. Open tryouts are held twice a year (usually March and July), however, new swimmers may join the team at any time throughout the year by contacting the swim office at 847-202-3240. Team coaches make the final determination for group placement and advancement to the next level. Group sizes may be limited.

Practices during the school year may be held beginning at 4:00 pm, Monday-Friday and beginning at 8:00 am on Saturday, at various pool locations depending on your group assignment. When school is out for the summer and vacations, practices may be held beginning at 6:00 am for older and more advanced swimmers and beginning at 8:00 am or beginning after 4:00 pm for the younger swimmers. Visit www.ppdswim.org for schedules and times.

Registration is held during regular office hours at the Community Center. **All swim team registration requires a separate registration form.** Non-residents are required to pay an additional fee. Families registering more than 2 swimmers will receive a \$15 discount starting with the third swimmer.

Registration fees are payable to the Palatine Park District by check, Visa, Mastercard, or Discover. A separate check for fund-raising and a separate check for escrow costs are required.

Registration at Early Bird Registration guarantees a team t-shirt for each swimmer registered. After Early Bird Registration, a limited number of t-shirts will be available on a first-come, first-served basis.

Additional Swim Team Fees are the same for both resident and non-resident.

Registration fees do not cover all swim team expenses so FUND-RAISING IS NECESSARY. Fund-raising commitments are prepaid at registration.

- Each member of the Tiger Shark Swim Team must be a member of Illinois Swimming and United States Swimming.
- Fund-raising costs and escrow costs vary for each group.
- Escrow covers costs of USA/ISI Swimming (an annual cost, expiring December 31 of each year; non-refundable) and of entering individual and relay events at Swim Meets. Any swimmer not registered with USA/ISI Swimming in the current year must pay an additional escrow fee of \$60. Unused escrow is refundable.
- Fund-raising for future registrations may be earned if families participate in the team's ongoing fund-raising programs.

All NEW swimmers must have a try-out before registering for any group.

Early Bird Registration

March 7 • 6:00 - 8:00 pm

Birchwood Recreation Center



*For participants who register March 7.

Pre-Competitive • thru February 18

Beginning Swimming Group • A great way to introduce your swimmer to competitive swimming. This group is targeted for new swimmers. It is designed to bridge the gap between swimming lessons and competitive swimming. Swimmers must be able to complete 25 yard freestyle (front crawl) with rotary breathing and 25 yards of backstroke. Competition will be held intra-squad during regular practice times towards the end of the season. Practice is offered three times a week. Practices will be 45 minutes in length. The coaching staff suggests attending all practices to get the most benefit from this group. For ages 6 and older.

Required Equipment: Training Fins

Prog #	Fee	Fund-raising	Escrow
9360-9	\$81 R/\$122 NR	\$102	\$60

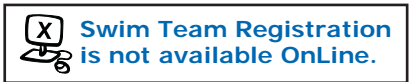
Novice • thru February 18 or end of Swimmer's Season

Novice Swimming Group • Novice offers swimmers the opportunity to progress from pre-competitive to competitive swimming. Swimmers must be able to complete 25 yards of all four competitive strokes. Practice is offered three to five times a week. Practices will usually be one hour in length. The coaching staff recommends attending three practices a week to get the most benefit from this group. For ages 6 years and older.

Required Equipment: Training Fins

Prog #	Fee	Fund-raising	Escrow
9361-9	\$111 R/\$167 NR	\$154	\$150





Swim Team Registration is not available OnLine.

Developmental • thru February 18 or end of Swimmer's Season

Developmental Swimming Group • Developmental offers swimmers the chance to learn the training basics of competitive swimming including introduction to interval training, goal setting, dryland basics, and distance swimming. Practice is offered four to five times a week, one hour in length. The staff recommends attending four practices a week to get the most benefit from this group. For ages 8 years and older.

Required Equipment: Training Fins

Prog #	Fee	Fund-raising	Escrow
9362-9	\$129 R/\$194 NR	\$182	\$150

Top Age Group Team (Tag Team)

Advanced Age Group Training Team • TAG Team swimmers are expected to understand interval training, basics of dryland training, and goal setting. Swimmers in these groups must demonstrate a commitment to train at this level. Swimmers should have some competitive swimming experience. Swimmers assigned to the TAG team may have the option of registering for either TAG 1 or TAG 2. Some swimmers may be assigned to a particular group. TAG 1 swimmers will practice longer and have very strict meet and practice attendance requirements that must be adhered to.

Tag 1 • thru end of Swimmer's Season

Practices will be 1.5 to 2 hours in length (30 minutes longer than Tag 2). Minimum 80% practice and meet attendance required. Five to six training sessions a week are offered (more in summer). For ages 11 years and older with considerable swimming experience.

Required Equipment - Training Fins, Pull Buoy, Hand Paddles, Snorkel

Prog #	Fee	Fund-raising	Escrow
9363-9	\$227 R/\$341 NR	\$341	\$275

Tag 2 • thru end of Swimmer's Season

Practices will be no longer than 1.5 hours in length. Minimum 60% practice and meet attendance required. Five to six training sessions a week are offered. For ages 9 years and older with considerable swimming experience.

Required Equipment - Training Fins, Pull Buoy, Snorkel

Prog #	Fee	Fund-raising	Escrow
9364-9	\$211 R/\$317 NR	\$302	\$225



www.ppdswim.org



Fall/Winter Training Group • thru end of Swimmer's Season

Five to six training sessions a week toward state and regional USA Swimming competition. A great group for high school swimmers training towards the high school seasons. Swimmers are encouraged to participate in all USA Swimming hosted meets. For swimmers entering high school and older.

Required Equipment - Training Fins, Pull Buoy, Hand Paddles

Full Training

Prog #	Fee	Fund-raising	Escrow
9365-9	\$226 R/\$339 NR	\$375	\$150

High School Girls Senior

Prog #	Fee	Fund-raising	Escrow
9366-9	\$142 R/\$213 NR	\$204	\$100

High School Boys Senior

Prog #	Fee	Fund-raising	Escrow
9367-9	\$116 R/\$174 NR	\$146	\$100

Winter Senior Elite Training Group • thru end of Swimmer's Season

Senior Elite is for upper level athletes. This training group is geared toward local, regional, and national competition. Swimmers must have coach's approval and be willing to travel and compete in regional and national level meets. Practice is offered six to ten times a week. Championship meet participation required. For coach approved swimmers ages 14 and older.

Required Equipment - Training Fins, Pull Buoy, Hand Paddles, Swim Snorkel

Full Elite Training

Prog #	Fee	Fund-raising	Escrow
9368-9	\$278 R/\$417 NR	\$509	\$150

High School Girls Elite

Prog #	Fee	Fund-raising	Escrow
9369-9	\$205 R/\$308 NR	\$248	\$150

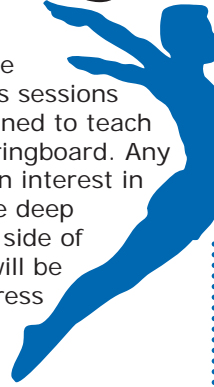
High School Boys Elite

Prog #	Fee	Fund-raising	Escrow
9370-9	\$137 R/\$206 NR	\$205	\$150

Windy City Diving

Lessons - Learn to Dive

These classes are an introduction to the sport of springboard diving. The 5 class sessions are 60 minutes in length and are designed to teach the safe and proper way to use the springboard. Any individual 8 years and older who has an interest in diving and can swim comfortably in the deep water and do a head first entry off the side of the pool can join this class. Students will be taught a forward approach and back press to begin with. They will progress to forward and back dives as well as other skills as time and ability permits. This group is limited to 8 divers per session.



House Team

Blue House Team

This group of divers has been recommended to move up from the Red lessons group or have been placed in group from a scheduled tryout. This group has a continued interest in learning more dives and in developing a passion for the sport. They are not yet ready to compete on the Gold or Travel Team but want to get involved in local skill level competitions. Divers in this group should be able to successfully complete a front dive, back dive, and a front flip. Divers will be able to compete in local dive meets and are expected to become members of USA Diving Competitive Blue Level (\$20). This group will meet 2 days a week for 75 minutes per session. The team is limited to 12 members.

Travel Team

Gold Travel Team

This group of divers is selected by coach recommendation or through placement at a scheduled tryout. Divers in this group have a strong passion to improve their diving abilities and want to take their training to the next level. These divers also have a desire to compete. Divers will train and compete on meter boards. They are required to compete in all Illinois Diving Association meets and regional competitions. This group meets 2 days a week for 2 hours per session. Members must become registered members of USA Diving Competitive Gold Level (\$75) organizations prior to attending their first practice. This team is limited to 12 members.



REGISTER NOW! NOT PART OF THE LOTTERY.

Water Polo

High School Water Polo (Male & Female)

Age: 14 - 18 years
Dates: November 30 - February 24
no class 12/21, 12/23, 12/28, 12/30, 1/20
Instructors: Jon DelPrado & Raymond Roth
Location: Fremd High School
 1000 S. Quentin Road, Palatine
Min/Max: 8/40

Prog #	Day	Time	Fee
7608-4	T/Th	8:00-10:00 pm	\$110 R/\$165 NR

Beginning Learn to Dive Lessons

Location: Palatine High School
 1111 Rohlwing Road, Palatine
Min/Max: 3/8

REGISTER NOW! NOT PART OF THE LOTTERY.

Dates: November 29 - January 10
no lesson 12/20, 12/27

Prog #	Day	Time	Fee
7400-4	Mon	7:00-8:00 pm	\$50 R/\$75 NR

Dates: January 24 - February 14

Prog #	Day	Time	Fee
7401-4	Mon	7:00-8:00 pm	\$40 R/\$60 NR

REGISTER NOW! NOT PART OF THE LOTTERY.

Advanced Learn to Dive Lessons

This class is designed for the diver who has been recommended from the beginning diving lesson. If divers have come from a different program, or have had no formal instruction, the diver should be able to successfully execute a front approach, back approach, front dive, and back dive.

Dates: November 30 - February 22
no lesson 12/21, 12/28

Location: Fremd High School
 1000 S. Quentin Road, Palatine

Min/Max: 3/8

Prog #	Day	Time	Fee
7402-4	Tue	7:00-8:00 pm	\$110 R/\$165 NR

REGISTER NOW! NOT PART OF THE LOTTERY.

Competitive Diving Team

All members are required to be members of USA Diving. Memberships are renewed once a year from September 1, 2010 to August 31, 2011.

Blue Competitive Diving Team (House Team)

Dates: November 29 - February 23
no class 1/17, 1/19, 1/24, 2/21

Location: Fremd High School
 1000 S. Quentin Road, Palatine

Min/Max: 6/12

Prog #	Day	Time	Fee
7403-4	M/W	7:15-8:30 pm	\$200 R/\$300 NR

Gold Competitive Diving Team (Travel Team)

Dates: November 30 - February 24
no class 1/20

Location: Palatine High School
 1111 Rohlwing Road, Palatine

Min/Max: 6/14

Prog #	Day	Time	Fee
7404-4	T/Th	7:00-9:00 pm	\$275 R/\$375 NR

Join our Email List at
www.palatineparks.org

Get updates on registration dates, events, special programs, and more!

REGISTER NOW! NOT PART OF THE LOTTERY.

Hot Shots Basketball Camp

Hot Shots Sports comes to Palatine with fundamental and advanced training in all aspects of the game of basketball. Hot Shots instructors will deliver expert advice to enhance basketball skills such as shooting, passing, dribbling, and conditioning. This camp includes instruction as well as structured games. Hot Shots Sports t-shirts and prizes will be included.

Dates: December 20 - 23 (4 days)

Location: Birchwood Gym

Fee: \$119 R/\$179 NR

Min/Max: 15/30

Age: 1st - 4th grades

Prog #	Day	Time
4119-3	M-Th	10:00 am-12:00 pm

Age: 5th - 8th grades

Prog #	Day	Time
4120-3	M-Th	10:00 am-12:00 pm



Rugby Clinic

This non-contact program will introduce boys and girls to the international sport of rugby. Ball handling, running, kicking, and laws of the game will be covered. Each participant will receive an official rugby ball.

Dates: January 11 - February 3 (4 weeks)

Location: Falcon Park Recreation Center Gym

Min/Max: 10/75

Age: 5 - 8 years

Prog #	Day	Time	Fee
4114-4	T/Th	4:00-5:00 pm	\$65 per child

Age: 9 - 13 years

Prog #	Day	Time	Fee
4108-4	T/Th	4:00-5:00 pm	\$65 per child

Baseball Pitching Clinics

Prepare for the coming season. Children will learn skills, develop confidence, and have fun. Bring a mitt and a labeled water bottle.

Instructor: "Coach Ray" Wronski

Location: Community Center, Shelf

Min/Max: 6/8



Age: 7 - 8 years

Dates: January 11 - February 8 (5 weeks)

Prog #	Day	Time	Fee
4000-4	Tue	4:00-4:45 pm	\$26 R/\$39 NR

Dates: February 15 - March 15 (5 weeks)

Prog #	Day	Time	Fee
4001-4	Tue	4:00-4:45 pm	\$26 R/\$39 NR

Age: 9 - 10 years

Dates: January 11 - February 8 (5 weeks)

Prog #	Day	Time	Fee
4002-4	Tue	5:00-5:45 pm	\$26 R/\$39 NR

Dates: February 15 - March 15 (5 weeks)

Prog #	Day	Time	Fee
4003-4	Tue	5:00-5:45 pm	\$26 R/\$39 NR

REGISTER NOW! NOT PART OF THE LOTTERY.

1st & 2nd Grade Basketball League

The league will emphasize the fundamentals of basketball, sportsmanship, and teamwork while having fun through league play. Teams will practice one evening a week and games will be played on Saturday.

Dates: January 8 - March 12

Location: Falcon Park Recreation Center Gym

Min/Max: 40/100

Boys 1st Grade

Prog #	Day	Time	Fee
4109-3	Sat	9:00 am-3:00 pm	\$75 R/\$113 NR

Boys 2nd Grade

Prog #	Day	Time	Fee
4110-3	Sat	9:00 am-3:00 pm	\$75 R/\$113 NR

Girls 1st & 2nd Grade

Prog #	Day	Time	Fee
4111-3	Sat	9:00 am-3:00 pm	\$75 R/\$113 NR

REGISTER NOW! NOT PART OF THE LOTTERY.

Boy's High School Basketball League



These leagues are designed to offer league play to high school students who did not get the opportunity to play in school. Players on high school teams are ineligible to participate. Teams will play a round robin format and then a single elimination tournament. A parent of one of the players is required to be on the player's bench. Completed registration form, roster, and fee are due at the time of registration.

Dates: December 5 - March 13 (13 weeks)
no games 12/19, 12/26

Min/Max: 6/12 teams

Age: 9th - 10th grades

Location: Birchwood Gym

Prog #	Day	Time	Fee
4117-3	Sun	10:00 am-5:00 pm	\$500 R/\$575 NR

Age: 11th - 12th grades

Location: Community Center Gym

Prog #	Day	Time	Fee
4118-3	Sun	10:00 am-5:00 pm	\$500 R/\$575 NR

Captain's Meeting will be held at the Community Center, 250 E. Wood Street, room 2A on Wednesday, November 17 at 6:00 pm.



REGISTER NOW! NOT PART OF THE LOTTERY.

Holiday Volleyball Clinic

Register now for this popular volleyball clinic, held over the holidays.

Dates: December 20 - 23 (4 days)

Instructor: Joyce Richardson/Dan Gavin & Staff

Location: Community Center Gym

Min/Max: 20/70

Age: 7th - 8th grades

Prog #	Day	Time	Fee
4125-3	M-Th	12:00-2:00 pm	\$27 R/\$41 NR

Age: 4th - 6th grades

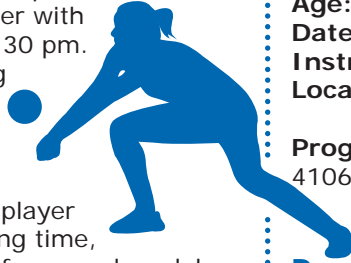
Prog #	Day	Time	Fee
4126-3	M-Th	2:00-4:00 pm	\$27 R/\$41 NR

REGISTER NOW! NOT PART OF THE LOTTERY.

3rd-4th & 5th-6th Grade Boys & Girls Volleyball Leagues

These recreational leagues will start January 15 and conclude with a tournament on March 12.

One hour practices will be held on Monday or Wednesday evening between 5:30 and 8:00 pm, at the Falcon Park Recreation Center with league play on Saturday, 3:30 - 6:30 pm. Each player will have equal playing opportunity. The practice day and time assignment will come from your coach.



Fee: \$145 R/\$218 NR per player
Includes head coaching time, referees, a t-shirt uniform, and medals for the champions and runners up in each group

Location: Falcon Park Recreation Center Gym

3rd-4th Grade

Prog #: 4127-4

5th-6th Grade

Prog #: 4128-4

Youth Brazilian Jiu Jitsu

This is a martial art specifically designed to teach children how to develop genuine self defense skills. The techniques taught do not require strength, speed, or size. The techniques involve leverage, balance, and coordination. Students will learn offensive and defensive submissions, positions, and escapes from their feet and most importantly, on the ground. At Flo, we train children to increase confidence and to have a healthy expression of energy.

Age: 7 - 12 years
Dates: January 10 - March 17 (10 weeks)
Instructor: Chris Garcia
Location: Flo Mixed Martial Arts
709 S. Vermont Street, Palatine

Min/Max: 1/15
Prog # **Day** **Time** **Fee**
4229-4 M-Th 4:45-5:30 pm \$99 R/\$149 NR



KIDS DAY OUT AT FALCON **NEW!**

Looking for something to do when school is not in session? Come join us at Falcon Park and have some fun. Each day will have different activities such as soccer shoot out competitions, basketball knock out games, arts and crafts, floor hockey games, and much more!

Age: 7 - 14 years
Dates: November 22, 23, December 20, 21, 27, 28, January 17, February 21, March 21, 23, 25

Time: 2:00 - 4:00 pm
Location: Falcon Park Recreation Center
Fee: \$3 each day
Prog #: 7501-4

REGISTER NOW! NOT PART OF THE LOTTERY.

7th & 8th Grade Boys Volleyball Winter Camp

Join Frank Stark, Palatine High School Varsity Coach and players to improve your volleyball skills. This camp will focus on hitting, setting, blocking skills, and teach the proper techniques.

Age: 7th - 8th grades **Min/Max:** 20/70
Dates: December 20 - 23 (4 days)
Instructor: Frank Stark & Staff
Location: Palatine High School
1111 Rohlwing Road, Palatine
Prog # **Day** **Time** **Fee**
4106-4 M-Th 12:00-3:00 pm \$60 R/\$90 NR

Recreational Volleyball

Join other volleyball players in this informal drop-in program. This popular program fills up each night and the maximum is reached on a first-come, first-served basis.

Age: Adult (18 years & over)
Fee: \$5 Resident with ID/\$7 Non-resident

Dates: January 6 - April 7 (14 weeks)
Day/Time: Thursday/7:00-10:00 pm
Location: Community Center Gym

Dates: January 2 - April 3 (14 weeks)
Day/Time: Sunday/4:30-8:00 pm
Location: Falcon Park Recreation Center Gym

Archery

Join Ken Walther, National Archery Association Level II Regional High Performance Coach, to learn the exciting sport of archery. The instructor will follow the National Archery Association Junior Olympic Development program. This includes safety, shooting, and equipment. Parents are encouraged to register and participate with their child. All equipment for this program will be provided; however, you may use your own equipment with the approval of the instructor.

Age: 8 years & over
Instructor: Ken Walther
Location: Birchwood Gym
Fee: \$40 R/\$60 NR
Min/Max: 7/20

Dates: January 10 - January 31 (4 weeks)
Prog # **Day** **Time** **Level**
4580-4 Mon 6:00-7:00 pm Beginning
4581-4 Mon 7:00-8:00 pm Intermediate*
4582-4 Mon 8:00-9:00 pm Intermediate II*

Dates: February 7 - February 28 (4 weeks)
Prog # **Day** **Time** **Level**
4584-4 Mon 6:00-7:00 pm Beginning
4585-4 Mon 7:00-8:00 pm Intermediate*
4586-4 Mon 8:00-9:00 pm Intermediate II*

Dates: March 14 - April 4 (4 weeks)
Prog # **Day** **Time** **Level**
4587-4 Mon 6:00-7:00 pm Beginning
4588-4 Mon 7:00-8:00 pm Intermediate*
4589-4 Mon 8:00-9:00 pm Intermediate II*

*Must have taken previous level or have instructor's permission.

REGISTER NOW! NOT PART OF THE LOTTERY.

Packets for all leagues can be picked up at the Falcon Park Recreation Center, Community Center, Birchwood Recreation Center, or online at www.palatineparks.org.

Adult Coed Volleyball Leagues

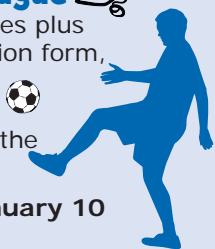
Competitive and recreational divisions will be offered. Competitive level is for those teams who understand the game and would like to compete at a higher level. Recreational divisions will be divided into a B and C division. The B division is for the teams that know how to execute and understand the game. The C division is for teams that would like to have some fun while playing. Referees will be provided. Captain's meeting is Tuesday, January 18, 7:00 pm at the Falcon Park Recreation Center.

Registration deadline January 10

Age: 18 years & over
Dates: January 28 - April 1 (10 weeks)
no games 3/25
Day/Time: Friday/7:00-10:00 pm
Location: Falcon Park Recreation Center Gym
Min/Max: 6/8 teams per level
Fee: \$325 R/\$400 NR (per team)
Division: Competitive A **Prog #:** 5105-4
 Recreational B **Prog #:** 5106-4
 Recreational C **Prog #:** 5107-4

Men's Open Indoor Soccer League

Teams play 8-10 regular season games plus playoffs, 7 on 7. Completed registration form, roster, and fee are due at time of registration. Captain's meeting is Wednesday, January 19, 8:00 pm at the Falcon Park Recreation Center.



Registration deadline January 10

Age: 18 years & over
Location: Falcon Park Recreation Center Turf
Fee: \$660 R/\$735 NR per team
Dates: January 20 - April 1 (11 weeks)
no games 3/24, 3/25
Min/Max: 4/9 teams
Prog # Day* Time
 5101-4 Thur 10:30-11:30 pm
 Fri 8:30-11:30 pm
Dates: January 24 - April 6 (10 weeks)
no games 3/21, 3/22, 3/23
Min/Max: 4/11 teams
Prog # Day* Time
 5109-4 Mon 10:00 pm-12:00 am
 Tue 10:30-11:30 pm
 Wed 10:00 pm-12:00 am

*Teams play once a week.

Dodgeball League

Your favorite gym class game is back! Get ready to dodge, duck, dip, dive, and dodge all over again at Falcon Park's adult dodgeball league. Completed registration form, roster, and fee are due at time of registration. Captain's meeting is Tuesday, January 18, 8:00 pm at the Falcon Park Recreation Center.

Registration deadline January 14

Age: 18 years & over
Dates: January 25 - April 5 (11 weeks)
no games 3/22
Location: Falcon Park Recreation Center Gym
Min/Max: 4/12 teams
Prog # Day Time Fee per Team
 5102-4 Tue 9:00-11:00 pm \$160 R/\$185 NR

Mom's Sports

Need to give something back to yourself? Here is your chance. Come out and enjoy some time with women who want to become or stay active. The indoor turf area and gym will be utilized for soccer, softball, kickball, basketball, and volleyball. Don't let the guys have all the fun. (You don't have to be a mom to participate in this class!)

Age: Adult (18 years & over)
Dates: January 11 - March 15 (10 weeks)
Location: Falcon Park Recreation Center
Min/Max: 20/100
Prog # Day Time Fee
 5110-4 T/Th 9:30-11:30 am \$40 R/\$60 NR



Fencing

Fencing class offers students a basic understanding of attack and defense of fencing. Students will learn basic moves and strategies that create a solid foundation for developing their fencing game. Each class will have conditioning, drilling, and bouting (actual fencing). All equipment provided. This program is designed for all fitness levels.

Location: Rolling Meadows Park District
 3705 Pheasant Drive, Rolling Meadows
Min/Max: 6/18
Dates: January 5 - February 9 (6 weeks)
Age: 8 - 13 years
Prog # Day Time Fee
 4596-4 Wed 6:30-7:30 pm \$42 R/\$63 NR
Age: 14 years & over
Prog # Day Time Fee
 4593-4 Wed 7:30-8:30 pm \$42 R/\$63 NR
Dates: February 16 - March 23 (6 weeks)
Age: 8 - 13 years
Prog # Day Time Fee
 4594-4 Wed 6:30-7:30 pm \$42 R/\$63 NR
Age: 14 years & over
Prog # Day Time Fee
 4597-4 Wed 7:30-8:30 pm \$42 R/\$63 NR

LOOKING FOR A TEAM?

If you are an individual looking for a team or want more information on the leagues at Falcon Park, contact Louis DeAvila at 847-202-5111 x306.

 OnLine Registration is not available for this program.

Youth Karate/Safety

Karate skills put children in touch with their bodies and help build coordination, agility, strength, and poise. Personal safety skills are also taught in a well supervised setting. Karate skills release tension brought on by school and peers. The confidence gained through karate helps foster a strong positive self image. The mental aspect involved in karate builds self-confidence, control, and discipline. The physical aspect of this program is both enjoyable and beneficial. Karate can improve your child's sports, school, and social activities. All classes are taught by instructors of the Illinois Shotokan Karate Club under the direction of John DiPasquale, four time National Champion, former U.S. Karate National Coach and National Faculty Member of ACEP (American Coaching Effectiveness Program).

Location: Birchwood Gym

Min/Max: 1/25

Dates: January 4 - March 15 (11 weeks)

Age: 7 - 14 years (Beginning/Continuing)
white belts

Prog #	Day	Time	Fee
4201-4	Tue	4:00-5:00 pm	\$94 R/\$141 NR

Age: 7 - 14 years (Novice)
red - blue belts

Prog #	Day	Time	Fee
4202-4	Tue	5:00-6:00 pm	\$94 R/\$141 NR

Age: 7 - 14 years (Intermediate)
green & purple belts

Prog #	Day	Time	Fee
4203-4	Tue	5:00-6:00 pm	\$94 R/\$141 NR

Dates: January 5 - March 16 (11 weeks)

Age: 8 - 14 years (Beginning/Continuing)
white - red belts

Prog #	Day	Time	Fee
4204-4	Wed	5:00-6:00 pm	\$94 R/\$141 NR

Age: 6 - 14 years (Intermediate/Advanced)
orange belt & up/Instructor Permission

Prog #	Day	Time	Fee
4205-4	Wed	5:00-6:00 pm	\$94 R/\$141 NR

Location: Frontier Park
1933 N. Kennicott, Arlington Heights

Min/Max: 1/10

Dates: January 6 - March 24 (12 weeks)

Age: 7 - 14 years (Beginning/Continuing)
white - red belts

Prog #	Day	Time	Fee
4206-4	Thur	4:00-4:55 pm	\$102 R/\$153 NR

Age: 7 - 14 years (Novice)
orange - blue belts

Prog #	Day	Time	Fee
4207-4	Thur	5:00-5:55 pm	\$102 R/\$153 NR

Age: 7 - 14 years (Intermediate/Advanced)
green - black belts

Prog #	Day	Time	Fee
4208-4	Thur	6:00-7:25 pm	\$138 R/\$207 NR

Location: ISKC DOJO
327 N. Eric Drive, Palatine

Min/Max: 1/15

Dates: January 8 - March 19 (11 weeks)

Age: 7 - 14 years (Beginning/Continuing)
white belts

Prog #	Day	Time	Fee
4209-4	Sat	10:00-11:00 am	\$94 R/\$141 NR

Age: 7 - 14 years (Novice)
white w/stripes - orange

Prog #	Day	Time	Fee
4210-4	Sat	11:10 am-12:10 pm	\$94 R/\$141 NR

Age: 7 - 14 years (Intermediate)
yellow - green belts

Prog #	Day	Time	Fee
4211-4	Sat	12:20-1:20 pm	\$94 R/\$141 NR

Age: 7 - 14 years (Advanced)
purple - black belts

Prog #	Day	Time	Fee
4212-4	Sat	1:30-2:30 pm	\$94 R/\$141 NR

Dates: January 4 - March 15 (11 weeks)

Age: 7 - 17 years (Advanced)
brown - black belts

Prog #	Day	Time	Fee
4213-4	Tue	6:30-7:45 pm	\$113 R/\$170 NR

Adult Karate

This program offers a variety of benefits for participants. For the business person, the program is ideal for releasing tension and developing cardiovascular fitness. The self-defense skills learned through karate are invaluable if ever confronted with a dangerous situation that may involve you or a loved one. The class is recommended for the single parent wishing to protect himself/herself and family. Karate skills can be applied in any situation where a weapon may be taken and used against its owner. All classes are taught by instructors of the Illinois Shotokan Karate Club under the direction of John DiPasquale, four time National Champion, former U.S. Karate National Coach and National Faculty Member of ACEP (American Coaching Effectiveness Program).

Dates: January 6 - March 24 (12 weeks)

Location: Frontier Park
1933 N. Kennicott, Arlington Heights

Min/Max: 1/10

Age: HS/Adult (Beginning/Novice)
white - green belts

Prog #	Day	Time	Fee
4224-4	Thur	7:30-8:30 pm	\$102 R/\$153 NR

Age: HS/Adult (Intermediate/Advanced)
purple - black belts

Prog #	Day	Time	Fee
4225-4	Thur	8:35-10:00 pm	\$138 R/\$207 NR

DON'T WAIT to register!

If a program does not reach its minimum 7 days prior to the starting date of class, it may be cancelled.

Parent/Child Karate

This program is an excellent opportunity to share quality time with your children while developing muscle tone, coordination, cardiovascular fitness, and karate skills.

Location: Frontier Park
1933 N. Kennicott, Arlington Heights

Age: 7 - 14 years & adult
Dates: January 6 - March 24 (12 weeks)
Min/Max: 1/10

Level: Beginning/Continuing
(white - red belts only)
no experience necessary

Prog #	Day	Time	Fee*
4214-4	Thur	4:00-4:55 pm	\$102 R/\$153 NR

Level: Novice (orange - blue belts)

Prog #	Day	Time	Fee*
4215-4	Thur	5:00-5:55 pm	\$102 R/\$153 NR

Level: Intermediate (green - black belts)

Prog #	Day	Time	Fee*
4216-4	Thur	6:00-7:25 pm	\$138 R/\$207 NR

Location: ISKC DOJO
327 N. Eric Drive, Palatine

Age: 7 - 14 years & adult
Dates: January 8 - March 19 (11 weeks)
Min/Max: 1/6

Level: Beginning/Continuing (white belts only)

Prog #	Day	Time	Fee*
4217-4	Sat	10:00-11:00 am	\$94 R/\$141 NR

Level: Novice (white w/stripes - orange belts)

Prog #	Day	Time	Fee*
4218-4	Sat	11:10 am-12:10 pm	\$94 R/\$141 NR

Level: Intermediate/Advanced
(yellow - green belts)

Prog #	Day	Time	Fee*
4219-4	Sat	12:20-1:20 pm	\$94 R/\$141 NR

Level: Advanced (purple - black belts)

Prog #	Day	Time	Fee*
4220-4	Sat	1:30-2:30 pm	\$94 R/\$141 NR

*Note: Fees are per person.

Youth Anti Bullying and Safety Course

This class will give youth the skills to defend themselves against bullies, help any of their classmates who are getting bullied, and focus on non-physical just as much as physical means of defusing an altercation. We'll also equip your child with tools to heighten their awareness against abductors and avoid predators. Character lessons such as building self-esteem and respect for others is also an added benefit. Questions call 630-837-7565.

Age: 4 - 12 years
Dates: March 2 - March 23 (4 weeks)
Instructor: Matt Numrich & Pete Juska
Location: Meineke Recreation Center
220 E. Weathersfield Way, Schaumburg

Min/Max: 1/50

Prog #	Day	Time	Fee
4574-4	Wed	6:00-6:45 pm	\$39 R/\$59 NR

Pre-Karate/Safety

Through a variety of fun and creative activities, young children develop coordination, strength, and personal safety skills in a well supervised setting. This program will give your child the lead he/she needs in developing memory and agility skills necessary to be successful in school and other sports. All classes are taught by instructors of the Illinois Shotokan Karate Club under the direction of John DiPasquale, four time National Champion, former U.S. Karate National Coach, and National Faculty Member of ACEP (American Coaching Effectiveness Program).

Dates: January 5 - March 16 (11 weeks)
Location: Birchwood Gym
Min/Max: 1/25

Age: 5 - 7 years (Beginning)
no experience necessary

Prog #	Day	Time	Fee
4221-4	Wed	4:00-4:45 pm	\$94 R/\$141 NR

Age: 5 - 7 years (Continuing/Novice)
1 or more prior session

Prog #	Day	Time	Fee
4222-4	Wed	4:00-4:45 pm	\$94 R/\$141 NR

Dates: January 8 - March 19 (11 weeks)
Location: ISKC DOJO
327 N. Eric Drive, Palatine

Age: 5 - 7 years (Beginning/Continuing)
white belts

Min/Max: 1/25

Prog #	Day	Time	Fee
4223-4	Sat	9:00-9:45 am	\$94 R/\$141 NR

Note: New students will not be permitted to register into the current session after the second class has met. Registration for Continuing through Advanced students will be accepted after the start date, but full class fee will be required. **Special Note:** Uniforms and Belt Testing are options available through the ISKC instructor.

Bruce Lee's Jeet Kune Do Adult Self-Defense

Most adults don't have years to dedicate to self-defense training. Against popular belief it is quick, very simple, and easy to learn. During this class we'll teach you about the "range" of self-defense few "martial arts masters" know about, in addition to weapons defense and other secrets of the American martial arts icon Bruce Lee taught through his art of Jeet Kune Do. Learn from an organization who is only 1 of 12 Midwest Academies certified to teach it. Absolutely no experience needed, as all participants will also realize what an incredible workout this is. Questions call 630-837-7565.

Age: 12 years & over
Dates: March 2 - March 23 (4 weeks)
Instructor: Matt Numrich & Pete Juska
Location: Meineke Recreation Center
220 E. Weathersfield Way, Schaumburg

Min/Max: 1/50

Prog #	Day	Time	Fee
4575-4	Wed	7:00-8:00 pm	\$39 R/\$59 NR

Budo Aikijutsu

This class provides training in:

- **Aikido** (control and redirection of attack)
- **Karate** (blocks, kicks, and punches)
- **Judo** (sweep & throws)
- **Jujitsu** (joint twisting & nerve centers)

Self-defense training that covers a wide variety of unarmed and armed attack simulations with emphasis on controlling the attacker, self-defense options, and prevention and awareness pointers. Defenses are based upon the principles of physics which allow a smaller and weaker person to overcome a larger and stronger attacker. No special athletic ability required. One beginning class is required before enrolling in the advanced class. Credit for training in comparable martial arts is given with instructor's consent.

SESSION I

Location: Community Center, Room 1E
Min/Max: 1/40

Dates: January 12 - February 18 (6 weeks)

Age: 7 - 14 years (Wednesday & Friday)

Level: Beginning (*no class 1/26*)

Prog #	Day	Time	Fee*
4230-4	Wed	5:45-6:30 pm	\$47 R/\$71 NR
	Fri	7:30-8:15 pm	

Level: Advanced (*no class 1/26*)

Prog #	Day	Time	Fee
4231-4	Wed	5:00-5:45 pm	\$45 R/\$68 NR
	Fri	6:45-7:30 pm	

Age: HS/Adult

Level: Beginning

Prog #	Day	Time	Fee*
4232-4	Wed	7:30-8:30 pm	\$49 R/\$74 NR
	Fri	7:30-8:30 pm	

Level: Advanced

Prog #	Day	Time	Fee
4233-4	Wed	6:30-8:00 pm	\$47 R/\$71 NR
	Fri	8:00-9:30 pm	

Dates: January 12 - February 16 (6 weeks)

Age: 7 - 14 years (Wednesday only)

Instructor: C. Ballian

Level: Beginning (*no class 1/26*)

Prog #	Day	Time	Fee*
4234-4	Wed	5:45-6:30 pm	\$33 R/\$50 NR

Level: Advanced (*no class 1/26*)

Prog #	Day	Time	Fee
4235-4	Wed	5:00-5:45 pm	\$31 R/\$47 NR

Age: HS/Adult

Instructor: R. Huebner, G. Hoffman, W. Baker

Level: Beginning

Prog #	Day	Time	Fee*
4236-4	Wed	7:30-8:30 pm	\$39 R/\$59 NR

Level: Advanced

Prog #	Day	Time	Fee
4237-4	Wed	6:30-8:00 pm	\$37 R/\$56 NR

Dates: January 14 - February 18 (6 weeks)

Instructor: G. Hoffman, M. Matsumoto, J. Munkacsy

Age: 7 - 14 years (Friday only)

Level: Beginning

Prog #	Day	Time	Fee*
4238-4	Fri	7:30-8:15 pm	\$39 R/\$59 NR

Level: Advanced

Prog #	Day	Time	Fee
4239-4	Fri	6:45-7:30 pm	\$37 R/\$56 NR

Age: HS/Adult

Level: Beginning

Prog #	Day	Time	Fee*
4240-4	Fri	7:30-8:30 pm	\$39 R/\$59 NR

Level: Advanced

Prog #	Day	Time	Fee
4241-4	Fri	8:00-9:30 pm	\$37 R/\$56 NR

SESSION II

Location: Community Center, Room 1E
Min/Max: 1/40

Dates: February 23 - April 1 (6 weeks)

Age: 7 - 14 years (Wednesday & Friday)

Level: Beginning

Prog #	Day	Time	Fee*
4242-4	Wed	5:45-6:30 pm	\$49 R/\$74 NR
	Fri	7:30-8:15 pm	

Level: Advanced

Prog #	Day	Time	Fee
4243-4	Wed	5:00-5:45 pm	\$47 R/\$71 NR
	Fri	6:45-7:30 pm	

Age: HS/Adult

Level: Beginning

Prog #	Day	Time	Fee*
4244-4	Wed	7:30-8:30 pm	\$49 R/\$74 NR
	Fri	7:30-8:30 pm	

Level: Advanced

Prog #	Day	Time	Fee
4245-4	Wed	6:30-8:00 pm	\$47 R/\$71 NR
	Fri	8:00-9:30 pm	

Dates: February 23 - March 30 (6 weeks)

Age: 7 - 14 years (Wednesday only)

Instructor: C. Ballian

Level: Beginning

Prog #	Day	Time	Fee*
4246-4	Wed	5:45-6:30 pm	\$39 R/\$59 NR

Level: Advanced

Prog #	Day	Time	Fee
4247-4	Wed	5:00-5:45 pm	\$37 R/\$56 NR

Age: HS/Adult

Instructor: R. Huebner, G. Hoffman, W. Baker

Level: Beginning

Prog #	Day	Time	Fee*
4248-4	Wed	7:30-8:30 pm	\$39 R/\$59 NR

Level: Advanced

Prog #	Day	Time	Fee
4249-4	Wed	6:30-8:00 pm	\$37 R/\$56 NR

*Free uniform in Advanced class after promotion to yellow belt.

Budo Aikijutsu

SESSION II

Location: Community Center, Room 1E

Min/Max: 1/40

Dates: February 25 - April 1 (6 weeks)

Instructor: G. Hoffman, M. Matsumoto, J. Munkacsy

Age: 7 - 14 years (Friday only)

Level: Beginning Youth

Prog #	Day	Time	Fee*
4250-4	Fri	7:30-8:15 pm	\$39 R/\$59 NR

Level: Advanced Youth

Prog #	Day	Time	Fee
4251-4	Fri	6:45-7:30 pm	\$37 R/\$56 NR

Age: HS/Adult

Level: Beginning

Prog #	Day	Time	Fee*
4252-4	Fri	7:30-8:30 pm	\$39 R/\$59 NR

Level: Advanced

Prog #	Day	Time	Fee*
4262-4	Fri	8:00-9:30 pm	\$37 R/\$56 NR

*Free uniform in Advanced class after promotion to yellow belt.

Budo Aikijutsu for Preschoolers

This class is designed to make every preschooler feel successful while helping improve their attention span, memory, socialization skills, and other life skills such as courtesy, respect, and confidence. The physical skills taught during the class will enhance balance, flexibility, and coordination. In addition, they will learn about stranger danger, 911, fire safety, and bully awareness. Parents are welcome to stay. A parent will be required to stay if their child is not potty trained.

Age: 3 - 6 years

Level: Preschoolers

Location: Community Center, Room 1E

Instructor: C. Ballian

Min/Max: 1/40

Dates: January 12 - February 16 (5 weeks)
no class 1/26

Prog #	Day	Time	Fee*
4256-4	Wed	4:15-5:00 pm	\$39 R/\$59 NR

Dates: February 23 - March 30 (6 weeks)

Prog #	Day	Time	Fee*
4257-4	Wed	4:15-5:00 pm	\$46 R/\$69 NR

*A uniform can be earned by continuing students demonstrating the safety and skill requirements.



Con preguntas de los programas del Park District, llame 847-202-5111 y alguien devolverá su llamada dentro de 24 horas.

Martial Arts & Tae Kwon Do Family Class

This course is for beginners through advanced students. You can receive the benefits of fun, exciting, and challenging classes in the most popular martial art in America. You will learn and develop flexibility, strength, and overall health. You will be trained in basics, self-defense, sparring, and much more. As a first time student, you will receive your uniform for FREE. If you have any questions, please call Master Wood at 847-705-8714.

Age: 6 years & over (Family Class)

Dates: January 10 - March 7 (9 weeks)

Instructor: Master J.P. Wood/Diane Tom

Location: J.P. Wood Martial Arts America
249 E. Northwest Highway

Min/Max: 1/20

Prog #	Day	Time	Fee*
4228-4	Mon	6:00-7:00 pm	\$109 R/\$164 NR

*Fee is per person.

Samurang Sword Training Family Class

Learn this awesome sword martial art from Master John P. Wood, chairman of the World Koryo Gumdo Association. Classes include instruction in the basics of sword training and fundamental cutting skills, fencing, self-defense, and much more. Come join us in this exciting art! As a first time student, you will receive your uniform and training sword for FREE.

Age: 8 years & over

Dates: January 12 - March 9 (9 weeks)

Instructor: Master J.P. Wood/Dan Kelly

Location: J.P. Wood Martial Arts America
249 E. Northwest Highway

Min/Max: 1/18

Prog #	Day	Time	Fee*
4200-4	Wed	7:00-8:00 pm	\$109 R/\$164 NR

*Fee is per person.

Seven Defense Moves Women Should Know

We'll teach all female participants 7 easy and extremely effective self-defense tools they can use to escape from bigger and stronger opponents. Know what to do if someone grabs you from behind, tackles you down to the ground, or assaults you with a weapon — all through 7 simple moves! Every female must know this information as crime is back on the rise. Protect yourself and loved ones now! Questions call 630-837-7565.

Age: 12 years & over

Date: March 12

Instructor: Matt Numrich & Pete Juska

Location: Meineke Recreation Center
220 E. Weathersfield Way, Schaumburg

Min/Max: 1/50

Prog #	Day	Time	Fee
4577-4	Sat	9:00-11:00 am	\$19 R/\$29 NR

Volunteers Needed!

Give back to your community by volunteering your time and talents at a Park District special event. Visit www.palatineparks.org/jobs.html for details.

ADULT SOFTBALL

Adult Softball Leagues will consist of both round robin play and a season ending single elimination tournament. Prizes will be given to league and tournament winners. Completed registration form, roster, and fee are due at time of registration. See timeline for registration information.

Men's 12" Softball League

Dates: April 18 - August 8
no games 5/30, 7/4

Location: Community Park Fields 1 & 2

Min/Max: 6/16 teams - Division B & C

Prog #	Day	Time	Fee
4050-9 (B)	Mon	6:25 pm	\$650 R/\$725 NR
4051-9 (C)		7:30 pm	per team
		8:30 pm	
		9:30 pm	

Men's 16" Softball League

Dates: April 20 - August 10
no games 6/29

Location: Community Park Fields 1 & 2

Min/Max: 6/16 teams - Division B & C

Prog #	Day	Time	Fee
4052-9 (B)	Wed	6:25 pm	\$650 R/\$725 NR
4053-9 (C)		7:30 pm	per team
		8:30 pm	
		9:30 pm	

Co-Rec 14" Softball League

Dates: April 17 - August 14
no games 4/24, 5/8, 5/29, 7/3

Location: Osage Park Fields 1, 2, & 3

Min/Max: 6/24 teams - Division B, C, & D

Prog #	Day	Time	Fee
4054-9 (B)	Sun	4:00 pm	\$450 R/\$525 NR
4055-9 (C)		5:15 pm	per team
4056-9 (D)		6:30 pm	

Returning Resident Team: A team with 60% of its players returning from the previous softball season and 75% of its players residing in the Palatine Park District; **New Resident Team:** A team with 75% of its players residing in the Palatine Park District; **Returning Non-Resident Team:** A team with 60% of its players returning from the previous season, and less than 75% residents of the Palatine Park District; **New Non-Resident Team:** A team with less than 60% of its players returning from the previous season, and less than 75% residents of the Palatine Park District.



 **OnLine Registration is not available for this program.**

SOFTBALL REGISTRATION TIMELINE

January 17 - 29	Returning Resident Team Registration
January 31 - February 12	New Resident Team Registration
February 14 - 26	Returning Non-Resident Team Registration
February 28	Open Registration Begins
April 2	Registration Deadline
April 6	Mandatory Captain's Meeting
6:30 pm	Men's 12" Softball League
7:00 pm	Men's 16" Softball League
7:30 pm	Co-Rec 14" Softball League
Week of April 18	Softball Leagues Begin

Captain's Meeting will be held at the Community Center, 250 E. Wood Street on Wednesday, April 6.

Senior Softball

The Palatine Park District is offering softball leagues for men 50 years and older. Leagues will use 12" flight restricted balls and special rules to avoid injury. Players register individually and will be placed on teams after a two-week practice.

Age: 50 years & over
Dates: April 20 - August 10 (17 weeks)
Location: Osage Park
Min/Max: 60/112 players
Prog # **Day** **Time** **Fee**
 4057-9 Wed 6:00-8:00 pm \$50 R/\$75 NR



Super Bowl Party

Sunday, February 6
4:00 - 10:30 pm

Watch the big game on the BIG screen at Falcon Park Recreation Center! Pizza, pop, beer, and snacks will be available for purchase throughout the game.

Age: All Ages **Prog #:** 5111-4
Fee: \$2 per person pre-registration;
 \$5 per person day of event

Athletic Field Rentals

Spring and summer field requests can be submitted beginning February 1 and fall requests beginning July 1. Forms can be picked up at the Community Center, 250 E. Wood Street or downloaded from our website at www.palatineparks.org. If you have any questions call Joshua Ludolph at 847-705-5123 x242.

Palatine Celtic Soccer Club

The Palatine Celtic Soccer Club, which is affiliated with the Palatine Park District, provides youth soccer programs for girls and boys ages 6-18 years. Both the House and Travel Programs are governed by the Palatine Celtic Soccer Club Board of Directors. Director of Coaching: Paul Thomas, pthomas@palatinecelticsc.com.



House Program

The House Program features: age-graded divisions, jerseys for all players, fair team and player selection, awards, mandatory 50% minimum playing time, and coach training clinics throughout the season. The House Program emphasizes fun, recreation, fair play, and soccer basics at the Under-8 divisions and increases in competition at older age divisions. Eight games are scheduled for the fall and four games for the spring with a season-ending tournament for Under-10 and older players. Most practices are scheduled for Tuesday and Thursday evenings. Age divisions for the boys and girls House Program are:

- Under-8 • 1st-2nd grade, 9/1/03-8/31/05
- Under-10 • 3rd-4th grade, 9/1/01-8/31/03
- Under-12 • 5th-6th grade, 9/1/99-8/31/01
- Under-14 • 7th-8th grade, 9/1/97-8/31/99

Travel Program

For more competitive soccer players, the Palatine Celtic Soccer Club offers an age-graded Travel Program for girls and boys ages 8-18 years. Paid professional coaches licensed by the United States Soccer Federation and National Coaches Association of America emphasize soccer excellence through individual and team skill development, teamwork, and sportsmanship. The girls' teams play in the Illinois Women's Soccer League. The boys' teams play in the Young Sportmen's Soccer League, and Travel Teams participate in local and regional tournaments throughout the season. Tryouts for the 2010-2011 teams are in early May for high school girls, June for all youth teams, and October for high school boys. Practices are held on various evenings of the week. More information on all soccer programs and events can be found at the Palatine Celtic Soccer Club website at www.palatinecelticsc.com.

Club Website

The Club website www.palatinecelticsc.com provides Club bylaws, rules, Board of Directors list, Club newsletter, and updated information and announcements.

Celtic Soccer House Program Refunds

Full refund before first scheduled game, less \$5 processing fee. 50% refund before the 2nd scheduled game, less \$5 processing fee. After the second game no refunds will be accepted.

All House and Travel soccer players must register with the Palatine Park District.

Registration Season Begins

Palatine Youth Baseball/Softball	October
Palatine Baseball Association	October
Celtic Soccer	March
PAFA Cheerleading	March
PAFA Football	February

Refunds: Please note that special refund policies apply to each affiliate sport program.



Registration Information Celtic Soccer

A copy of a birth certificate for children who are not currently registered is required at registration. A completed registration form and signed medical release form is required at registration for the House Program and tryouts for the Travel Program. The fee is \$125 for residents, \$150 for non-residents FHS/PHS, and \$185 non-residents (make check payable to the Palatine Park District). **A late fee of \$30 will be imposed after July 11.**

Registration forms will not be mailed and will be available online and at park district facilities.

IMPORTANT CELTIC SOCCER DATES

Current participants should watch for 2011-2012 registration information in the mail coming this February.

- **March 12 (10 am-noon, Birchwood)** - Pre-registration for children of Celtic Soccer Club volunteers.
- **March 14** - Registration for residents begins. You may mail or drop-off your registration. If you are a returning player you can register online at www.palatineparks.org.
- **April 18** - Walk-up registration for residents and non-residents. Please come to the registration counters at the Birchwood Recreation Center, Community Center, or Falcon Park Recreation Center. (Some divisions may already be filled.) You will be notified of confirmations, waiting lists, and cancellations. Please call 847-991-0333 with questions.

Spring Break Soccer Camps

Individual Player Camp

Celtic Soccer's Director of Coaching Paul Thomas is offering an individual player camp. The camp will offer players a chance to develop their individual soccer skills in a fun, competitive, challenging and educational environment.

The camp will focus on all areas of individual technical development and their tactical application. Techniques that will be taught include passing, receiving, dribbling, running with the ball, turning with the ball, moves to beat defenders, shielding, and Finishing.

Age: 7 - 13 years
Dates: March 21 - March 24 (4 days)
Location: Falcon Park Recreation Center Turf
Min/Max: 12/32
Prog # Day Time Fee
 9701-4 M-Th 5:00-7:00 pm \$100 R/\$150 NR

Goalkeeper Camp

Celtic Soccer's Goalkeeper Director Doug Cardosi is offering a Goalkeeper Spring Break Camp.

This camp will focus on all areas of a goalkeepers technique with a specific reference to the following areas: handling, distribution, passing, receiving, shot stopping, dealing with crosses, breakaways, and preparation/balance.

Age: 11 - 18 years
Dates: March 21 - March 24 (4 days)
Location: Falcon Park Recreation Center Turf
Min/Max: 12/32
Prog # Day Time Fee
 9702-4 M-Th 7:00-9:00 pm \$100 R/\$150 NR



Rolling Meadows Renegades Youth Hockey

This recreational youth hockey program is an affiliate program of the Palatine, Rolling Meadows, and Arlington Heights Park Districts that allows all skaters the opportunity to play ice hockey. The program includes hockey tot classes (ages 3-5), pre-mite introduction hockey classes (ages 4-12), recreational youth House League teams (ages 6-17), and summer camps. For more information about teams or classes please contact Bob Veller, Rolling Meadows Park District Youth Hockey Director at 847-398-2700 ext. 108 or bveller@rmparks.org.

Join our Email List at
www.palatineparks.org

Get updates on registration dates, events, special programs, and more!

PAFA Amateur Football Association

The Palatine Amateur Football Association, also known as PAFA, is an organized, full-contact youth travel football program. The program is for children in grades 3-8 (ages 8 to 14 as of 9/01/11). Teams are based on age, weight, and experience. Palatine plays communities in the Northwest Youth Football League. Registration for the 2011 season begins in February. For further information, please visit our website at www.palatinepanthers.com.

PALATINE PARK FOUNDATION

The Palatine Park Foundation was formed in October of 1994 to assist the Palatine Park District in its continuing commitment of service to the community. The foundation is a 501(c)(3) not-for-profit corporation. All donations that we receive are fully tax deductible as charitable contributions.

Palatine Park Foundation Vision

- To contribute to the health and well-being of the Palatine Park District residents.
- To provide program scholarship opportunities to residents with financial limitations.
- To assist in the funding of projects or events that provide physical accessibility to all.
- To preserve open space throughout the Palatine Park District area.

If you know of someone in need or have any questions regarding the Palatine Park Foundation Donation Program call Carl Arthur at 847-910-2944 or email: carl.arthur@att.net.

Tax deductible contributions can be sent to:
 Palatine Park Foundation, 250 E. Wood Street, Palatine, IL 60067.

La Fundación de Palatine Park (Palatine Park Foundation) provee oportunidades de becas a los residentes del Palatine Park District. Si Ud. quiere participar en un programa del Park District pero no puede pagar el precio de registrar, o no puede permitirse las provisiones y el equipo necesarios para participar, La Fundación puede ser capaz de asistir permitiéndole su participación. Póngase en contacto con Cristina Lara a 847-202-5111 para ayuda.



Palatine Youth Baseball & Softball (Age 5 Through 6th Grade)

The Palatine Youth Baseball/Softball (PYB&S) program is designed to teach the fundamentals of baseball & softball and sportsmanship to boys and girls ages 5 through 6th grade. Our program is run by over 100 volunteers and features the following for both baseball and softball:

- Full replica uniforms for all age groups
- Fair team and player selection
- Awards for all players
- Mandatory "at bats" and playing time
- Manager and coaches training clinics
- Playoffs, including Championship Games, for most leagues
- All-Star game for most leagues
- Travel Teams

Baseball Divisions

5 years old	T-Ball	3rd grade	Stallions
Kindergarten	Rookies	4th grade	Mustangs
1st grade	Future Stars	5th grade	Bronco
2nd grade	Pinto	6th grade	Bronco

Softball Divisions

1st & 2nd grade	Division III
3rd & 4th grade	Division II
5th & 6th grade	Division I

The age cut off for five year olds is August 31. For all other leagues the appropriate league is based on their current grade in school.

Participants are assigned to teams in March. Games and practices begin mid April and end in early July. The culmination of the season is the Palatine Youth Baseball/Softball Day held at Community Park, featuring league All-Star games, team and individual trophy presentations, and other entertainment.

PYB&S Registration

Early bird registration including early bird discount through January 10.

- **March 4** - Registration deadline for all divisions except T-Ball, Rookies, Future Stars, and Division III.
- **March 21** - Registration deadline for T-Ball, Rookies, Future Stars, and Division III.

Late processing fee of \$30 after these dates.

For questions visit our website at www.pyb.com.

PYB&S Refunds

Full refund before March 1, less \$5 processing fee. After March 1, 50% refund, less \$5 processing fee. No refunds after April 1.



Palatine Baseball Association & Girls' Fastpitch Softball

(Ages 13 to 29, 7th Grade & Up)

Palatine Baseball Association (PBA) is the Park District affiliate baseball/softball program for ages 13-29 (7th grade and up). The House League provides a competitive, fun atmosphere for players with uniforms, and certified umpires. Most games are played at Community Park including night games. Included in the season are all-star games, post season tournaments with trophies, a 14-year-old LaCrosse tournament team, and a 13-year-old tournament team. For PBA baseball and softball information email pbabaseballsoftball.com.

Baseball Divisions

		<u>Deadline</u>
7th grade-14 years	Pony League	March 1
15-17 years	Colt League	May 1
18-29 years	Palomino	May 1

Softball Divisions

		<u>Deadline</u>
13-14 years (7th & 8th grade)	Jr. High	March 1
18 years & under	High School	April 1
19 years & over	Young Women	April 1

Thirteen and fourteen year Tournament Teams are selected from players already registered and playing in the house program, and play June-July. The Travel Teams hold open try-outs each August for the following season. Notification of try-outs are provided to age appropriate registered participants, and notice is provided through the newspaper. Try-outs for the 2011 season are complete.

PBA Registration

Mail-in registration for 2011 season began in November. Registration received after the deadline will be placed on a waiting list. Wait list registrants will not be guaranteed a spot on a team in 2011.

For questions visit our website at www.pbabaseballsoftball.com.

PBA Refunds

Full refund before draft, less \$5 processing fee. After draft 50% refund, less \$5 processing fee. No refunds after games begin.

WINTER REGISTRATION FORM

In case your first choice is filled, list a second time choice. If both choices are filled, you will be placed on a waiting list for your first choice and sent a confirmation card in the mail. If this form is incomplete or incorrect your registration will be delayed or returned. **Drop off or mail this form to the Palatine Park District, c/o Registration, 250 E. Wood Street, Palatine, IL 60067-5358 or drop off this form to the Birchwood Recreation Center, 435 W. Illinois or Falcon Park Recreation Center, 2195 N. Hicks Road, or fax this form to 847-202-7317.**

PLEASE PRINT

FOR OFFICE USE ONLY

CA CK CG R NR SR SCH EMP

Checked by _____ Date _____

Processed by _____ Date _____

Batch # _____

Date _____ Payment being made by _____ (last name) _____ (first name) _____ Apt # _____

Participants Home Address _____

City/State/Zip _____

Primary Phone _____ Cell Phone _____ Work Phone _____

Email _____ New Address? (since last registrations)

Prog #	Program Name	Registrant's Full Name	Gender	Birthdate	Fee
	1st Choice				
	2nd Choice				
	1st Choice				
	2nd Choice				
	1st Choice				
	2nd Choice				
	1st Choice				
	2nd Choice				
	1st Choice				
	2nd Choice				
WINTER FORM					
	1st Choice				
	2nd Choice				
	1st Choice				
	2nd Choice				
					Total \$

I would like to charge my registration to VISA MASTERCARD DISCOVER

Cardholder's name (print) _____

Card Number _____ Expiration date _____ Security Code _____

Amount of charge _____ Authorized Signature _____

All REFUNDS will be charged a \$5 processing fee. Our refund policy is 100% up to 10 days before class starts and 50% up to 24 hours after 2nd class. Some classes are non-refundable. Medical refunds are subject to review. Please refer to the catalog for more information. NO NET REFUNDS UNDER \$5 WILL BE ISSUED. Refunds are not given if there is a change of instructor for one day programs, special events, or classes which are contracted or require ticket purchases. Refunds for anything paid by VISA, MASTERCARD, or DISCOVER will be processed directly through your charge account.

To view the Palatine Park District Privacy Policy visit www.palatineparks.org/registration.html.

ALL PARTICIPANTS LISTED ABOVE MUST SIGN THIS SECTION

By their very nature, many Park District programs involve body contact, substantial physical exertion, emotional stress, and/or use of equipment which represents a certain risk. It is recommended that you check with your physician prior to participating in Palatine Park District activities. Palatine Park District does not provide insurance protection for participants in Park District activities. Please read the following information carefully and be aware that in registering yourself or your minor child/ward for participation in the above program(s), you will be waiving and releasing all claims for injuries you or your child/ward might sustain arising out of the above program(s). I give my child permission to participate in this program, trip, or activity and hereby waive, release and forever discharge any and all claims against the Palatine Park District or its commissioners, employees, or volunteers for damages and/or injuries to the registrant, which may arise from participation in Palatine Park District programs. EMERGENCY TREATMENT: A minor may not be treated, even in an emergency, except when, in the opinion of the attending physician, a life is in the balance. Written consent is required for all treatment given in any hospital emergency room/center. Consent of a parent or legal guardian is necessary for unmarried minors, under 18, except in cases of extreme emergencies. TO WHOM IT MAY CONCERN: As a parent and/or legal guardian, I do herewith authorize the treatment by a qualified and licensed medical doctor of the above minor in the event of a medical emergency which, in the opinion of the attending physician may endanger his/her life, cause disfigurement, physical impairment or undue discomfort if delayed. This authority is granted only after a reasonable effort has been made to reach me. The release form is completed and signed of my own free will with the purpose of authorizing medical treatment under emergency circumstances in my absence. Please list specific medical allergies, medicines, or other conditions on a separate piece of paper to be attached to this form.

Parent/All Adult Participants (must sign) _____

Emergency name (other than listed above) _____ Emergency phone (other than listed above) _____

Please indicate any medical information (asthma, diabetes, etc.) or food allergies that staff should be aware of _____

Staff Directory

Board of Commissioners

President..... Sue Gould
 email: sgould@palatineparks.org
 Vice President Jennifer Rogers
 email: jrogers@palatineparks.org
 Treasurer Nick Sawyer
 email: nsawyer@palatineparks.org
 Commissioner Jay Cozza
 email: jcozza@palatineparks.org
 Commissioner Andy McPherson
 email: amcpherson@palatineparks.org

Administration

Executive Director Ron Gbur
 Executive Assistant/Board Secretary Trish Feid

Department of Finance and Personnel

Superintendent of Finance & Personnel..... Debbie Smith
 Assistant Superintendent of
 Finance & Personnel..... Tina Becke
 Human Resource Manager Kevin Romejko
 Registrar Christine Rice

Department of Parks and Planning

Superintendent of Parks & Planning..... Pat Moser
 Assistant Superintendent of Parks..... Ed Tynczuk
 Landscape Architect Cheryl Tynczuk

Department of Recreation

Superintendent of Recreation Keith Williams
 Assistant Superintendent of Recreation..... Donelda Danz
 Recreation Manager Pam Stoltz
 Public Information Manager Deb Owen
 Athletic Coordinator Todd Ranum
 Cultural Arts Coordinator Carol Lange
 Facilities Coordinator..... Joshua Ludolph
 Falcon Park Recreation Center
 Facilities Manager Kelli Hedding
 Gymnastics Team Coordinator Barb Dunne
 Museum Coordinator..... Marilyn Pedersen
 Northeast Palatine Program Coordinator Cristina Lara
 Preschool/Tots Coordinator Karen Rude
 Recreation Coordinator Jill Kernan
 Special Interest/Fitness Coordinator Lisa Guthrie
 Swim Team Coordinator Glenn Brown
 Theater Coordinator Jeff Greene
 Celtic Soccer Director of Coaching..... Paul Thomas

Revenue Facilities

Superintendent of Revenue Facilities Raul Zaldivar
 (Palatine Hills Golf Course and Palatine Stables)
 Head Golf Professional Dan Hotchkin
 Golf Course Superintendent Brad Helms
 Assistant Superintendent Kerry Blatteau
 Stables Manager/Trainer..... Toni Bruns

Questions or Comments
 Email: ppd@palatineparks.org

Locations for Programs at Non-Park District Facilities

49 Flo Mixed Martial Arts
 709 S. Vermont Street, Palatine
 847-934-1356

50 Fremd High School
 1000 S. Quentin Road, Palatine
 847-755-3010

51 Frontier Park
 1933 N. Kennicott, Arlington Heights
 847-577-3015

52 ISKC DOJO
 327 N. Eric Drive, Palatine
 847-359-0666

53 J.P. Wood Martial Arts America
 249 E. Northwest Highway, Palatine
 847-705-8714

Meineke Recreation Center★
 220 E. Weatherfield Way, Schaumburg
 630-837-7565

54 Palatine High School
 1111 Rohlwing Road, Palatine
 847-755-1600

Rolling Meadows Park District★
 3705 Pheasant Drive, Rolling Meadows
 847-818-3220

Whole Foods Market★
 1331 N. Rand Road, Palatine
 847-776-8080

★Not on map

See map on page 67



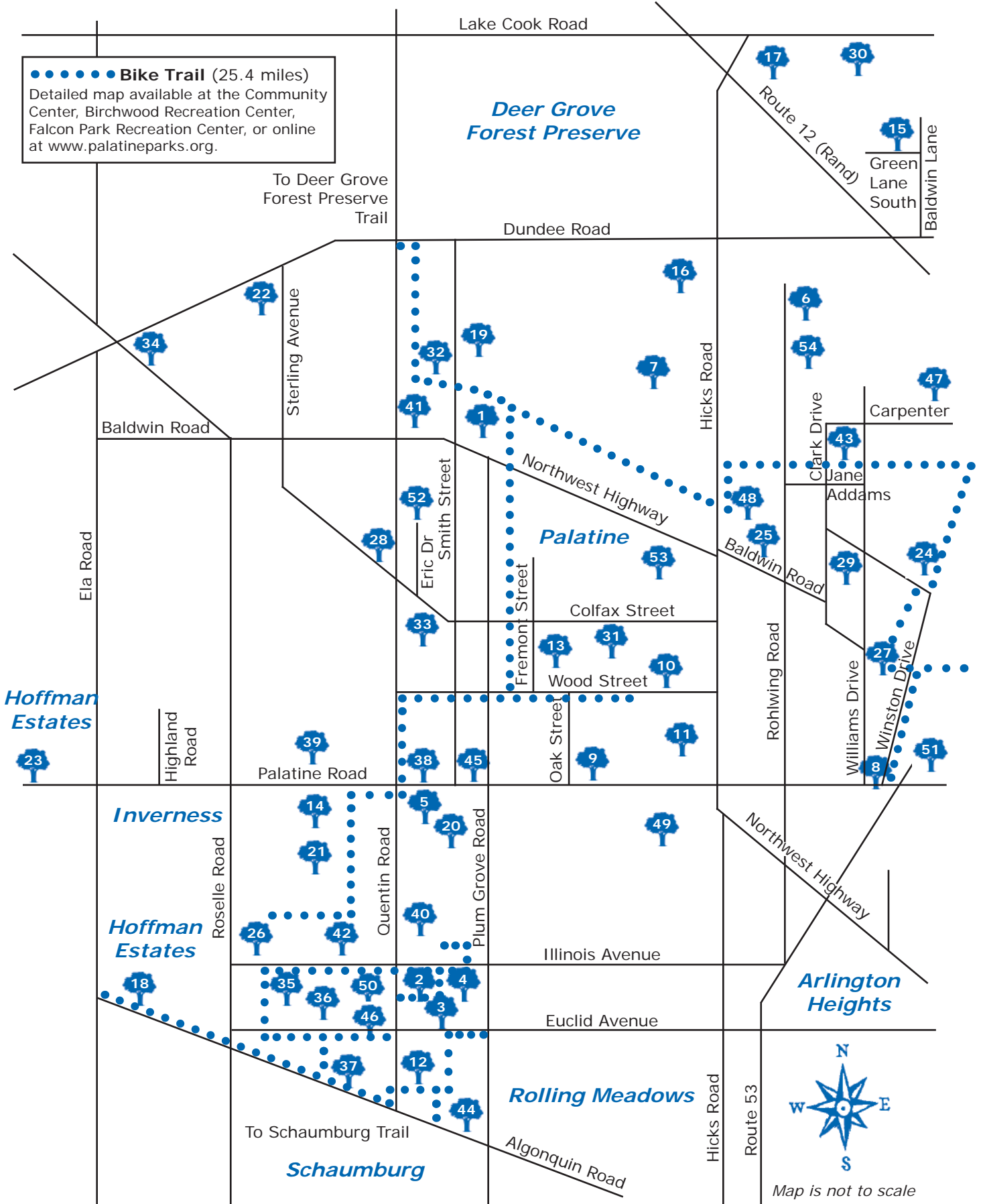
GUIDE TO PARKS & FACILITIES

★Shelter available by permit

For a map of Hamilton fields visit
www.palatineparks.org/hamilton.html

	Acreage	Bicycling, Jogging, Walking	Disc Golf	Dog Park	Fishing	Ice Skating	Outdoor Basketball	Palatine Trail Access	Picnicking	Picnic Shelter	Playground	Rentals (Indoor Facilities)	Sand Volleyball	Skate Park	Sledding	Soccer/Football	Softball/Baseball Field	Swimming Pool	Tennis Courts
1. Ashwood Park - 710 Wren Ave	4	●					●	●	●		●					●	●		
2. Birchwood Recreation Center/Park - 435 W. Illinois Ave	11.5	●					●	●	●		●	●				●	●	●	●
3. Birchwood South Park - southeast of Birchwood Park	21	●				●		●								●	●		
4. Cardinal Park - 155 W. Illinois Ave	10	●						●								●			
5. Cedar Park - 501 W. Palatine Rd	2								●		●								
6. Celtic Park - 1351 N. Rohlwing Rd	16.2										●					●			
7. Cherrywood Park - Russet Way & Crestview Ln	1								●		●								
8. Chestnut Park - 1150 E. Palatine Rd	2															●			
9. Clayson House Museum - 224 E. Palatine Rd	.25																		
10. Community Center - 250 E. Wood St	6.3	●										●	●						●
11. Community Park/Fred P. Hall Amphitheater - 262 E. Palatine Rd	15.3						●		●	●	●			●		●	●	●	
12. Cottonwood Park - 3000 Fox Ln	1.2						●		●		●								
13. Cutting Hall - 150 E. Wood St	.25											●							
14. Wally Degner Park - 881 W. Palatine Rd (access on Middleton)	7										●								
15. Dove Park - 1802 Green Lane South	1										●								
16. Eagle Park - 1425 N. Oak St	6								●		●					●	●	●	●
17. Falcon Park - 2195 N. Hicks Rd	14.3	●										●							
18. Finch Park - 3451 Wilshire, Hoffman Estates	6								●		●					●			
19. Tom T. Hamilton Reservoir - 1037 N. Smith	94						●		●	●						●	●		
20. Hawthorne Park - 210 S. Brockway St	1								●		●								
21. Heron Park - 1030 W. Whytecliff Rd	2															●			
22. Hummingbird Park - 1225 N. Palos Ave	4	●					●		●		●								
23. Juniper Park - 1000 W. Palatine Rd, Hoffman Estates	7.9	●									●					●	●		
24. Doug Lindberg Park - 600 N. Winston & 1313 E. Sanborn Ave	10	●						●	●		●					●	●		
25. Locust Park - 700 E. Morris Dr	2																		●
26. Mallard Park - 720 S. Mallard Dr	1.3							●	●		●								
27. Maple Park - 316 N. Winston Dr	7	●					●	●	●		●					●	●		
28. Mulberry Park - 613 N. Franklin Ave	.5										●								
29. Oak Park - 455 N. Clark Dr	6.6						●		●		●		●			●	●		
30. Osage Park - 2076 N. Old Hicks Rd	7.5								●	★	●					●	●		
31. Ost Field - Fremont and Colfax Streets	3								●		●					●			
32. Palatine Hills Golf Course - 512 W. Northwest Hwy	175						●												
33. Palatine Prairie - north end of Riemer Reservoir	2																		
34. Palatine Stables - 1510 W. Northwest Hwy	8.5																		
35. Partridge Park - 1111 S. Mallard Dr	4																		
36. Peregrine Park - 1015 W. Peregrine Dr	8.7	●			●			●	●										
37. Plum Grove Reservoir - Algonquin Rd, south of Harper College	44	●		●	●			●	●	★	●								
38. Margreth Riemer Reservoir - Wood, Quentin, and Palatine Rds	91	●	●					●	●	★					●				
39. Robin Park - 100 N. Middleton Ave	1	●						●			●								
40. Senior Center - 505 S. Quentin Rd	1.6																		
41. Robert "Dutch" Schultz Recreation Area - 512 W. Northwest Hwy	20	●			●		●	●	●	★	●				●				●
42. Sparrow Park - 655 S. Middleton Ave	1								●		●								
43. Sycamore Park - 901 N. Clark Dr	6	●						●	●							●	●		●
44. The Grove - 4801 Old Plum Grove Rd, Rolling Meadows	3.7							●	●										
45. Towne Square - 150 W. Palatine Rd	1.6	●						●	●										
46. Whippoorwill Park - 913 W. Partridge Ct	1.5																		
47. Wilke Marsh - Wilke Rd south of Rt. 12	7.3																		
48. Willowood Park - 530 N. Stark Dr	4						●		●		●						●	●	

●●●●● **Bike Trail** (25.4 miles)
 Detailed map available at the Community Center, Birchwood Recreation Center, Falcon Park Recreation Center, or online at www.palatineparks.org.



Non-park district facilities 49-54 see page 65.

Palatine Park District
250 E. Wood Street
Palatine, IL 60067-5358



PRSR-T-STD
U.S. POSTAGE
PAID
PERMIT NO. 2803
PALATINE P&DC, IL

ECRWSS
POSTAL CUSTOMER
RESIDENTIAL DELIVERY ONLY

LAVELLE
LAW, LTD.

"Lavelle sets the standard for consistency, professionalism and ability to generate results." D11

42 NORTH OF THE BASE LINE IN RANGE 10 EAST OF THE 3RD PRINCIPAL MERIDIAN



Family Law

REAL ESTATE

Taxation

Business Law

Estate Planning

Business Litigation

Bankruptcy

501 West Colfax Street
Palatine, Illinois 60067

HOME HEALTH LAW

Grocery Law

www.lavellelaw.com

847.705.7555

Twitter @LavelleLaw